

Pre-registration is encouraged. Upon registration, participants will receive a link and phone number to join a virtual meeting or their in-person location will be confirmed.

2024

SUPPORT GROUPS

for caregivers

Boulder & Mountain Area

Boulder Men's Group (in person) | 1st & 3rd Wednesday | 1:00 - 2:00 pm
West Age Well Center | 909 Arapahoe Ave., Boulder

Salida (in person) | 1st Thursday | 10:45 am - 12:00 pm
First Presbyterian Church 7 | Poncha Blvd., Salida

Boulder (in person) | 1st Thursday | 12:00 - 1:30 pm
West Age Well Center | 909 Arapahoe Ave., Boulder

Carbondale (in person) | 2nd Tuesday | 3:00 - 4:00 pm
Sopris Lodge | 295 Rio Grande Ave., Carbondale

Niwot (in person) | 2nd Tuesday | 10:00 - 11:00 am
Una Vida | 7960 Niwot Rd. B12, Niwot

Longmont (in person) | 2nd Tuesday | 12:00 - 1:30 pm
Longmont Senior Center | 910 Longs Peak Ave., Longmont

Avon (in person) | 2nd Tuesday | 4:30 - 6:00 pm
Eagle River Presbyterian Church | 455 Nottingham Ranch Rd., Avon

Lafayette (in person) | 2nd Wednesday | 6:30 - 8:00 pm
The Peaks at Old Laramie Trail | 660 Old Laramie Trail E, Lafayette

Leadville (in person) | 2nd Thursday | 1:00 - 2:30 pm
Leadville Senior Center | 421 W 6th St, Leadville

Broomfield (in person) | 3rd Tuesday | 10:00 - 11:30 am
Broomfield Community Center | 280 Spader Way, Broomfield

Salida (in person) | 3rd Thursday | 2:00 - 3:30 pm
A Church | 419 D St, Salida

Eagle (in person) | 4th Tuesday | 3:30 - 5:00 pm
Castle Peak Senior Life & Rehabilitation | 195 Freestone Rd X5980, Eagle

Glenwood Springs (in person) | Last Thursday | 4:00 - 5:00 pm
Roaring Fork Senior Living | 2800 Midland Ave, Glenwood Springs



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Central & Southern Colorado

Woodland Park (virtual) | 1st Tuesday | 4:30 - 6:00 pm
Woodland Park

Trinidad (in person) | 1st Tuesday | 5:30 - 7:00 pm
Zion Lutheran Church | 510 Pine St., Trinidad

Woodland Park (in person) | 1st Wednesday | 2:00 - 4:30 pm
800 Valley View Dr., Woodland Park, CO

Colorado Springs (in person) | 1st Saturday | 10:00 - 11:30 am
Broadmoor Community Church | 315 Lake Ave., Colorado Springs

Colorado Springs (in person) | 2nd Tuesday | 1:15 - 2:45 pm
Luther Hall | 1524 N. Tejon, Colorado Springs

Colorado Springs (in person) | 2nd Tuesday | 2:30 - 4:00 pm
Sacred Heart | 2021 W. Pikes Peak Ave., Colorado Springs

Lamar (in person) | 2nd Tuesday | 3:00 - 4:00 pm
Lamar area hospice | 108 West Olive St., Lamar

Buena Vista (in person) | 2nd Wednesday | 4:30 - 6:00 pm
Buena Vista Public Library | 131 Linderman Ave., Buena Vista

Pueblo (in person) | 2nd & 4th Wednesday | 11:00 am - 12:00 pm
SRDA | 230 N. Union Ave., Pueblo

Colorado Springs (virtual) | 2nd Friday | 10:00 - 11:30 am
Sunrise Church

Monument (in person) | 2nd Saturday | 9:45 - 11:15 am
First National Bank of Monument | 581 Highway 105, Monument

Colorado Springs (in person) | 3rd Thursday | 1:30 - 3:00 pm
First Presbyterian Church | 219 E. Bijou, Colorado Springs

Colorado Springs (in person) | 4th Tuesday | 6:30 - 8:00 pm
Calvary United Methodist Church | 4210 Austin Bluffs Pkwy., Colorado Springs



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Denver Area

Aurora (in person) | 1st Monday | 1:00 - 2:30 pm
Christ the Savior Lutheran Church | 1092 S. Nome St., Aurora

Parker (in person) | 1st Wednesday | 1:00 - 2:30 pm
Joy Lutheran | 7051 Parker Hills Ct., Parker

Parker (in person) 1st and 3rd Friday | 10:00 - 11:30 am
Parker United Methodist Church | 11805 Pine Drive, Parker

Castle Rock (hybrid) | 1st Friday | 2:00 - 4:00 pm
Phillip S. Miller Library | 100 S. Wilcox St., Castle Rock

Lakewood (hybrid) | 1st Saturday | 1:00 - 3:00 pm
Phillips United Methodist Church | 1450 S Pierce St, Lakewood

Denver (in person) | 2nd Monday | 1:00 - 3:00 pm
Christ Episcopal Church | 2950 S. University Blvd., Denver

Arvada (in person) | 2nd Monday | 6:00 - 7:30 pm
Standley Lake Library | 8485 Kipling St., Arvada

Centennial (in person) | 2nd Tuesday | 1:00 - 2:30 pm
Good Shepherd Episcopal Church | 8548 E. Dry Creek Rd., Centennial

Littleton (hybrid) | 2nd Wednesday | 7:00 - 9:00 pm
South Suburban Christian Church | 7275 S. Broadway, Littleton

Men's Support Group (hybrid) | 3rd Tuesday | 12:00 - 1:30 pm
Bethany Lutheran Church | 4500 E. Hampden Ave., Cherry Hills Village

Lakewood (in person) | 3rd Wednesday | 3:00 - 4:00 pm
Carmel Oaks Senior Living | 1811 S. Harlan Circle, Lakewood

Westminster (in person) | 3rd Thursday | 10:00 - 11:30 am
Covenant Village | 9153 Yarrow St., Westminster



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2024 SUPPORT GROUPS for caregivers

Denver Area, continued

Castle Rock (virtual) | 3rd Friday | 2:00 - 4:00 pm

Denver (in person) | 4th Wednesday | 6:30 - 8:00 pm
Augustana Lutheran Church | 5000 E. Alameda Ave., Denver

Arvada (in person) | 4th Friday | 9:00 - 10:30 am
Arvada United Methodist | 6750 Carr St., Arvada

Golden (in person) | 4th Saturday | 9:00 - 10:30 am
Golden Community Center | 1470 10th St., Golden

Northglenn (in person) | 4th Saturday | 10:00 - 11:30 am
Northglenn Recreation Center | 1 E. Mem Pkwy, Northglenn



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Northeast Colorado

Windsor (in person) | 1st Tuesday | 9:30 - 11:00 am
Windsor-Severance Library | 720 3rd St, Windsor

Erie (in person) | 1st & 3rd Thursday | 4:00 - 5:30 pm
Erie Community Center | 450 Powers St., Erie

Greeley (in person) | 2nd & 4th Monday | 9:30 - 10:30 am
Westview Church of Christ | 4151 20th St., Greeley

Brush (in person) | 2nd Monday | 11:30 am - 1:00 pm
Eben Ezer Lutheran Care Center | 122 Hospital Rd., Brush

Longmont (in person) | 2nd Tuesday | 12:00 - 1:30 pm
Longmont Senior Center | 910 Longs Peak Ave., Longmont

Fort Morgan (in person) | 2nd Thursday | 5:00 - 6:00 pm
Gene Doty Senior Center | 307 Linda St., Fort Morgan

Sterling (in person) | 3rd Wednesday | 2:00 - 3:00 pm
Christ United Methodist Church | 104 S. 4th St., Sterling



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Northern Colorado

Fort Collins SPECAL Approach (virtual) | 1st, 3rd, 4th Wednesday | 10:00 - 11:30 am

Fort Collins (in person) | Every Thursday | 10:00 - 11:00 am
Elderhaus | 6813 S. College Ave., Ft. Collins

Fort Collins (in person) | 2nd Tuesday | 1:00 - 2:00 pm
The Drake Center | 802 W. Drake Rd., Ft. Collins

Walden (in person) | 1st Thursday | 2:00 - 3:00 pm
Walden Senior Center | 312 5th St., Walden

Loveland (hybrid) | 1st & 3rd Thursday | 2:00 - 3:30 pm
First Christian Church | 2000 N. Lincoln Ave., Loveland

Fort Collins Men's Caregiver Support Group (in person) | 1st & 3rd Friday | 12:00 - 1:30 pm
Pathways Hospice | 305 Carpenter Rd., Fort Collins

Steamboat Springs (in person) | 2nd Tuesday | 10:30 - 11:30 am
Steamboat Springs Community Center | 1605 Lincoln Ave., Steamboat Springs

Longmont (in person) | 2nd Tuesday | 12:00 - 1:30 pm
Longmont Senior Center | 910 Longs Peak Ave., Longmont

Loveland (in person) | 2nd & 4th Tuesday | 3:00 - 4:00 pm
Loveland Good Samaritan Village | 2101 S. Garfield Ave., Loveland

Estes Park (in person) | 2nd & 4th Tuesday | 9:30 - 10:45 am
Good Samaritan Village | 1901 Ptarmigan Trl., Estes Park

Fort Collins SPECAL Approach (in person) | 2nd Wednesday | 10:00 - 11:30 am
Timberline Church | 2908 S. Timberline Rd., Fort Collins



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2024 SUPPORT GROUPS for caregivers

Northern Colorado, continued

Sandwich Generation Caregiver Group (hybrid) | 4th Saturday | 10:00 - 11:30 am
A support group for those raising children and caring for an elder with dementia
Alzheimer's Harmony Library | 4616 S. Shields St., Fort Collins

Specialized Groups

Grieving After Dementia (virtual) | 1st & 3rd Monday | 11:30 am - 1:00 pm

Adult Children Caregiver Group (virtual) | 1st Wednesday | 7:00 - 8:30 pm
A support group for children caring for aging parents

Rocky Mountain Lewy Body Dementia and Parkinson's Caregiver Support Group (virtual)
2nd Mondays | 3:30 - 5:00 pm

Grieving Through Dementia (virtual) | 2nd & 4th Wednesday | 10:00 - 11:30 am

Younger Onset Adult Children Support Group (virtual) | 2nd Wednesday | 6:30 - 7:30 pm

LGBTQ Caregiver Support Group (virtual) | 3rd Tuesday | 11:00 am - 12:00 pm

Lewy Body Dementia Caregiver Group (virtual) | 3rd Thursday | 6:00 - 7:30 pm

Sandwich Generation Caregiver Group (hybrid) | 4th Saturday | 10:00 - 11:30 am
A support group for those raising children and caring for an elder with dementia



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Western Slope

Grieving After Dementia (virtual) | 1st & 3rd Monday | 11:30 am - 1:00 pm

Delta (in person) | 1st & 3rd Tuesday | 1:00 - 2:00 pm
Delta County Memorial Hospital | 1501 E 3rd St, Delta

Gunnison County (in person) | 1st Wednesday | 4:30 - 5:30 pm
Gunnison County Library | 1 Quartz St. Gunnison

Durango (hybrid) | 1st, 3rd & 5th Wednesday | 10:30 am - 12:00 pm
La Plata Senior Center | 2424 Main Ave., Durango

Grand Junction (in person) | 2nd Tuesday | 1:30 - 3:00 p.m.
Aspen Ridge | 622 28 1/4 Rd., Grand Junction

Montrose (in person) | 2nd & 4th Tuesday | 1:00 - 2:00 pm
US Bank Building | 1500 E Oak Grove Rd, Montrose

Montrose (virtual) | 2nd & 4th Friday | 10:30 - 11:30 am

Grand Junction (in person) | 4th Wednesday | 1:00 - 2:00 pm
Alzheimer's Association Office | 2232 N. 7th St. Ste. B1, Grand Junction



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