
General Caregiver Support & Respite Services

These services are not specific to those living with Alzheimer's Disease or another type of dementia. They may have eligibility requirements and require pre-registration, please contact each individual listing for further details.

- **Caregiver Support Services** are just for you! They include a range of options including caregiver education classes, caregiver support groups, private case management and consultations, etc.
- **Respite** offers you with a break from your caregiving responsibilities while providing social engagement and meaningful activities for your loved one. By taking a break, you can become better rested and renewed and reduce your stress.

WESTERN NEW YORK

Offices for the Aging: Extended In-Home Services for the Elderly Program (EISEP)

Ongoing non-medical home care and adult day center services are provided with a suggested donation/sliding scale fee based on income. There may be a waiting list. Contact your county for options and eligibility.

- Allegany County: 585.268.9390
- Cattaraugus County: 716.373.8032
- Chautauqua County: 716.753.4582
- Erie County: 716.858.8526
- Genesee County: 585.343.1611
- Niagara County: 716.438.3030
- Orleans County: 585.589.3191
- Wyoming County: 585.786.8833

VA WNY: Caregiver Support Program

Caregiver stipend, caregiver support services are available depending on eligibility. Patient must be enrolled at the VA for health care.

P: 1.855.260.3274

www.caregiver.va.gov

SENECA NATION

Area Office for the Aging: Personal & Respite Care

Personal Care provides services like bathing, dressing, toileting, and transferring. Respite Care provides services like shopping/errand assistance, meal preparation or supervision to temporarily relieve the Elder's caregiver. Participants must be an Elder (60+), live on the territory, and have cognitive or physical limitations.

Allegany Territory P: 716.945.8414

Cattaraugus Territory P: 716.532.5777

www.sni.org/aoa

CHAUTAUQUA COUNTY

Cradle Beach: Pathways for Caregivers

Free respite program on the 3rd Thursday of each month from 10:30am-2:30pm. Optional caregiver support programming will be offered onsite during the respite program. Transportation may be available.

Cradle Beach Campus

8038 Old Lakeshore Rd Angola, NY 14006

P: 716.549.6307 ext. 203

www.cradlebeach.org/pathways/

ERIE COUNTY

Buffalo Federation of Neighborhood Centers, Inc.: Dual Respite and Caregiver Outings Program – Starting 2023

Free four-hour group respite programs at collaborating senior centers and churches. Optional trips to area attractions will be available to caregivers during the respite program.
P: 716.856.0363
www.bfnc.org

Catholic Health Continuing Care Foundation: Weekend Respite Program for Family Caregivers of Older Adults – Starting 2023

Free monthly respite program on Saturday from 10am–2pm. Mobility and ADL assistance provided; transportation is available. Optional caregiver support services offered on-site during the respite. Catholic Health LIFE/PACE Day Center Villa Maria Campus:
600 Doat St Cheektowaga, NY 14211
P: 716.819.5433
www.chsbuffalo.org/services/life

Cradle Beach: Pathways for Caregivers

Free respite program on the 3rd Thursday of each month from 10:30am–2:30pm. Optional caregiver support programming offered onsite during the respite. Transportation may be available.

Cradle Beach Campus
8038 Old Lakeshore Rd Angola, NY 14006
P: 716.549.6307 ext. 203
www.cradlebeach.org/pathways/

Erie County Department of Senior Services: Caregiver Counseling

Free professional, confidential counseling.
P: 716.858.8526
E: caregiver@erie.gov
www3.erie.gov/seniorservices

Healthy Alternatives through Healing Arts: Mobile Respite Care Program – Starting 2023

Free healing arts mobile respite services for caregivers at community settings throughout Erie County. Services include aromatherapy, yoga, QiGong, Reiki, acupressure, meditation, etc.
P: 716.426.6529
E: healthyalternativeshaha@gmail.com

People Inc.: Senior Companion Program

Matched with a volunteer companion for free weekly assistance with daily living tasks, such as transportation, housekeeping, friendly visitation, meal preparation, etc.
P: 716.768.2381
www.People-inc.org/senior-programs

GENESEE COUNTY

The Hope Center: Senior Moments Lunch Club

Free monthly respite program on the 2nd Wednesday of the month from 10am–2pm.
42 Main St Leroy, NY 14482
P: 585.786.8184
E: info@hopecenterleroy.org
www.hopecenterleroy.org

NIAGARA COUNTY

HANCI: Senior Companion Program

Matched with a volunteer companion for free weekly assistance with daily living tasks, such as transportation, housekeeping, friendly visitation, meal preparation, etc.
P: 716.285.8224 ext. 217
www.hanci.com

ORLEANS COUNTY

United Way of Orleans County: Caregivers Revitalize – Starting 2023

Free three-hour adult day care respite services at the Community Action of Orleans & Genesee (Albion) and Orleans County YMCA (Medina). Optional caregiver wellness opportunities and transportation vouchers will be available.
P: 585.283.4224
www.orleansunitedway.org

This list by the Alzheimer's Association is intended for informational purposes only and is not an endorsement of any of the sources listed. There may be other providers of such services in the WNY. 3/2023