

Here Come the Holidays!

*A free educational workshop for
family caregivers*

Come and learn about...

- Common challenging reactions a person with dementia may have in response to the holidays and how to deal with these behaviors
- Holiday stress and grief issues for the family caregiver
- Traveling with someone with dementia
- What to look for when visiting an elderly out-of-town relative
- Gifts for someone with dementia and for caregivers



*Space is limited,
register today!*

Light refreshments provided.

Tuesday, November 17, 2009, 4:00-6:00 PM
San Luis Obispo United Methodist Church
1515 Fredericks St. , San Luis Obispo, CA 93405
Register: 547-3830

California Central Coast Chapter, Inc.
San Luis Obispo County Office
3480 S. Higuera, Ste. 120
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alzheimer's  association

the compassion to care, the leadership to conquer