

alzheimer's association®

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Alzheimer's Association CareFinder Results for Eleanor Smith
Completed on 1/25/2008

Eleanor Smith is a female and prefers for others to speak English.

Emergency Contact:

Robert Smith, Husband
Home: 444-908-9999
Cell: 444-897-0000
Work: 333-756-8965

Physician: Sandra Chen, 444-533-9258

Specific Emergency Instructions: Eleanor is diabetic and requires close monitoring.

List of Diagnoses

- Diabetes
- Alzheimer's disease
- Arthritis
- Depression

Recommended Care Options

The information you put into the CareFinder suggests that the following services may help your family. Many services are probably available in your community. To find out which services are nearby and which are best for you, contact your local Alzheimer's Association chapter (www.alz.org/findchapter) or Eldercare Locator (www.eldercare.gov).

Community Services – Many communities provide services and programs to help seniors and people with disabilities with a variety of personal activities. These services include Meals-on-Wheels, transportation services, personal care, chore services, legal assistance services, home repairs and home modification.

Paid for by private pay, Veterans Benefits. Some are low-cost or free.

Senior centers provide an array of services, including nutrition, recreation, social and educational services, wellness and fitness activities, information and program referral services, and Internet training.

Paid for by private pay. Many are low-cost or free.

Transportation services are available in many communities through aging services programs, regional mass transportation systems and private sources. These services may include door-to-door taxi services, public bus transportation or vans with wheelchair-accessible transportation.

Paid for by private pay. Many are low-cost.

Home health services can range from highly skilled and technical nursing care to assistance with the essential activities of daily living, such as bathing and continence care.

Paid for by Medicare, Medicaid, Veterans Benefits, private pay.

Adult day services are community-based group programs for persons with physical disabilities, medical conditions or cognitive impairments (including dementia). These programs provide a variety of social activities and support services in a safe environment during the day (usually business hours), but do not offer 24-hour care.

Paid for by Medicaid, Veterans Benefits, private pay.

Adult day health services are community-based group programs for persons with physical disabilities, medical conditions or cognitive impairments (including dementia) that provide a variety of social activities and support services, with the addition of nursing care, medication administration, rehabilitation services and assistance with other health-related needs. Adult day health centers operate during the day (usually business hours), but do not offer 24-hour care.

Paid for by Medicaid, Veterans Benefits, private pay.

Board and care home provides meals, help with some daily activities (like money management or scheduling transportation), reminders to take medication, laundry, housekeeping, some transportation and daily contact with staff. Different board and care homes offer different levels of supervision, personal care and assistance. Board and care homes may also be called adult foster care, elder care homes or residential care homes.

Paid for by Supplemental Security Income (SSI), Veterans Benefits, private pay.

Assisted living residence generally provide 24-hour staff, recreational activities, meals, housekeeping, laundry and transportation. Definitions of assisted living and the specific regulations differ from state to state. Residents may choose which services they receive from the residence such as house cleaning, help with grooming or medication reminders.

Paid for by private pay, Medicaid (under limited circumstances).

Continuing care retirement communities have different levels of care (independent, assisted living and nursing home) on the same campus. A resident can move throughout the different levels of care within the community if needs change. CCRCs generally require a large payment before moving in (called an entry fee), in addition to a monthly payment.

Paid for by private pay.

Questions to Ask

Below are comments and questions you can ask in screening a care provider or care facility:

Personal Care

Assistance:

- Are you or your facility able to provide assistance in Bathing?
- How often will Eleanor Smith receive assistance in Bathing?
- How is this paid for?

Comments:

Bathing: Eleanor presers showers and is able to get in and out of the shower on her own. She does need assistance starting the task.

Daily Tasks

Assistance

- Are you or your facility able to provide assistance in Telephone, Laundry, Food Preparation, Transportation, Housekeeping, Medications, Finances, Shopping?
- How often will Eleanor Smith receive assistance in Telephone, Laundry, Food Preparation, Transportation, Housekeeping, Medications, Finances, Shopping?
- How is this paid for?

Stage of Dementia

Stage 4: Moderate cognitive decline

Are you or your staff trained to work with someone who has a dementia and is in Stage 4: Moderate cognitive decline?

What kind of training are you or your staff required to have before they are able to provide direct care to Eleanor Smith?

Special Needs

Tell me about your policy for managing all of the special needs listed below.

Sensory Changes

Eleanor Smith has the following conditions:

Physical Limitation

- uses cane

Comments: Her arthritis requires that she use a cane.

Hearing Impairment

- uses hearing aid

Visual Impairment

- uses glasses or contacts

Comments: Wears glasses

Missing Some or All Teeth

- uses dentures or other dental appliance

Restrictions

Eleanor Smith has the following restrictions:

- should be restricted from driving*
- is at risk for falls
- is at risk for wandering**

*For more information about driving risks, please visit www.thehartford.com/talkwitholderdrivers/

** Wander Risk - Wandering happens unexpectedly and without warning. Encourage anyone with a diagnosis of Alzheimer's or a related dementia to enroll in Safe Return® today:

1.888.572.8566 or www.alz.org/safereturn

Behavioral Symptoms

Eleanor Smith has the following behavioral symptoms:

- Consistent need for attention and reassurance
- Repetitive questions, demands, telephone calls

Survivor/Trauma

Eleanor Smith has special considerations due to being the survivor of a traumatic experience:

Comments: As a young girl, Eleanor was attacked by a dog and she is very afraid of dogs.

Health Needs

Eleanor Smith has the following health needs:

- special diet or dietary restrictions

Comments: Diabetic diet

Preferences

Eleanor Smith has the following preferences:

- Enjoys singing familiar hymns at church.
- Spends Friday afternoons with her best friend
- Rises early in the morning.
- Enjoys knitting
- Enjoys spending time with her grandkids
- Likes to watch birds from living room window.

Are you or your staff able to accommodate these preferences?

How will you do that?

To find the Alzheimer's Association nearest you, call 1.800.272.3900 or visit www.alz.org/findchapter