



# ANNUAL REPORT

## 2008

The Central Ohio Chapter serves the following counties: Delaware • Fairfield • Fayette • Franklin • Hocking • Licking • Madison • Marion • Morrow • Perry • Pickaway • Pike • Ross • Union

# President's Report

by Jim Flynn



I have been proudly serving on the Alzheimer's Association, Central Ohio Board of Directors since 1999. As I enter my third and probably last year as President, I look forward to working with Board and Chapter Staff to achieve a lot in the coming year.

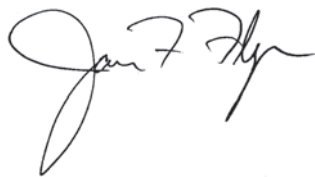
Michelle Chippas, the chapter's executive director and CEO, and her staff have done a wonderful job of bringing stability and infrastructure development. With the full support of the Board, I hope to continue to support and encourage her in these efforts.

In these lean and tumultuous times we can't afford a wish list. We need to be strategic and follow a "must do" list.

At the top of my "must do" list for 2009 is finding the means to touch more lives with our services and support. Resourcefulness and increased technology will help our Chapter continue to meet its goal within existing resources. However to expand our reach and in doing so be mindful of the diversity we embrace in our 14-county service area we must develop new intentional alliances and partnerships.

In early 2009, Board and Chapter staff will work together to create a new strategic plan that will focus and guide the Chapter. Meanwhile, we roll up our proverbial sleeves by recognizing the challenges organizations such as ours face in these difficult financial times.

It has always been my goal that our Chapter be the leading resource in the community for anything Alzheimer's-related, whether it is education, service or expertise. I look forward to working with the Board and staff to accomplish this goal in 2009.



**Our Mission: To eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.**

**Phenomenal progress in the diagnosis and treatment of Alzheimer's disease has been achieved in the last 15 years, and new insight into prevention lead us to believe what once was considered hopeless is now hopeful. Stay current on the latest research at [www.alz.org/centralohio](http://www.alz.org/centralohio)**

## Our programs and services

**More than 10,000 persons and families enrolled in one or more of our regularly scheduled programs or services, including: The 24/7 Helpline, Education and Outreach, Caregiver Support Program and MedicAlert + Safe Return in Fiscal Year 2008.**

### **24/7 Helpline — 1-800-272-3900**

Helpline is staffed by healthcare professionals who are trained to assist you 24-hours-a-day. Helpline connects callers to information about treatment options, care strategies and community resources.

**Consultation from professional clinicians and assistance is available in 140 languages and dialects.**

### **Education and Outreach**

Regularly scheduled educational opportunities and informal gatherings on all topics related to Alzheimer's disease and related disorders are available to families, professionals and the general communities throughout our 14 county service area.

**Over 1,800 individuals attended our education and outreach programs in FY 2008.**

### **Caregiver Support Program**

Together a social worker, nurse and occupational therapist provide care consultation to caregivers including home safety evaluations, community resource linkage, behavior management training, long-term planning, education and support.

**This team provided home visits and consultation to more than 900 persons/families in FY 2008.**

### **Caregiver and Family Support Group**

Support groups for family members, caregivers and friends meet regularly and are facilitated by a trained professional and/or a family caregiver with emphasis on emotional support and information sharing.

**Specialized groups include Frontotemporal dementia for caregivers and Young-Onset for caregivers and the person living with dementia.**

### **MedicAlert® + Safe Return®**

This is a nationwide program that provides assistance when a person with memory impairment wanders and becomes lost locally or far from home. Personal identification products and a 24-hour toll-free line (1-800-625-3780) enable police or concerned citizens to assist lost individuals in their return home.

**Approximately 2,500 persons in our 14-county service area are enrolled in MedicAlert+SR.**

## Sisters praise Alzheimer's Association help

By Diane Westhoff and Renea Talbott

**O**ur first reaction, we're sure, was like every family facing a diagnosis of Alzheimer's disease: It can't be happening to our family.

Mom and Dad were probably told about Mom's illness approximately four years ago. However they didn't tell us — their daughters — at that time. We were taken completely off guard, although as we learned about the signs of the disease, we could then look back and "see" how Mom fit those patterns of early onset. (We came to appreciate also that our mother's younger sister also probably had Alzheimer's before she died).

As we learned more about Alzheimer's we wanted to become proactive and not as reactive as we had been in the past. The Alzheimer's Association, Central Ohio Chapter, helped all of us immensely with new thinking. Our main concern, of course, was how to obtain the best

treatment for Mom and understanding how as a family to provide the best quality of life Mom and Dad both deserved. Our Dad is 81 and has been dealing with Mom's symptoms for many years and is her primary caregiver.

The Alzheimer's Association education classes have been the greatest support by far. About two years ago without an appointment we went to the Alzheimer's Association, Central Ohio Chapter. Andrea met us and scheduled a home visit with the Caregiver Support Team. She also encouraged us to take advantage of those classes, which have helped both of us not only to face each phase of the disease with more confidence, but also being able to cope with and be effective in the supportive role of helping Dad as the primary caregiver.

The message we would like to extend to the supporters of the Alzheimer's Association, Central Ohio Chapter, is that their funding has resulted in Mom and Dad's lives being fuller and more complete because of the ongoing education we've received.

Mom has been doing quite well since the early summer, once we got all her medications right. We've been able to keep her busy with projects that let her continue to be the loving parent she has always been. She has been knitting scarves for friends and loved ones. Mom loves keeping "my brain busy," and giving to others.

Thanks you so very much for all the support you have provided us.



## New year, new hope

By Becky Love

**A**ndrew J. Love is a loving husband, father, grandfather, friend, consummate volunteer and successful attorney. Andy is experiencing the devastating effect of Pick's Disease, the most common of the frontotemporal dementias. Andy's wife Becky credits the work of the Central Ohio Chapter in helping the family navigate through the difficult decisions and uncertainties people with Alzheimer's and their families face at every stage of the disease. "When the Alzheimer's Association says you have a 24-hour-a-day friend... what they really mean is we have a partner in this struggle for as long as we need one."



**The Alzheimer's Association, Central Ohio Chapter, gratefully acknowledges the generous support of all our donors. The individuals and organizations listed in this Annual Report contributed major gifts of at least \$5,000.**

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Central Ohio Chapter  
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Alzheimer's Association  
Central Ohio Chapter

■ **MAIN OFFICE:**  
3340 Tremont Road,  
Columbus, Ohio 43221,  
Phone: 614.457.6003

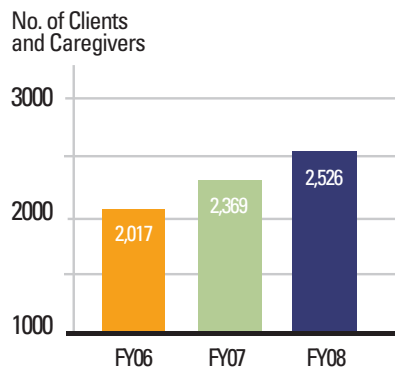
■ **DELAWARE COUNTY OFFICE:**  
39 West Winter Street,  
Delaware, Ohio 43015,  
Phone: 740.363.1365

**Helpline: 1.800.272.3900**  
**www.alz.org/centralohio**

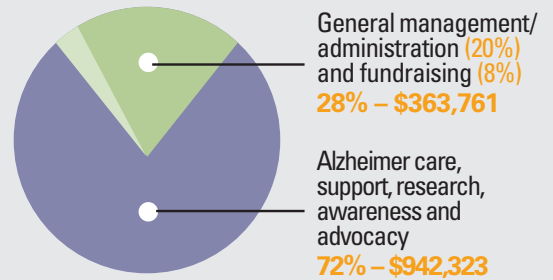
**We offer a 24-hour-a-day, 7-days-a-week Helpline 1.800.272.3900.  
Learn more about how you can help by calling 614.457.6003  
or by visiting www.alz.org/centralohio.**

**Alzheimer's Association/Central Ohio Fiscal Year 2008 Report**

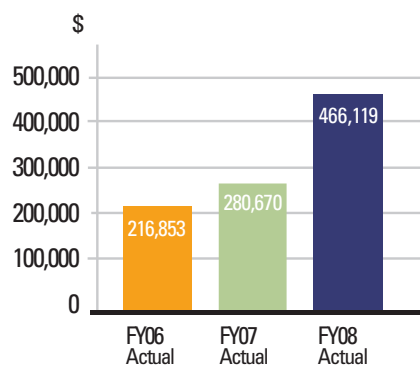
**Clients and Care Receivers Served**



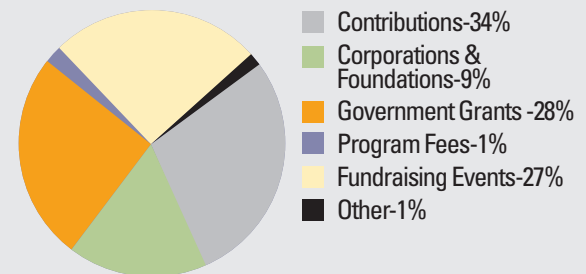
**Central Ohio Fund Usage 7/1/2007 - 6/31/2008**



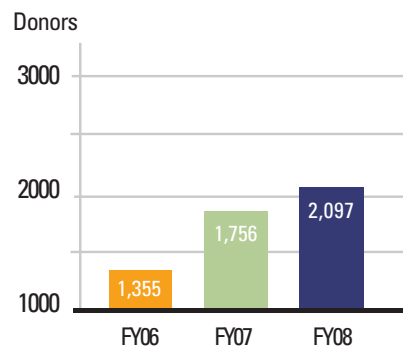
**Contributions and Memorials**



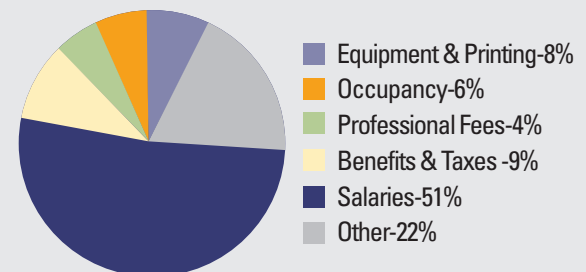
**FY08 Public Support and Revenue (\$1,410,000 total)**



**Donors**



**FY08 Expenses (\$1,306,000 total)**



*The Alzheimer's Association, Central Ohio Chapter is a non-profit organization supported in part by the Ohio Department of Aging, Franklin County Senior Options, Council for Older Adults of Delaware County and United Way of Central Ohio. Funding for the programs and services is achieved through individual, foundation and corporate as well as fundraising events.*