
ONLINE CAREGIVER RESOURCES

alz.org/care

HELP AND SUPPORT FOR CAREGIVERS

Caring for a person living with Alzheimer's or another dementia often involves a team of people. Whether you provide daily care, participate in financial, legal or care-related decision-making, or simply care about a person living with the disease — there's much to do and plenty to know. The Alzheimer's Association® offers a variety of resources and support at alz.org/care.

Find reliable information on:

- Caregiving in the early, middle and late stages of Alzheimer's disease
- Behaviors
- Daily care
- Caregiving skills and training
- Respite care
- Care options and coordination
- Costs you may face
- Legal documents
- Safety
- Working with doctors

ALZHEIMER'S ASSOCIATION TOOLS AND RESOURCES

ALZConnected®

Our free online community designed for people living with dementia and those who care for them. Members can post questions about dementia-related issues, offer support, and create public and private groups around specific topics.

Live Well Online Resources

Free interactive tools that help users navigate the personal and emotional challenges accompanying an Alzheimer's diagnosis and provide personalized steps for living well with the disease.

ALZNavigator™

This interactive online tool creates customized action plans for facing dementia and provides resources on a variety of topics — from understanding the disease to finding local programs and services.

Alzheimer's Association & AARP Community Resource Finder

A database of dementia and aging-related resources powered by Healthlink Dimensions, LLC, including local programs and services.

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