

# Program

- 8:30 a.m. – 9:00 a.m.**  
Registration
- 9:00 a.m. – 9:30 a.m.**  
Welcome and Overview
- 9:30 a.m. – 10:15 a.m.**  
Activity Based Alzheimer Care
- 10:15 a.m. – 10:30 a.m.**  
Morning Break
- 10:30 a.m. – 11:30 a.m.**  
Assessment and Care Planning
- 11:30 a.m. – 12:30 p.m.**  
Program Design
- 12:30 p.m. – 1:30 p.m.**  
Lunch  
Idea Exchange
- 1:30 p.m. – 2:15 p.m.**  
Quality Activities
- 2:15 p.m. – 2:30 p.m.**  
Afternoon Break
- 2:30 p.m. – 3:15 p.m.**  
Program Evaluation
- 3:15 p.m. – 4:00 p.m.**  
Teamwork
- 4:00 p.m. – 4:30 p.m.**  
Evaluations

*A morning break, lunch and afternoon break will be provided.*

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408 Ninth Street SW  
Canton, Ohio 44707

Activity Based  
Alzheimer  
Care:  
Building a  
Therapeutic Program

the compassion to care, the leadership to conquer

Register Early! Space is limited.

# Activity Based Alzheimer Care:

## Building a Therapeutic Program

### Alzheimer's Association

Tuesday, December 8, 2009  
Alzheimer's Association Office  
Goodwill Community Campus  
408 Ninth Street SW  
Canton, OH 44707

alzheimer's  association™

the compassion to care, the leadership to conquer

A national training program from the Alzheimer's Association

## Who Should Attend

**Activity professionals** working with individuals with dementia in all care settings should not miss this opportunity.

If you have a basic understanding of Alzheimer's disease and your primary job responsibilities include **activity programming design and implementation**, this is definitely for you.

## What Attendees Will Learn

Upon completion of this program, attendees will be able to:

- Explore the fundamental components of Activity Based Alzheimer Care
- Examine effective strategies for assessment and care planning
- Identify program design options and methods for implementation
- Discover ways to adapt activities and the environment to better meet individual needs
- Identify and discuss a variety of ways to evaluate new and current programs
- Understand and apply various lessons about teamwork

## Presenters

**Jennifer Miller — Education Coordinator**

**Lauren Humphrey — Family Service Coordinator**

## Items to Bring

- Sample activity assessment
- Sample activity schedule
- List of innovative activity ideas to share

## Activities

Activities are an integral part of our daily existence and give meaning to our lives. They help us structure our day, give us a sense of accomplishment, and make us feel valued. This is especially true for individuals with Alzheimer's disease. Activities are a fundamental component of Alzheimer/dementia care.

Activity Based Alzheimer Care suggests that activities are the foundation of care. Every event, encounter or exchange is an activity. The scope of activities includes every interaction with staff members, volunteers, relatives and other individuals; not only scheduled events provided by activity staff.

**Activity Based Alzheimer Care: Building a Therapeutic Program** was developed by the Alzheimer's Association along with some of the nation's leading activity experts in dementia care to support care settings and caregiving staff in building therapeutic programs. Content and objectives are based on information and input from national focus groups, pilot programs, Association chapter representatives and other national organizations.

## Registration Information

Early Bird Price:  
**\$89**

### How to Register:

**1. By Mail:** Mail the completed registration form with payment to: Alzheimer's Association, 408 Ninth Street SW, Canton, Ohio 44707.

**2. By Fax:** (330) 966-7757

**3. By Phone:** (330) 966-7343

**\$89 Early Bird Registration Discount Fee**

– before November 8, 2009.

**\$99 Full Registration Fee.** For registrations received after the above date. Pre-registration is required, but will accept registrations until 12/3/09, pending space availability

**On-Site Registrations:** If space is available, you may register on-site at the on-site registration desk (which must include payment in full). Please call the chapter IN ADVANCE for availability.

**Cancellation/Refund Policy:** Full refunds will be granted to requests received in writing by mail or fax at the Alzheimer's Association 10 days prior to the program that you are attending. Refunds will not be given for no-shows. Please allow 4-6 weeks for refund processing.

**Continuing Education:** This program is pre-approved for 7 clock hours of continuing education through the National Certification Council for Activity Professionals (NCCAP) and for .6 CEU's through the American Therapeutic Recreation Association (ATRA).

### Location:

**Alzheimer's Association Office**

Goodwill Community Campus

408 Ninth Street SW, Canton, Ohio 44707

**Questions:** Call Alzheimer's Association – Monday–Friday, at (330) 966-7343.

## Registration Form

Name \_\_\_\_\_

Title \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

Phone (include area code) \_\_\_\_\_

Fax (include area code) \_\_\_\_\_

**Special Needs (physical or dietary):** \_\_\_\_\_

## Method of Payment

**Checks:** Check #: \_\_\_\_\_ Make check payable to the Alzheimer's Association

Name on Check: \_\_\_\_\_

**Credit Card:**  Visa  Mastercard Exp. date: \_\_\_\_\_ / \_\_\_\_\_

Credit Card #: \_\_\_\_\_

Cardholder's Name: \_\_\_\_\_

Cardholder's Signature: \_\_\_\_\_ **Total amount enclosed \$** \_\_\_\_\_