

## DEMENTIA SUPPORT PROGRAM



The Dementia Support Program provides assistance to individuals and families caring for someone with dementia in Allegan, Ionia, Kent, Lake, Mason, Mecosta, Montcalm, Newaygo or Osceola counties. If you are caring for someone with memory loss at home and you or your loved one is aged 60 or older, you may be eligible for the Dementia Support Program. When enrolled, one of our licensed social workers will come to your home to help address caregiving concerns and behaviors as well as create a customized care plan, provide dementia education and connect you with community resources. Please call or email our 24/7 Helpline at [800.272.3900](tel:800.272.3900) or [helplinegmc@alz.org](mailto:helplinegmc@alz.org) to learn more.

### Topics discussed may include:

- Coping strategies
- Effective communication
- Grief and loss
- Planning for the future
- Problem solving
- Understanding behaviors

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