

"In this Family No One Fights Alone"

Allison Slattery, PT, DPT

A special shout out to Milwaukee Walk Captain and Committee Member, Allison Slattery. Allison's family (The Rhode Roster team) has been walking in the Walk to End Alzheimer's for four years to support her Aunt, with early onset Alzheimer's and her grandmother, living with dementia. "It's been a difficult journey for my family," Slattery shared. "First there's the stage of accepting, then learning to navigate. We have taken advantage of many of the resources the Alzheimer's Association offers, including the education classes."

This year Allison also joined the Milwaukee Walk Committee, serving on the Young Professionals Committee. "After walking for many years, I was inspired to join," Slattery shared. "A benefit of being on the committee is I have been able to learn about resources available to families. I am doing my part to create awareness for those resources, for not only my family, but those I work with."

"I encourage everyone to participate in the Walk," Slattery said. "We need to continue to create awareness that you're not alone in this fight and that we're fighting together. We created Walk shirts with the slogan, 'In this family no one fights alone,' to drive home this message."

Allison is a physical therapist at Froedtert, and this year, also started a work Walk team, Team Froedtert Rehab. "In my professional life, I see people all the time that don't know about resources for a loved one with Alzheimer's," Slattery said. "Through my involvement with Walk, I now know about resources and share that with families to help them navigate."

