

alzheimer's association®

Western and Central Washington State Chapter

www.alzwa.org | 800.272.3900

Consider becoming a support group facilitator



Alzheimer's Association Support Groups provide a safe, non-judgmental setting for caregivers to share experiences, resources, and advice about their challenges.

Our Chapter is experiencing a growing demand for Support Groups, and we are recruiting qualified **Support Group facilitators**.

Who qualifies to be a Support Group facilitator?

Support group facilitators are volunteers who are knowledgeable about Alzheimer's disease and other dementias, community resources, caregiver stress, and

provide useful information throughout the sessions. Former family caregivers and those in helping professions, such as care and case managers, those in healthcare, and aging and social services are ideally suited as facilitators.

Interested?

If you are interested in becoming a Support Group facilitator, there is a screening and application process required. We provide an excellent all-day training, as well as ongoing technical support and continuing education opportunities.

Contact **Linda Whiteside**, Director, Community Support | Volunteer Recruitment, linda.whiteside@alz.org, or 206.363.5500, ext. 237.