

*Our mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.*

*Our vision is a world without Alzheimer's disease.*

### Helpline & Referrals

Dementia experts are available to answer questions about dementia, Alzheimer's disease, Chapter services, support groups and community resources and provide tips and assistance during times of crisis. Dementia experts are available to assist you free of charge, 24 hours a day, seven days a week by calling 800-272-3900.

### Care Consultations

Care Consultations assist persons with dementia and their families to solve immediate problems and plan for the future. These meetings with our dementia experts include the preparation of needs assessments and action plans. Consultations are available in person or over the phone.

### MedicAlert+Safe Return®

Safe Return, in an alliance with MedicAlert, is a national system that enables law enforcement and private citizens to identify, locate, and safely return persons with dementia to their homes when they wander and become lost. It also allows access to vital medical information in a time of need.

### Support Groups

Support groups meet regularly to provide educational information and social support to individuals with the disease and persons who care for someone with Alzheimer's disease or a related dementia.

### Education and Programs

Caring for an individual with dementia requires an understanding of the disease. Family caregivers can take part in essential education program with topics including disease progression, communication and behaviors, daily activities and medical and legal planning. Residential care facilities can contract the Chapter to provide customized training to their staff on any number of topics. Presentations can also be made to businesses and civic groups at meetings and as part of a company wellness program.

### Kirkpatrick Day Program (Syracuse area only)

The Kirkpatrick Day Program provides respite for family members and meaningful activities for persons with dementia in a safe, caring, social environment. Professionally trained staff carefully considers a participant's work history and special interests in planning individual and group activities. Caregivers can contact the chapter for a list of day programs in areas other than Syracuse.

### Resource Library

Videotapes, books and other written materials about Alzheimer's disease and caregiving are available on loan at Central New York Chapter offices.



## Alzheimer's Facts

- Every 71 seconds, someone is diagnosed with Alzheimer's disease.
- 5.2 million Americans have Alzheimer's.
- More than 43,800 Central New York residents have Alzheimer's.
- Alzheimer's disease is the sixth-leading cause of death in America.
- 10 million, or nearly 13 percent, of the Baby Boom generation will develop Alzheimer's.
- Alzheimer's cost Medicare and Medicaid \$112 billion in 2005. The cost will grow to \$184 billion in 2010 and \$216 billion in 2020.
- Alzheimer's costs American industry \$61 billion per year in health insurance costs and lost productivity of caregivers.
- One in six women and one in 10 men who live to age 55 will develop Alzheimer's in their lifetime.

## Get Involved!

- Our volunteers are passionate, inspired and want to make a difference in the fight against Alzheimer's disease. Whether it is a few hours a week or a more significant time commitment, volunteers fuel our ability to reach more families and make an impact in our community. Opportunities include: event committees, chapter advisory committees (development, programs and services, finance, nominating and governance, public policy), regional advisory committees, office support and in our day program.
- Alzheimer advocates are calling for advancements in research and enhanced care and support at the federal, state and local levels. Advocates can be as active as their schedules allow. Participating can be as simple as sending an e-mail or making a phone call to state a position. Advocates can also take part in visits to state and federal legislative offices, either locally or in Albany or Washington.
- All we have achieved in Alzheimer care and support has been made possible by the individuals, corporations, foundations and membership organizations that make up our community of donors. We are grateful for their generosity during this exciting time of hope and progress. Their gifts ensure we can fund the research that helps uncover the remaining mysteries of Alzheimer's; the programs that improve services and care; and the efforts that mobilize support for our mission.

## Alzheimer's Association Central New York Chapter Offices [www.alzcny.org](http://www.alzcny.org)

**Central New York Chapter Office**  
441 West Kirkpatrick Street  
Syracuse, NY 13204

**Mohawk Valley Regional Office**  
258 Genesee Street, Suite 509  
Utica, NY 13502

**Northern Regional Office**  
HSBC Bank Building  
120 Washington Street, Suite 419  
Watertown, NY 13601

**Southern Tier Regional Office**  
401 Hayes Avenue  
Endicott, NY 13760

## Local Office and 24-Hour Helpline

### Contact Numbers

**Auburn:** 315-294-1691

**Binghamton/Southern Tier:** 607-785-7852

**Cortland:** 607-289-4098

**Ithaca:** 607-330-1647

**Oswego:** 315-596-4016

**Potsdam:** 315-621-4025

**Syracuse:** 315-472-4201

**Utica/Rome:** 315-617-4025

**Watertown:** 315-782-8755

**Toll-Free:** 800-272-3900

**Online Helpline Requests**  
[helpline@alzcny.org](mailto:helpline@alzcny.org)

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association™