

Name: _____

Date: _____

PRE-TEST

- _____1. Which statement is NOT true of dementia?
 - a) Dementia refers to a group of symptoms not the name of a disease
 - b) Dementia among residents in long-term care facilities is usually not reversible, and tends to get worse over time
 - c) People with dementia who insult you are usually expressing their true feelings toward you
 - d) A person with dementia may act inappropriately because of not remembering what to do

- _____2. Typically, what area of the brain is affected first by Alzheimer's?
 - a) The cerebral cortex, affecting speech
 - b) The hippocampus, affecting memory
 - c) The brain stem, affecting blood pressure
 - d) The cerebellum affecting balance

- _____3. The tendency to remember how to complete movement without conscious or deliberate thought is called:
 - a) Cuing
 - b) Resolution
 - c) Repetition
 - d) Muscle Memory

- _____4. You are helping a resident prepare for bed. You've asked her to "wash her face, brush her teeth, and get into bed." When she doesn't comply, you should probably
 - a) Repeat that direction
 - b) Start over with just one part of the directions
 - c) Start doing it for her
 - d) Explain why she should do the task, then repeat your request

- _____5. Which statement about persons with dementia is NOT true?
 - a) That person may not understand that he has discomfort
 - b) Fear or anxiety may cause him to become agitated
 - c) It may be impossible for him to communicate his needs
 - d) He is likely to act out to get more attention

- _____6. Which is an example of how a person's history may influence her behavior if she has dementia?
 - a) A homemaker may become anxious at meal time because she thinks she has to prepare the meal
 - b) The person usually responds the same way in similar circumstances, for example, hitting out in the bath
 - c) The person does not recognize caregivers, even though they have been together many times before
 - d) Although she says she understands the call bell system, she is unable to use it later

- _____7. What is NOT an effective way to manage triggers in the environment of a person with dementia?
 - a) Change the lighting
 - b) Keep the person's environment and routine the same
 - c) Reassure the person that it really isn't a problem
 - d) Regulate background music

- _____8. An example of one appropriate way to resolve uncooperative behavior in a person with dementia is:
 - a) Explain how cooperating will help him or her
 - b) Repeat the order in a firmer tone
 - c) Smile and chat while starting over
 - d) Don't look at him to take the pressure off

- _____9. A resident who is not eating may be having a problem – which is NOT a likely way to resolve it?
 - a) Move her to a quieter table or space
 - b) Rearrange the table so there are fewer things in sight
 - c) Fill the fork or spoon and offer it repeatedly
 - d) Put food in the person's hand and help her move it toward her mouth

- _____10. When a person with dementia asks every few minutes to be taken to the bathroom, you would rule out physical problems, and if there are none, then what?
 - a) Keep taking him to the bathroom
 - b) Remind him that he was just there
 - c) Distract him with food or an activity
 - d) Make sure he's/she's wearing a pad or diaper