

Volunteer Respite Buddy Program

For People in Early Stages of Alzheimer's and related dementias



Would you like to have fun and make a meaningful difference for a person in the Early Stages of Alzheimer's and related dementias? The Alzheimer's Association, Oklahoma and Arkansas Chapter, is recruiting volunteers for our Volunteer Respite Buddy Program. Volunteers receive training and are then matched with Early Stage Alzheimer's families after which and spend 2-4 hours per week with the person with dementia doing activities they both enjoy. These could include going to museums and parks, out to lunch, golfing, fishing, shopping, a drive, or just having coffee and visiting. Just a couple hours each week can make a big difference. If you are interested in volunteering or if you know a family who would like to be matched with a "Buddy" please call Cathy Sullins at

918-481-7892 or 800-272-3900.

This program is funded in part by an ADSSP grant from the U. S. Administration on Aging in partnership with the Oklahoma Department of Human Services, Aging Services Division. This project does not discriminate in admissions, access, treatment or employment in its programs or activities on the basis of creed, color, sex, age, ancestry, national origin, religion or disability.