Greater New Jersey Chapter

Resource Library
Selections from our Book Collection

- Resources for Healthcare Professionals
- Family Caregiver Guides
- Resources for Children and Teens
- Personal Narratives by Individuals with Alzheimer’s Disease
- Personal Narratives by Family Caregivers

Listed in alphabetical order by title

For information on borrowing these or other materials from the Resource Library, call our Helpline at 1-800-883-1180

Alzheimer’s Association
400 Morris Ave – Suite 251
Denville, NJ 07834
Resources for Healthcare Professionals

Activity Programming for Persons with Dementia: A Source Book by the Alzheimer's Association

Alzheimer's Disease by Ralph Richter

Aging with Grace: What the Nun Study Teaches us about Leading Longer, Healthier and More Meaningful Lives by David Snowdon, PhD

Alzheimer's Disease Activity Focused Care by Carly R. Hellen

Alzheimer's Disease: A Physician's Guide to Practical Management by Ralph Richter and Brigitte Richter

Bathing Without a Battle by Anne Louise Barrick et al.

Behaviors in Dementia Care: Best Practices for Successful Management edited by Mary Kaplan and Stephanie Hoffman

Caring for People with Alzheimer's Disease: A Manual for Facility Staff by Lisa Gwyther

Caring for People with Challenging Behaviors by Stephen Weber Long

Challenging Behaviors in Dementia by Ellen Mahoney

Counseling the Alzheimer's Caregiver by Mary S. Mettleman, Cynthia Epstein and Alicia Pierzchala

Creating Successful Dementia Care Settings by Margaret P. Calkins

Decoding Darkness by Rudolph Tanzi, PhD and Ann Parson

Dementia Nursing: A Guide to Practice by Rosalie Hudson

Developing Support Groups for Individuals with Early-Stage Alzheimer's Disease: Planning, Implementation, and Evaluation By Robyn Yale

Essentials of the Activity Professional in Long Term Care by Susan Lanza

Ethnicity and The Dementias by Gwen Yeo, Dolores Gallagher-Thompson

Failure-Free Activities for the Alzheimer's Patient by Carmel Sheridan

Falls In Older Persons: Prevention and Management by Rein Tideiksaar

Forget Me Not: The Spiritual Care of People with Alzheimer's by Deborah Everett

The Forgetting – Alzheimer's, Portrait of an Epidemic by D. Shenk

Interventions for Alzheimer's Disease: Caregiver's Complete Reference by Ruth M. Tappen

Management of Challenging Behaviors in Dementia by Ellen K. Mahoney, Ladislav Volicer, Ann C. Hurley

Managing Nutrition in Dementia Care: A Supportive Approach for Caregivers by the Alzheimer's Association, Western New York Chapter
The Moral Challenge of Alzheimer Disease by Stephen G. Post

The Positive Interactions Program of Activities for People with Alzheimer's Disease by Silvia Nissenboim and Christine Vroman

Practical Dementia Care by Peter V. Rabins, MD

Rethinking Alzheimer's Care by Sam Fazio et al.


Successful Communication with Alzheimer's Disease Patients: An Inservice Manual by Mary Jo Pietro, Elizabeth Ostuni

Teaching Dementia Care by Nancy Mace

The Validation Breakthrough by Naomi Feil

Vital Connections in Long-Term Care: Spiritual Resources for Staff and Residents by J. Barton

You Are One of Us: Successful Clergy/Church Connections to Alzheimer's Families by Lisa P. Gwyther

Family Caregiver Guides

The 36-Hour Day: A Family Guide to Caring for Persons with Alzheimer's Disease and Related Dementing Illnesses, and Memory Loss in Late Life by Nancy L. Mace, Peter V. Rabins, MD

The Alzheimer's Activities Guide by Forest Pharmaceuticals

Alzheimer's Early Stages: First Steps for Family, Friends and Caregivers by Daniel Kuhn

The Alzheimer's Healthcare Handbook by Mary Mittelman and Cynthia Epstein

Alzheimer's Solutions: A Personal Guide for Caregivers by Jim Knittweiss and Judith Harch

Best Friends Approach to Alzheimer's Care by Virginia Bell and David Troxel

Coach Broyles' Playbook for Alzheimer's Caregivers: A Practical Tips Guide by Frank Broyles

Cuando el Dia Tiene 36 Horas by Nancy Mace, Peter Rabins


The Complete Guide to Alzheimer's-Proofing Your Home by Mark Warner

The Family Care Guide by the Alzheimer's Association, Massachusetts Chapter

Hard Choices for Loving People by Hank Dunn

Homes That Help: Advice From Caregivers for Creating A Supportive Home by Richard Olsen, Ezra Ehrenkrantz, Barbara Hutchings
How To Get The Best Medical Care for Your Relative with Alzheimer’s Disease In and Out of the Hospital  by Mary S. Mittleman, Cynthia Epstein

Learning to Speak Alzheimer’s by Joanne Koenig Coste

Matters of Life and Death: Finding the Words to Say Goodbye  by Carol Wogrin

The Mayo Clinic on Alzheimer’s Disease  by Ronald Peterson

Moving a Relative with Memory Loss: A Family Caregiver’s Guide  by Laurie White, Beth Spencer

Navigating the Alzheimer’s Journey  by Carol Bowlby Sifton

Of Two Minds: A Guide to the Care of People with Dual Diagnosis of Alzheimer’s Disease and Mental Retardation  by J. Antonangeli

Staying Connected While Letting Go: The Paradox of Alzheimer’s Caregiving  by Sandy Braff and Mary Rose Olenik

Talking to Alzheimer’s: Simple Ways to Connect When You Visit with a Family Member or Friend  by Claudia Strauss

Understanding Difficult Behaviors  by Anne Robinson, Beth Spencer, Laurie White

What if it’s Not Alzheimer’s: Caregiver Guide to Dementia  edited by Lisa and Gary Radin

Resources for Children and Teens

A Beautiful Pearl  by Nancy Whitelaw

Daughter  by Ishbel Moore

Fireflies, Peach Pies and Lullabies  by Virginia Kroll

Grandma’s Cobwebs  by Ann Frantti

Grandpa Doesn’t Know It’s Me  by Donna Guthrie

The Graduation of Jake Moon  by B. Peck

Nana’s New home: A Comforting Story Explaining Alzheimer’s Disease to Children  by Kristi Cargill

Sachiko Means Happiness  by Kimiko Sakai

Singing with Momma Lou  by Linda Jacobs Altman

What’s Happening to Grandpa?  by Maria Shriver
Personal Narratives by Individuals with Dementia

Alzheimer's From the Inside Out by Richard Taylor

The Person with Alzheimer’s: Pathways to Understanding the Experience edited by Phyllis Braudy Harris

Speaking Our Minds: Personal Reflections from Individuals with Alzheimer's edited by Lisa Synder

A View From Within: Living with Early Onset Alzheimer's by Thaddeus M. Raushi

Personal Narratives by Family Caregivers

Daddy-boy: A Family's Struggle with Alzheimer's by Carol Konek

Facing Alzheimer's: Family Caregivers Speak by Patricia Brown Coughlan

He Used to Be Somebody: A Journey into Alzheimer's Disease Through The Eyes of a Caregiver by Beverly Bigtree Murphy

I Can't Remember: Family Stories of Alzheimer's Disease by Esther S. Smoller

Voices of Alzheimer's: Courage, Humor, Hope and Love in the Face of Dementia by Betsy Peterson