



Greater New Jersey Chapter

Resource Library Video/DVD Catalog

- Resources for Healthcare Professionals
 - Resources for Families

Listed in alphabetical order by title

*For information on borrowing materials from the Resource Library,
call our Helpline at 1-800-883-1180*

Alzheimer's Association
400 Morris Ave – Suite 251
Denville, NJ 07834

Resources for Healthcare Professionals

Accepting the Challenge: Providing the Best Care for People with Dementia (DVD).

190 mins. 2003

For professional caregivers, this DVD includes lecture and on-site demonstration of communication techniques with persons with dementia. Material covered addresses basic information about the disease and presents an approach to understanding dementia and responding to challenging behaviors.

Alone...but not forgotten (video)

48 mins 2000

The video give two stories ("Comfort Stop" and "The Kindness of Strangers") dealing with the growing trend of people with Alzheimer's disease who live alone. It offers ideas on how to assist them, including safety, health, transportation, and relationship issues.

Alzheimer's: A Multi-Cultural Perspective (DVD)

34 mins.

Families from four ethnic backgrounds (Chinese, Japanese, Latino, Vietnamese) talk about caring for their loved ones with dementia, and share their experiences seeking assistance, and coping with language and cultural differences.

Alzheimer's Disease: Inside Looking Out (DVD or video)

18 mins. 1995

Personal interviews with people in the early stages of Alzheimer's disease offer insights into how the illness alters their everyday life. They discuss dependence on others, driving, attitudes toward them from others, emotional reactions to the living with the disease and talk about support groups as a valuable resource.

Alzheimer's Disease: Natural Feeding Techniques (video)

14 mins. 1993

Three case studies show that some Alzheimer's residents can be fed orally even in the late stages of the disease. By using the right techniques, nursing home staff can avoid using a gastrostomy tube, improve nutrition and reduce the risk of infection. The program suggests making breakfast and lunch the biggest meals of the day, serving a variety of food, using more staff to help out at mealtimes, and offering cues for chewing and swallowing.

Bathing Without a Battle (DVD or video)

60 mins. 2003

This video offers insight into how to make bathing a person-centered experience for individuals with Alzheimer's disease. It clearly demonstrates practical techniques and approaches, as well as introduces bathing equipment and supplies which can make bathing a safer and less stressful experience for the individual with Alzheimer's disease and for care providers.

Best Friends (video)

15 mins. 1993

Volunteers in a day care center show how quality one-on-one care for someone with Alzheimer's disease can head off many of the behavioral problems often associated with the illness. The volunteers not only act as safe, comfortable companions of people with Alzheimer's but also offer caregivers some relief.

Bon Appetit: How to Create Meaningful Mealtimes in Long Term Care (video)

40 mins. 2001

In two 20-minute videos and a manual, this program focuses on the effects of dementia on eating and ways to minimize mealtime distraction and encourage independent eating.

Caring for the Alzheimer's Resident: A Day in the Life of Nancy Moore (video)

28 mins.

This video depicts an aide caring for nursing home residents with dementia. Staff and family members talk about their experiences with long term care.

Caring for Patients with Late Stage Dementia (DVD)

15 mins 2005

Clinical vignettes and discussion by Peter Rabins, MD of Johns Hopkins School of Medicine address how care is modified to attend to the changing needs of residents with late stage dementia. Topics include fall prevention, pain management, nutrition, increased need for skin care and need for companionship. Also discussed are ethical issues related to end-of-life.

Choice and Challenge: Caring for Aggressive Older Adults Across Levels of Care (video)

23 mins. 1998

This training video for professional caregivers includes clips of incidents involving aggression among Alzheimer's residents in nursing homes. These incidents are the basis for this guide to assessing and managing hostile behavior. It shows how providing support and calming residents can help reduce such problems.

Communicating with the Alzheimer's-type Population: The Validation Method (video)

19 mins. 1991

In this video written by Naomi Feil, two "role-plays" give examples of challenging behaviors commonly associated with Alzheimer's disease. Provides techniques to assist the caregiver in responding to verbally aggressive behavior and wandering.

Dealing with Alzheimer's: A Common Sense Approach to Communication (video)

20 mins.

This video teaches how, with knowledge and some simple skills, caregivers, family and friends can communicate meaningfully with someone who has Alzheimer's. It also teaches how to respond to the many behavior changes that dementia can bring.

Detecting Dementia :Cognitive Assessment for Home Health Care Professionals (video)

19 mins. 1991

This video discusses the early signs of dementia and how home care and other care providers in the community can identify adults in need of medical evaluation.

Dress Him While He Walks: Behavior Management in Caring for Residents with Alzheimer's Disease (video)

20 mins. 1993

Staff at a long term care facility offer suggestions for handling wandering, delusions and hallucinations that may accompany the disease. Tips for communicating with persons with dementia as well as tips for approaching personal care tasks are shared.

Driving and Dementia Don't Mix (video)

30 mins. 1995

A physician, an occupational therapist, and a representative from the Missouri Department of Motor Vehicles discuss driving and dementia. Three people talk about problems they've experienced when people with dementia continue to drive.

Facing Alzheimer's: An African-American Perspective (DVD or video)

28 mins.

A documentary including interviews with doctors, caregivers, patients, church groups, health care providers and support organizations, this program examines the challenges many African-American families encounter while caring for someone with Alzheimer's disease. Caregiver issues and community resources are discussed.

Guardianship: Senior Alternative with Dignity (DVD)

17 mins.

In this DVD from the New Jersey Office of the Public Guardian for the Elderly, actors present a situation where guardianship is pursued. The guardianship process is described and the role of the guardian is defined.

The Guide for Providing Quality of Life for the Alzheimer Patient: Communicating with the Alzheimer Patient (DVD)

20 mins 2003

Clinical vignettes and interactive discussion led by Peter Rabins, MD of Johns Hopkins School of Medicine highlight the importance of verbal and nonverbal communication and shows the challenges of communicating with Alzheimer's residents throughout the stages of the disease. Demonstrations provide strategies for maintaining communication with confused and withdrawn residents.

The Guide for Providing Quality of Life for the Alzheimer Patient: Maintaining Independence (DVD)

20 mins 2003

Clinical vignettes and interactive discussion led by Peter Rabins, MD of Johns Hopkins School of Medicine highlight the importance of individualizing care plans to maximize independence of the Alzheimer's resident. Topics addressed include tailoring activities to meet previous interests of the individual, adapting activities to the stage of the disease and the changing needs of the individual, and avoiding activities that could potentially cause catastrophic reactions.

The Guide for Providing Quality of Life for Alzheimer Patient: Recognizing Pain (DVD)

17 mins 2003

Clinical vignettes and interactive discussion led by Peter Rabins, MD of Johns Hopkins School of Medicine show how long term care staff can identify Alzheimer's residents who are experiencing pain. Nursing assistants, activity staff and an administrator talk about signs that residents with Alzheimer's may be in pain and in need of nursing/medical assessment.

He's Doing This to Spite Me: Emotional Conflicts in Dementia Care (video)

22 mins. 2000

Caregivers share their experiences and feelings about coping with some of the challenging behaviors of loved ones with dementia. Dementia care professionals offer commentary and guidance to help caregivers adjust their approaches to create a more supportive atmosphere for both caregiver and the person with dementia.

Helping People with Dementia in Activities of Daily Living (video)

22 mins

Demonstrates techniques that have worked well in helping people with Alzheimer's disease or other related dementias to accomplish as independently as possible a variety of task activities to help increase independence and greatly enhance quality of life.

Hi Buddy: The Developmentally Delayed Individual with Alzheimer's Disease (video)

18 mins. 1998

People with Down syndrome (DS) are at higher risk for Alzheimer's disease than is the general population. This program uses the story of a 53 year old man named Roger to help caregivers understand the symptoms and progression of Alzheimer's when it occurs with Downs Syndrome and to suggest ways to help people with Alzheimer's and Downs Syndrome remain as independent as possible.

Home Sweet Home: How to Help Older Adults Live Independently (video)

22 mins. 1996

This video discusses common problems experienced by older adults living independently. Though it does not specifically address the needs of individuals with Alzheimer's disease, the video discusses safety issues and home care.

Oral Care for the Alzheimer's Patient (video)

10 mins. 1999

This program shows how to help people with Alzheimer's disease care for their teeth and gums and shows tools that can help.

A Part of Daily Life: Alzheimer's Caregivers Simplify Activities and the Home (DVD or video)

17 mins. 1994

The American Occupational Therapy Association helps caregivers guide people with Alzheimer's disease through daily routines by taking each one a step at a time. The technique has caregivers leading the way by explanation or demonstration. The program also gives tips for more effective communication and changes to make in the home to provide a better environment for the person with Alzheimer's. It also stresses the need for respice care.

Peaceful Hours: Infants and Toddlers (DVD)

60 mins. 2005

An activity resource for individuals with dementia, this DVD shows a collection of images of babies and young children set to soothing music.

Peaceful Hours: New England Autumn (DVD)

60 mins 2005

An activity resource for individuals with dementia, this DVD shows images of Fall in New England set to soothing music.

Peaceful Hours: New England Winter (DVD)

60 mins. 2005

An activity resource for individuals with dementia, this DVD shows a collection of images of Winter in New England set to soothing music.

Recognizing & Responding to Emotions in Persons with Dementia (video)

25 mins. 1997

Addressing the importance of nonverbal communication for persons with dementia this video teaches caregivers how to understand and decipher facial expressions, vocal signs, and body language in persons with dementia.

Reflections of Memories Lost: Understanding Alzheimer's Disease (DVD)

30 mins 2005

In this documentary created by the Alzheimer's Association's Greater New Jersey Chapter William Reichman, MD of Robert Wood Johnson Medical School UMDNJ provides a comprehensive look at Alzheimer's disease including information on early warning signs, diagnosis, treatment, and support.

Reflections on Memories Lost: Stories of Early Alzheimer's Disease (video)

33 mins 2003

In this video based on Lisa Snyder's book, Speaking our Minds: Personal Reflections from Individuals with Alzheimers, actors present the experiences of two individuals with early stage Alzheimer's disease and their relatives. Originally produced for the stage by Washington University Alzheimer's Disease Research Center and the St. Louis Black Repertory Company.

Safe Return: Saving Lives (video)

12 mins.

Wandering can be life-threatening for a memory-impaired adult. It is also an emotionally wrenching experience for caregivers. This video reveals insights into wandering behavior and management and recommends ways to help families prepare for an emergency. Several families discuss their real-life stories and how they have successfully used the Alzheimer's Association Safe Return Program to reunite them with their lost loved ones.

Solving Bathing Problems in Persons with Alzheimer's Disease (video)

22 mins. 1996

Bath time can present unique problems for nursing home staff who care for residents with Alzheimer's disease. This program describes the difference between agitation and aggression, then offers guidelines to help determine for each individual how far the disease has progressed and what physical problems may also need to be considered when providing care. The video helps professional caregivers determine what might be causing inappropriate behavior and develop a flexible plan for bathing.

Understanding Alzheimer's Disease (video)

31 mins. 1993

This program is intended to inform a variety of people who encounter Alzheimer's disease in their work, from medical professionals to social workers to ministers. It takes into account cultural differences in attitudes towards the disease, with an emphasis on African Americans. It explains the neurological and psychiatric implications of Alzheimer's and discusses how it is treated in its various stages.

Video Respite - Celebrating African-American Culture (video)

46 mins. 1994

An activity resource for someone with dementia, this video is tailored for African-Americans. It looks back on celebrations, church picnics and family gatherings and includes familiar, traditional songs.

Video Respite - Gonna Do A Little Music (video)

50 mins. 1994

This video provides an activity for persons with dementia. In this video, Marianne plays the guitar and autoharp and engages the viewer as she sings familiar songs and discusses memories such as music lessons, family gatherings and childhood friends.

Video Respite - Lunchbreak with Tony (video)

30 mins. 1994

An activity resource for men with dementia, this video offers a "visit" with Tony and his dog during a work break. Subjects talked about include work days, jobs, work companions, baseball, first cars and first loves.

Video Respite - Sharing Favorite Things (video)

38 mins. 1996

This video provides an activity for individuals with dementia. In this video, Joyce discusses pleasant memories of growing up, including hometowns and parents. She shares a visit with a darling one-year old child and even a lively dog.

Resources for Families

Alzheimer's and African-Americans: Echoes from the Past (DVD)

27 mins. 2007

This DVD looks at the high incidence of Alzheimer's in the African-American community. Information about Alzheimer's disease from health professionals is interspersed with interviews with families describing their experiences caring for a loved one.

Alzheimer's Disease: Inside Looking Out (DVD or video)

18 mins. 1995

Personal interviews with people in the early stages of Alzheimer's disease offer insights into how the illness alters their everyday life. They discuss dependence on others, driving, attitudes toward them from others, emotional reactions to the living with the disease and talk about support groups as a valuable resource.

A New Home (video)

28 mins.

This video addresses three basic aspects of residential placement for a family member in a long term care facility: Making the Decision, Admission & Initial Adjustment, and Ongoing Coping.

Caregiver Kit: Caring for the Caregiver (video)

21 mins. 1990

Produced by the Alzheimer's Association, this video presents approaches and techniques to caring for people with Alzheimer's in the home, including care for the caregiver.

Caregiver Kit: Communicating (video)

20 mins. 1990

Produced by the Alzheimer's Association, this video presents approaches and techniques for caring for people with Alzheimer's in the home, including communication.

Caregiver Kit: Managing Difficult Behavior (video)

22 mins. 1990

Produced by the Alzheimer's Association, this video presents approaches and techniques for caring for people with Alzheimer's in the home, including managing difficult behavior.

Caregiver Kit: Meeting Daily Challenges (video)

15 mins. 1990

Produced by the Alzheimer's Association, this video presents approaches and techniques for caring for people with Alzheimer's in the home, including activities of daily living and daily challenges.

Caregiver Kit: Safety First (video)

15 mins. 1990

Produced by the Alzheimer's Association, this video presents approaches and techniques for caring for people with Alzheimer's in the home, including safety.

Communication: Caring for Someone with mid to late stage Alzheimer's Disease (video)

43 mins.

This program explores some common issues that occur in the mid to late stage of Alzheimer's disease. Topics include activities, daily routines, sexuality and intimacy, pain management and incontinence.

Communication: How to Communicate with Someone Who has Alzheimer's Disease (video)

30 mins. 2001

This video describes the communication changes brought about by Alzheimer's disease and provides techniques that caregivers can learn to maintain communication. Topics include repetitive questions, doing chores, aggressive behavior, answering difficult questions, and the use of nonverbal communication.

Complaints of a Dutiful Daughter (DVD or video)

44 mins. 1994

This documentary shows one woman's struggle with Alzheimer's disease seen through her daughter's eyes, beginning when the mother's symptoms first become apparent. It follows the two as they cope with the changes in their lives, using humor and warmth to portray their relationship as loving and meaningful throughout—even when the daughter eventually moves her mother into a facility.

Dealing with Alzheimer's: A Common Sense Approach to Communication

20 mins.

This video teaches how, with knowledge and some simple skills, caregivers, family and friends can communicate meaningfully with someone who has Alzheimer's. It also teaches how to respond to the many behavior changes that dementia can bring.

Do You Remember Love? (video)

95 mins 1985

CBS made for TV movie about a family coping with Alzheimer's disease.

Facing Alzheimer's: An African-American Perspective (DVD or video)

28 mins.

A documentary including interviews with doctors, caregivers, patients, church groups, health care providers and support organizations, this program examines the challenges many African-American families encounter while caring for someone with Alzheimer's disease. Caregiver issues and community resources are discussed.

The Family Guide to Alzheimer's Disease: Understanding Alzheimer's Disease (DVD)

62 mins. 2004

This DVD presents an overview of the disease, including symptoms, the diagnostic process, stages of the disease and how Alzheimer's affects the brain.

The Family Guide to Alzheimer's Disease: Behavior Issues (DVD)

67 mins. 2004

This DVD focuses on the behavior changes that occur with Alzheimer's disease. Agitation, hallucinations, sleeplessness, and wandering are discussed and strategies for dealing with these behaviors are presented such as redirection.

The Family Guide to Alzheimer's Disease: Daily Life (DVD)

42 mins 2004

Home safety and communication techniques are the key topics of this DVD for family caregivers. Adapting the home environment and establishing a manageable daily routine are discussed.

The Family Guide to Alzheimer's Disease: Family Caregiving (DVD)

62 mins 2004

Topics in this DVD for family caregivers includes getting outside help, involving other family members, and caregiver self-care.

The Family Guide to Alzheimer's Disease: Transitions (DVD)

44 mins 2004

This DVD addresses changes in caregiving as care needs change. Topics discussed include adapting social activities for the person with dementia, how to evaluate care facilities, grieving and spiritual issues.

The Forgetting: A Portrait of Alzheimer's (DVD)

90 mins 2003

Based on David Shenk's book by the same name, this documentary weaves together the experiences of Alzheimer's patients and caregivers along with the history and biology of Alzheimer's and the struggle to end the disease. Included is a follow-up Q & A session with a panel of experts.

The Forgetting: A Portrait of Alzheimer's (video)-SPANISH Version

See summary above

Guardianship: Senior Alternative with Dignity (DVD)

17 mins.

In this DVD from the New Jersey Office of the Public Guardian for the Elderly, actors present a situation where guardianship is pursued. The guardianship process is described and the role of the guardian is defined.

Helping People with Dementia in Activities of Daily Living

22 mins. 1986

Demonstrates techniques that have worked well in helping people with Alzheimer's disease or other related dementias to accomplish as independently as possible a variety of task activities to help increase independence and greatly enhance quality of life.

Hi Buddy: The Developmentally Delayed Individual with Alzheimer's Disease

18 mins. 1998

People with Down syndrome (DS) are at higher risk for Alzheimer's disease than is the general population. This program uses the story of a 53 year old man named Roger to help caregivers understand the symptoms and progression of Alzheimer's when it occurs with DS and to suggest ways to help people with both Alzheimer's and Downs Syndrome remain as independent as possible.

Home Is Where I Remember Things: Alzheimer's as a Shared Journey

47 mins. 1998

Three caregivers of people with Alzheimer's tell their stories, discussing their bond with the person in their charge and outlining their daily routines. The program stresses the value of a supportive relationship, as demonstrated by a son who looks after his father all day everyday, a woman caring for the husband who no longer recognizes her, and a nursing assistant who has grown close to a woman she cares for daily.

Just For the Summer (video)

30 mins. 1990

A boy in high school learns about Alzheimer's when his grandmother comes to stay with him and his family. During her visit, he comes to understand her illness and grows more sensitive to what she is going through.

Learning to Speak Alzheimer's (DVD)

32 mins. 2007

This film introduces the Habilitation approach to dementia care described in the book *Learning to Speak Alzheimer's* by Joanne Koenig Coste. Environmental changes and communication approaches to enhance quality-of-life are discussed.

Living with Alzheimer's Part I: Understanding Alzheimer's (video)

1993

An educational video to help understand Alzheimer's disease and those affected by it. Part I of a three part series

Living with Alzheimer's Part II: Choices in Caregiving (video)

1993

An educational video about the choices in caring for people with Alzheimer's disease. Part II of a three part series.

Living with Alzheimer's Part III: Challenges of Caregiving (video)

1993

An educational video about the challenges of caring for people with Alzheimer's disease. Part III of a three part series.

Living with Alzheimer's Disease: A Guide for Patients and Caregivers (video)

30 mins. 2004

An overview of the disease including symptoms at different stages, treatments and community resources. From the University of Pennsylvania Institute on Aging and Novartis.

Memories of Love: Families Caring (video)

35 mins. 1993

Designed for relatives of people with Alzheimer's, caregivers, and the general public, this video was produced by the Alzheimer's Disease Education and Referral Center at the University of Pittsburgh with African-American families in mind. Families talk about early signs of the disease, and how they have handled the changes in their lives. Professionals suggest ways to manage difficult behavior and discuss the importance of respite.

More Than a Thousand Tomorrows (video)

22 mins.

Eight years after the original video, "A Thousand Tomorrows", one couple is revisited by social worker Dan Kuhn to talk about changes in their marital relationship.

My Challenge with Alzheimer's Disease (video)

16 mins. 1996

In this first person account, a schoolteacher who was diagnosed with Alzheimer's disease in her mid-50's talks about the changes in her life since then. She shares her stories about how people treat her differently and how she copes with the changes. She offers suggestions for people who are diagnosed with the disease and for those who interact with them.

My Name Is ...Kevin (video)

10 mins. 1993

A ten-year-old boy talks about what it's like to live with a relative who has Alzheimer's disease.

A Part of Daily Life: Alzheimer's Caregivers Simplify Activities and the Home (DVD or video)

17 mins. 1994

The American Occupational Therapy Association helps caregivers guide people with Alzheimer's disease through daily routines by taking each one a step at a time. The technique has caregivers leading the way by explanation or demonstration.

The program also gives tips for more effective communication and changes to make in the home to provide a better environment for the person with Alzheimer's. It also stresses the need for respite care.

Peaceful Hours: Infants and Toddlers (DVD)

60 mins. 2005

An activity resource for individuals with dementia, this DVD shows a collection of images of babies and young children set to soothing music.

Peaceful Hours: New England Autumn (DVD)

60 mins. 2005

An activity resource for individuals with dementia, this DVD shows images of Fall in New England set to soothing music.

Peaceful Hours: New England Winter (DVD)

60 mins. 2005

An activity resource for individuals with dementia, this DVD shows a collection of images of Winter in New England set to soothing music.

Prescription for Caregivers: Take Care of Yourself (video)

60 mins. 1995

In this video, social worker and former family caregiver Wendy Lustbader talks to an audience of family caregivers. She helps viewers recognize their feelings about looking after elderly relatives, including those with Alzheimer's disease. She helps caregivers address the guilt, resentment, and feelings of anxiety that may occur and she talks about the importance of respite. In addition, she discusses the often difficult decision to move a loved one into a nursing home and what circumstances lead to that decision.

Reflections of Memories Lost: Understanding Alzheimer's Disease (DVD)

30 mins 2005

In this documentary created by the Alzheimer's Association's Greater New Jersey Chapter William Reichman, MD of Robert Wood Johnson Medical School UMDNJ provides a comprehensive look at Alzheimer's disease including information on early warning signs, diagnosis, treatment, and support.

The Savvy Caregiver- DVD 1: Introduction to Dementia and Caregiving (DVD)

112 mins 2007

An overview of the cognitive and behavioral changes resulting from dementia, a discussion of taking on the role of a family caregiver and effective ways to respond to changes in the behavior of your loved one.

The Savvy Caregiver- DVD 2: Minimizing Confusion and Taking Charge (DVD)

104 mins 2007

This DVD discusses taking care of yourself as a caregiver, how confusion impacts challenging behaviors and how to create a supportive and structured environment for the person with dementia.

The Savvy Caregiver- DVD 3: Activities and Loss of Abilities (DVD)

91 mins 2007

Stages of dementia are discussed as well as selecting activities appropriate for the individual with dementia, and ways to minimized confusion.

The Savvy Caregiver – DVD 4: Providing Structure and Support (DVD)

111 mins 2007

This DVD teaches how to "right size" an activity to the strengths of your loved one and how to change the type of support and structure you provide as the disease progresses over time.

Someone I Love Has Alzheimer's Disease (video)

18 mins. 1993

Actress Shelly Fabares narrated this program which explains Alzheimer's disease to young people. It includes interviews with children ages seven to fifteen who have family members with the disease and shows scenes of them caring for their relatives.

Survival Tips for New Caregivers (video)

24 mins. 1998

Though not specific to Alzheimer's caregivers, this video from AARP discusses many aspects of being a caregiver. Topics addressed include responding to physical and behavioral changes in an older adult, responding to financial and legal demands and caregiver self-care.

A Thousand Tomorrows: Intimacy, Sexuality, and Alzheimer's (video)

31 mins. 1995

Three couples speak frankly to social worker Dan Kuhn about how Alzheimer's disease has affected their marital relationships.

Two Advocates (video)

13 mins. 1998

The setting is the Alzheimer's Association Public Policy Forum in Washington, D.C. Two advocates, Bob McLefresh and Julia Bronder, tell their personal stories about using the Alzheimer's experience as a vehicle to helping improve public policies on Alzheimer's care and research.

Understanding Dementia: The Caregiver's Notebook (DVD)

42 mins.

This DVD provides ideas for how to respond to dementia-related communication and behavior changes. Strategies demonstrated include validating the person's feels, redirection to preferred activities, and making environmental adjustments to may reduce agitation.

Voices of Alzheimer's (DVD or video)

83 mins. 2003

A panel of individuals with Alzheimer's disease and family members discuss early symptoms, the disease's impact on their lives and their hopes for the future.

Voices of Caregiving: Insights Along the Way (video)

36 mins. 1995

Family caregivers share their stories of caring for someone with Alzheimer's disease