

California Central Coast Chapter
1528 Chapala St., Suite 204
Santa Barbara, CA 93101

1-800-272-3900
www.alz.org/cacentralcoast

All Support Groups are confidential and offered at no cost.
For more information, please contact Luciana Cramer at (805) 892-4259 ext.30.

SANTA BARBARA

Adult Child Caregivers

Alzheimer's Association Office
1528 Chapala St., 2nd Floor Conference Rm.
First and Third Monday of each month, 5:30 - 7pm
Facilitators: Deanna Czenczelewski
and Efaie McFarland

Spouse Caregivers

Grace Lutheran Church
3869 State St.
First and Third Tuesday of each month, 3 - 4:30 pm
Facilitators: Deborah Brown and
Fred DeLorenzo

Persons with Early Stage Memory Loss (and their caregivers)

First and Third Wednesday of each month, 2 - 3:30
Reservations required to attend.
Call (805) 892-4259 x 30 for location and RSVP
Facilitators: Rhoda Demonteverde and
Joe Wheatley

Persons with Early-Early Stage Memory Loss (and their caregivers)

Second Thursday of each month
10 - 11:30 am
Reservations required to attend.
Call (805) 892-4259 x 30 for location and RSVP
Facilitators: Efaie McFarland and
Luciana Cramer

Family Caregivers

Heritage House
5200 Hollister Ave.
First Monday of each month, 4:30 - 6 pm
And third Tuesday of each month, 5:30 - 7 pm
Facilitator: Jordana Lawrence

Family Caregivers

Friendship Adult Day Center - Montecito
89 Eucalyptus Road
Third Wednesday of each month, 10 - 11:30 am
Free Onsite Respite Care:
Call the Friendship Center the day before
to reserve: (805) 969-0859.
Facilitator: Susan Forkush

Family Caregivers

Friendship Adult Day Center - Goleta
820 North Fairview Ave
First Thursday of each month, 10 - 11:30 am
Free Onsite Respite Care:
Call the Friendship Center the day before
to reserve: (805) 969-0859.
Facilitator: Lasaro Coreas

Spanish Speaking Caregivers

Catholic Charities
609 East Haley St.
Fourth Wednesday of each month, 1 - 2:30 pm
Facilitator: Lasaro Coreas

Professional Caregivers Roundtable

(for professional caregivers only)
Alzheimer's Association Office
1528 Chapala St., 3rd Floor Conference Rm.
Second Thursday on even months, 9 - 10:30 am
Facilitator: Luciana Cramer

SOLVANG

Family Caregivers

Solvang Friendship House
880 Friendship Lane
First and Third Tuesday of each month, 2 - 3:30 pm
Facilitator: Luciana Cramer

LOMPOC

Family Caregivers

Lompoc Skilled Nursing and Rehabilitation Center
1428 West North Ave
Second Wednesday of each month, 1 - 2:30 pm
Fourth Thursday of each month, 6 - 7:30 pm
Facilitators: Moani Goonetilleke and
Mary Lou Parks

ORCUTT

Family Caregivers

Magnolia
4620 Song Lane
Second Tuesday of each month, 6 - 7:30 pm
Call (805) 937-3332 for details.

SANTA MARIA

Family Caregivers

Merrill Gardens
1350 Suey Road, (in the Wellness Center)
Third Tuesday of each month, 10:30 - noon
Facilitators: Marisol Mariscal and
Gary Gross