



# Virtual Alzheimer's Education Conference

Alzheimer's disease, dementia and memory loss

**Friday, June 3 | 9:00 a.m. - 2:00 p.m.**

Join us for this virtual conference to get updates on the latest research; gain insights into how to make lifestyle choices to help you keep your brain and body healthy as you age; hear from a panel of experts on dementia and the LGBTQ+ community; and learn more about end of life planning. Call 800.272.3900 for more information.



**CLICK HERE TO REGISTER**

Or visit: [bit.ly/ALZEducationConference](https://bit.ly/ALZEducationConference)

alzheimer's  association®

# Desert Southwest Chapter's Annual Education Conference

June 3rd, 2022 9:00am - 2:00pm

## Schedule of Events

9:00am - 9:20am Welcome

9:20am - 10:25am **Advancing the Science at any Given Moment: The Latest in Alzheimer's and Dementia Research**

Alzheimer's is a global health problem with more than 6 million people living with the disease in the US alone. Tremendous gains have been made in the understanding of the science and basic biology underlying Alzheimer's and other dementias. Join us to learn more about the landscape of Alzheimer's and dementia science, highlights in early detection and diagnosis, and the latest advances in clinical trials, treatments and lifestyle Interventions.

10:25am – 10:30am Break

10:30am – 12:00pm **Care with Pride: A Conversation about Finding Community & Finding Your Voice in LGBTQ+ Dementia Care**

Join us for a panel discussion about the important considerations in LGBTQ+ dementia care. The conversation will touch on common issues in LGBTQ+ dementia care, the importance of building social networks, and advocacy for dignified and quality care. Our expert panel includes: Dr. Amanda Soken, University of Arizona, Lavina Tomer, Southern Arizona Senior Pride; and Sarah Bahnsen, Pima Council on Aging.

12:00pm – 12:10pm Break

12:10pm – 12:50pm **Healthy Living for Your Brain & Body: Tips from the Latest Research**

For centuries, we've known that the health of the brain and the body are connected. But now science is able to provide insights into how to make lifestyle choices that may help you keep your brain and body healthy as you age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity, and social engagements, and use hands-on tools to help you incorporate these recommendations into a play for healthy aging.

12:50pm – 1:55pm **Managing Agitation and Adding Quality to Life for People with Dementia**

Learn from Diane Deutsch, MSN, RN, OCN, WCC about some of the challenging behaviors expressed by people with dementia, what contributes to agitation, and examine ways to personalize care for a person with dementia who may be feeling agitated. We'll also discuss the use of non-drug therapies to better support the well-being of the person with dementia.

1:55pm – 2:00pm Closing

**[Click Here to Register for the Conference](#)**

\*The conference will be recorded. If you are unable to attend all of or parts of the conference, we will be sending the recording out to everyone who is registered.