

Dear Friend,

Most people think Alzheimer's is simple memory loss, when it is a degenerative disease that kills brain cells and eventually the person. It is the 7th leading cause of death in the United States. With no effective prevention or treatment methods, Alzheimer's disease has the power to bankrupt families, communities and our health care system.

Here's what you can do. Learn about Alzheimer's disease – its warning signs, who are at risk and what treatments are available. Connect with your local chapter... get involved.

[Click here](#) to Forward to a Friend.

Thank You,
Michelle | mchippas@alz.org



alzheimer's  association®

Central Ohio Chapter

DONATE NOW

www.alz.org/centralohio

Caregiver Volunteers for OSU Research Project

My husband Jim was diagnosed in 2006 with Picks Disease, a rare form of dementia. In January 2008, prompted by the book *Best Friends Approach to Alzheimer's Care*, I wrote a detailed letter with charts to our physicians. Unhappily, there was not a great response.

I am excited to take part in a new study that will improve the way in which medical professionals communicate with families facing the diagnosis of dementia. I urge caregivers to learn more about this study by clicking [here](#).



November is National Alzheimer's Disease Month

We kick off National Alzheimer's Disease Month with a calendar full of events and activities for families, caregivers and the public during November. This special month raises awareness of Alzheimer's disease, highlights people with the disease and their families and emphasizes the importance offering treatments, preventions and a cure. All events are free.

[Read More >](#)

New Caregiver 201 Series – Delaware

On Monday, November 9th, 15th & 23rd from 1-3pm this program series is for families and caregivers coping with the middle to later stages of dementia. Learn tips to help deal

The Study's goal is to improve the way in which medical professionals communicate with families. Communication seems to be a major difficulty to many who are faced with this devastating disease. If there is any way I can help families and professionals communicate better, it would be my joy.

Jim is a retired dentist and as a hygienist, we worked together for 34 years. We have been married for 51 years. After talking with a person with early Alzheimer's and many who have been caregivers for spouses or family members, I believe this disease began about 12 years ago. As of July, Jim resides in a long term care facility. I, like the thousands of other caregivers, rely on the support of my family, friends, other caregivers and health care professionals. One way we can 'give back' is to participate in research studies and become advocates for change.

Delaware Memory Walk
Sunday, November 1, 2009
Polaris Fashion Place
Columbus, OH



It's not too late to register. Join your friends and neighbors for fun, fellowship and fundraising.

To register [click here](#) or call **1.800.272.3900**



with the realities of today and plan for the future. Session topics include:

- Dealing with challenging behaviors
- Managing Physical Care Needs
- Medications
- Making Difficult End of Life Decisions
- Coping with Grief and Guilt



Classes will meet at the Council for Older Adults, 800 Cheshire Road Delaware, Ohio 43015. The class is free and reservations are required. For more information or to register please contact Shelly Wesner at 740-363-1365 or mwesner@alz.org.



ALZ Stars Going the Distance

Four members of the ALZ Stars Marathon Training and Fundraising program will be participating in the Nationwide Better Health Columbus Marathon on Sunday, October 18, 2009 to raise funds and awareness for the Alzheimer's Association, Central Ohio Chapter.

ALZ Stars members Kory Lambert, full marathon, and half-marathon participants Angela Richardson, Amy Kuhlman, and Gretchen Rivera each raised more than \$800 for the Alzheimer's Association and spent countless hours training for race day.

Thank you and good luck on race day Kory, Angela, Amy and Gretchen!

If you would like to make a donation to support one of these ALZ Stars, please [click here](#).

Act Now

We need 50,000 signatures to support the Alzheimer's Breakthrough Act (S. 1492 and H.R. 3286) This Act is a tremendous step in the fight against



Mark Your Calendars

Wednesday, November 18, 2009

WCMH-TV'S Colleen Marshall will host a locally produced documentary on Alzheimer's disease. For updates, check out our [website](#).

Memorials & Tributes



"We receive gifts in memory of, or in honor of, loved ones almost daily. These gifts support our goals of family support, education, outreach, research and advocacy in the 14 counties we serve. There are many ways you can support our efforts...."

[Read More >](#)

Find us on [Facebook](#)

Alzheimer's. The bipartisan legislation is offered in the Senate by Sens. Barbara Mikulski (D-Md.) and Christopher Bond (R-Mo.) and by Reps. Edward Markey (D-Mass.) and Christopher Smith (R-N.J.) in the House.

[Read More >](#)

The Alzheimer's Association is the leading voluntary health organization in Alzheimer care, support and research. You are not alone in your struggles with Alzheimer's and related-dementia diseases. Help is available 24/7/365 by calling 1.800.272.3900 and by visiting www.alz.org/centralohio.

This e-mail has been sent to you because our records indicate that you have elected to receive e-mail updates. If you no longer wish to receive e-mails regarding Alzheimer's Associations, please click the link at the bottom of this message.

Alzheimer's Association Central Ohio Chapter • 3380 Tremont Road • Columbus, Ohio 43221
614.457.6003 • 1.800.272.3900 • www.alz.org/centralohio

Alzheimer's Association, Central Ohio Chapter, receives support from Franklin County Senior Options, Central

