

ALZHEIMER'S RESEARCH finding solutions

Alzheimer's disease affects more than 5 million people in the United States and that number is expected to grow as the population ages. There is a significant need to enroll more adults in research studies and clinical trials.

Research can help you and others

Research studies contribute to the knowledge of Alzheimer's disease, regardless of a treatment's success. These trials and studies test new medications, new drug delivery methods and may yield information that can improve care and address the symptoms. Doctors use clinical trials to discover new treatments and cures for diseases. These advances are possible only through the participation of carefully screened patients and family members.

Joining a research study can increase your knowledge and understanding of the disease and how it specifically relates to you and others like you. You and your family members can have access to accurate and current disease-related information. Most participants report high satisfaction with the quality of care and the overall experience.

You can help stop Alzheimer's disease

Without the help of volunteers, their loved ones and study partners, clinical studies would not be possible. In addition to the medical and personal benefit that comes from participation, is the satisfaction gained by helping others. By joining a clinical trial, you contribute to valuable research. You also can participate in cutting-edge treatments, and may come in contact with others who understand and share the same situation. It's a way to help others that can bring tremendous benefits.

Why participate?

This is a pivotal time in the development of drugs that have the potential to slow or stop the progression of Alzheimer's. There is an urgent need for more people to enroll in clinical studies and trials. Benefits may include:

- Access to the most current information and treatments
- Specialized care and consultation
- Contribution to the development of future treatments and an eventual cure
- A free comprehensive exam or payment for participation

Researchers seek adults of all ages

The types of research are as varied as the patients and families who participate. Whether you are a Baby Boomer, a "Mature" or Generation X, there are research studies for you. Some studies enroll people who have a diagnosis of mild cognitive impairment and others look for "normals" as part of a control group. Some studies involve medications, some involve supplements, and others involve testing mental acuity and physical tasks.

You can begin participating in your 30s and will receive the satisfaction in knowing that you are helping to find better treatments and hopefully a cure for Alzheimer's and other diseases.



local research studies

Current studies in Los Angeles, San Bernardino, and Riverside Counties as of 4/29/09

USC–Memory & Aging Center Los Angeles

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USC–Alzheimer’s Disease Research Center

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USC–ADRC Brain Research Program

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USC–Geriatric Neurobehavior Center

Rancho Los Amigos–Downey
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USC/Alzheimer’s Association Memory Assessment Center

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UCLA–Alzheimer Disease Center

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UCLA Medical Center

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Helen Lavretsky
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Neurological Research Institute Santa Monica

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AVI Clinical Research Carson

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California Neuroscience Research Medical Group, Inc. Sherman Oaks

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Torrance Clinical Research Torrance

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alzheimer's  association™

For more information on participating in research and clinical trials, please contact the Alzheimer's Association's 24-hour toll-free helpline at 1.800.272.3900 or visit the Clinical Trials Index at www.alz.org.