

# THE ALZHEIMER'S ASSOCIATION PRESENTS:

## FOUNDATIONS OF DEMENTIA CARE

... proven care practices and an interactive teaching style

that builds on participant experiences and problem-solving skills.

Foundations of Dementia Care is an evidence-based training curriculum developed by the Alzheimer's Association and approved by the Centers for Medicare and Medicaid Services.

Through a KDOA Workforce Enhancement Grant, we are offering this one day workshop for professional caregivers in select rural Kansas communities. Training sessions are being offered at ten locations across Kansas with your choice of one of two dates at each location. This outreach is to provide needed training to direct contact care providers who work with persons with dementia.

### MODULE 1

#### About Dementia

Provides a definition of dementia and its impact on a person's ability to function.

Topics include Dementia Basics, Improving Communication and Understanding Behaviors.

### MODULE 2

#### Enhancing Mealtime

Teaches the importance of proper nutrition and independence. Also, learn about mealtime challenges specific to dementia populations, and how to approach mealtime scenarios.

### MODULE 3

#### Reducing Pain

Details methods for identifying, addressing, and preventing pain, and teaches participants how to recognize pain when residents are no longer able to communicate verbally.

### MODULE 4

#### Making Connections

Describes the social needs of dementia residents and provides tools and techniques for meaningful interactions and creative engagements in order to ensure those needs are met.

### MODULE 5

#### Wandering and Reducing the Risk of Falls

Provides information about the role of wandering in dementia, and discusses how to promote safe wandering. Also, how to make your facility hazard free, and identify potential fall risks.

### MODULE 6

#### End of Life Care

Discusses changes that occur at the end of life and ways to assess and approach symptoms a resident may be experiencing.

# UPCOMING FOUNDATIONS TRAINING SESSIONS

ATTICA: May 30 OR 31 AT ATTICA MEMORIAL BUILDING—302 N. MAIN

COLBY: JUNE 13 OR 14 AT CITIZENS MEDICAL CENTER—100 E COLLEGE DRIVE

EL DORADO: MAY 2 OR 9 AT VINTAGE PLACE OF EL DORADO—1650 E 12<sup>TH</sup>

GARDEN CITY: JUNE 27 OR 28 AT GARDEN VALLEY RETIREMENT VILLAGE—1505 E SPRUCE

HAYS: AUGUST 7 OR 8 AT THIRSTY'S BREW PUB & GRILL—2704 Vine #B

HUTCHINSON: MAY 22 OR 23 AT WESLEY TOWERS—700 MONTEREY PLACE

NEODESHA: JUNE 5 OR 6 AT W.A. RANKIN MEMORIAL LIBRARY—502 INDIANA

PRATT: JUNE 19 OR 25 AT PRATT REGIONAL MEDICAL CENTER—200 COMMODORE ST

SMITH CENTER: JULY 24 OR 25 AT SRADER CENTER—119 W COURT

WINFIELD: MAY 1 OR 10 AT KANSAS VETERAN'S HOME—1220 WWII DRIVE

**9:00 am – 4:00pm**

## **FREE for qualifying individuals:**

- **CNA and CMA's working in Medicaid/Medicare Nursing Homes or LTC facilities.**
- **Family caregivers.**
- **With attendance of at least 2 CNA or CMA's per Medicaid/Medicare nursing facility, one RN, LPN or Social Worker may attend for free. (limit one per facility)**

## **\$25 for\*:**

- **Additional staff including RN's, LPN's, Social Services and others.**
- **All staff in Assisted Living, Memory Care, Home Plus and others.**

**\*Organizational partners receive a \$5 per person discount on all paid attendees.**

Questions and reservations please call Jenny Shipman at 316-267-7333 or  
email: [jenny.shipman@alz.org](mailto:jenny.shipman@alz.org)

# I would like to register for Foundations of Dementia Care...

Please send registration info to:

Alzheimer's Association Central and  
Western Kansas Office  
Attn: Foundations Training  
347 S Laura

Wichita, KS 67211  
P 316-267-7333 or 800-272-3900 F 316-267-6369  
email: [jenny.shipman@alz.org](mailto:jenny.shipman@alz.org)  
[www.alz.org/centralandwesternkansas](http://www.alz.org/centralandwesternkansas)

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Name: \_\_\_\_\_ Date: \_\_\_\_\_

Date and Location Attending: \_\_\_\_\_

License Number: \_\_\_\_\_ Title: \_\_\_\_\_

Phone: (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Qualify to attend for Free       Register at Organizational Partner rate       Register at general fee of \$25

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Thank you for registering for the Foundations of Dementia Care.