

# ALZHEIMER'S RESEARCH finding solutions

**Alzheimer's disease affects more than 5 million people in the United States and that number is expected to grow as the population ages. There is a significant need to enroll more adults in research studies and clinical trials.**

## Research can help you and others

Research studies contribute to the knowledge of Alzheimer's disease, regardless of a treatment's success. These trials and studies test new medications, new drug delivery methods and may yield information that can improve care and address the symptoms. Doctors use clinical trials to discover new treatments and cures for diseases. These advances are possible only through the participation of carefully screened patients and family members.

Joining a research study can increase your knowledge and understanding of the disease and how it specifically relates to you and others like you. You and your family members can have access to accurate and current disease-related information. Most participants report high satisfaction with the quality of care and the overall experience.

## You can help stop Alzheimer's disease

Without the help of volunteers, their loved ones and study partners, clinical studies would not be possible. In addition to the medical and personal benefit that comes from participation, is the satisfaction gained by helping others. By joining a clinical trial, you contribute to valuable research. You also can participate in cutting-edge treatments, and may come in contact with others who understand and share the same situation. It's a way to help others that can bring tremendous benefits.

## Why participate?

This is a pivotal time in the development of drugs that have the potential to slow or stop the progression of Alzheimer's. There is an urgent need for more people to enroll in clinical studies and trials. Benefits may include:

- Access to the most current information and treatments
- Specialized care and consultation
- Contribution to the development of future treatments and an eventual cure
- A free comprehensive exam or payment for participation

## Researchers seek adults of all ages

The types of research are as varied as the patients and families who participate. Whether you are a Baby Boomer, a "Mature" or Generation X, there are research studies for you. Some studies enroll people who have a diagnosis of mild cognitive impairment and others look for "normals" as part of a control group. Some studies involve medications, some involve supplements, and others involve testing mental acuity and physical tasks.

You can begin participating in your 30s and will receive the satisfaction in knowing that you are helping to find better treatments and hopefully a cure for Alzheimer's and other diseases.



# local research studies

Current studies in Los Angeles, San Bernardino, and Riverside Counties as of 11/13/09

## **USC Alzheimer's Disease Research Center**

### **Los Angeles**

<http://geroweb.usc.edu/adrc/>  
Nadine Diaz, MSW  
(323) 442-5775  
ndiaz@usc.edu

## **UCLA Geriatric Psychiatry Program**

### **Los Angeles**

[www.semel.ucla.edu/latelife](http://www.semel.ucla.edu/latelife)  
Marti Riparetti-Brown  
(310) 794-9523,  
MRiparettiBrown@mednet.ucla.edu

## **UCLA- Mary S. Easton Center for Alzheimer's Disease Research**

### **Los Angeles**

[www.eastonad.ucla.edu](http://www.eastonad.ucla.edu)  
Doug Hawkins  
(310) 794-6039  
djhawkins@mednet.ucla.edu

## **UCLA/VA Greater Los Angeles Healthcare System**

### **Los Angeles**

Olivia Campa  
(310) 268-3043, [olivia.campa@va.gov](mailto:olivia.campa@va.gov)  
Natalie Achamallah  
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## **UCLA/WLA VA Medical Center**

### **Los Angeles**

Lorena Monserratt  
(310) 478-3711 ext. 44208,  
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## **AVI Clinical Research**

### **Carson**

[www.aviclinicalresearch.com](http://www.aviclinicalresearch.com)  
Carlos Valdes  
(310) 329-2170  
[cevaldes@earthlink.net](mailto:cevaldes@earthlink.net)

## **California Clinical Trials**

### **Glendale**

[www.cctrials.com](http://www.cctrials.com)  
Susana Nava  
(818) 254-1665  
[susana.nava@cctrials.com](mailto:susana.nava@cctrials.com)

## **California Neuroscience Research Medical Group**

### **Sherman Oaks**

[www.cnrmg.com](http://www.cnrmg.com)  
Bailey N. Manlosa  
(818) 990-2671  
[bailey@cnrmg.com](mailto:bailey@cnrmg.com)

## **Cedars-Sinai Medical Center S. Mark Taper Foundation Imaging Center**

### **Los Angeles**

<http://www.csmc.edu>  
Irina Lev  
(310) 423-7546  
[Irina.Lev@cshs.org](mailto:Irina.Lev@cshs.org)

## **Neurological Research Institute**

### **Santa Monica**

<http://nrisocal.com/>  
Dr. Jaime Latorre  
(800)-255-1414  
[jlatorre@drkudrow.com](mailto:jlatorre@drkudrow.com)

## **Pharmacology Research Institute**

### **Encino**

<http://www.priresearch.com/>  
Judy Morrissey  
(818) 705-7451  
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Melissa Henry  
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[mhenry@priresearch.com](mailto:mhenry@priresearch.com)

## **Schuster Medical Research Institute**

### **Sherman Oaks**

[www.smrionline.com](http://www.smrionline.com)  
Monica Brown  
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## **The Semel Institute for Neuroscience and Human Behavior**

### **Los Angeles**

[www.semel.ucla.edu](http://www.semel.ucla.edu)  
Andrea Kaplan or Deborah Dorsey  
(310) 825-0545  
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For more information on participating in research and clinical trials, please contact the Alzheimer's Association's 24-hour toll-free helpline at 1.800.272.3900 or visit the Clinical Trials Index at [www.alz.org](http://www.alz.org).