## Memories in the Making

**Creative Social Engagement Session** 



Signature Art Program for Those Living with MCI, Early Stage Alzheimer's or Another Dementia and Their Care Partners

The challenges of living with memory loss can make social engagement difficult. Yet the Alzheimer's Association knows that for individuals experiencing memory loss, social engagement is critical in maintaining and promoting brain health.

Memory Cafés are comfortable social gatherings that allow people experiencing memory loss & their loved ones to connect, socialize, and build new support networks.

Memories in the Making is a unique art program, introduced in 1988, that allows individuals with Alzheimer's disease and related dementias to express themselves through art and communicate or share the essence of who they are.

All art supplies are provided.

Sharing Joyful Laughter, Stories and Creativity!

WHEN: 1st Tuesday of the month in 2024 at Noon 2-6, 3-5, 4-2, 5-7, 6-4, 7-2, 8-6, 9-3, 10-1, 11-5, 12-3 Space is limited to 20 participants

WHERE: Kelly Senior Center 6100 S. Lake Drive Cudahy, WI 53110

RSVP: Please RSVP - call DeAnna at 414-481-9611







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