

# 4th Annual African American Caregivers Forum Celebrating Our Legacy of Love

## PROGRAM

- 8:30** Registration, breakfast, visit resource tables
- 9:00** Welcome
- 9:05** Invocation: Dr. Gwendolyn Coates
- 9:10** **Dr. Kristoffer Rhoads**, Neuropsychologist, Physical Medicine and Rehabilitation, Virginia Mason Medical Center: ***Detecting and Diagnosing Dementia: Neuropsychological Assessment***
- 10:00** Mini-break: Edna Daigre, 5-minute refresher
- 10:05** **Shirley Bondon**, Manager of the Office of Public Guardianship: ***Who Decides? Helping Your Loved One with Alzheimer's with Planning Needs and Legal Decision-Making.***
- 10:55** Break: Caregivers Network, visit resource tables and wellness center
- 12:00** Luncheon
- 1:00** Edna Daigre: 5-minute refresher
- 1:15** **Dr. Gwendolyn Coates**, President and Founder of GAP Ministries: ***End-of-Life Care for People with Dementia***
- 2:00** **Gayle Johnson**, Immediate Past President, The Links Incorporated, Greater Seattle Chapter: ***Discussion: Community Planning: Future events, programs or services for Caregivers***
- 2:55** Benediction: Dr. Gwendolyn Coates
- 3:00** Free to tour the museum

During breaks please visit the sponsors' resource tables. At the resource tables you will find important information from our forum sponsors about products, programs and services that can help.

Massage therapists will be available to help soothe your tension, and relieve your stress.

Edna Daigre Demonstration at 11:30  
Movement for Health & Fitness / Know Your Vital Signs