

FOR IMMEDIATE RELEASE

CONTACT:

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Free Course Offers Training to Care for and Understand Dementia
*Alzheimer's Association teaches family members and professionals
how to care for individuals with dementia and Alzheimer's disease*

CLEVELAND, OH, Jan. 4, 2012 – Individuals faced with the challenge of caring for a loved one with dementia can learn more about how to effectively provide care provided by the Alzheimer's Association Cleveland Area Chapter. The course is also open to professional direct care workers and provides four Continuing Education Units (CEUs) to Social Workers and Nurses.

The six-hour Dementia Care Training course is provided monthly at various locations in northeast Ohio. The class is free to family members and \$50 to professional direct care workers. **Registration is required.** Attendees should plan to bring a brown bag lunch. **Contact Mary Lambert at 216.231.1485 or mary.lambert@alz.org** to sign up.

The training program includes the following topics:

- Overview of Alzheimer's disease and related disorders and how they affect the brain
- Communication techniques
- Ideas for engaging people with memory and thinking problems in activities
- Techniques for managing challenging behaviors

WHAT: Dementia Care Training Session
WHERE: Alzheimer's Association, 23215 Commerce Park Dr, Ste 300, Beachwood
WHEN: Tuesday, January 17, 9:00am-3:00pm
Thursday, Feb. 23, 9:00am-3:00pm
Thursday, April 19, 9:00am-3:00pm
Tuesday, June 5, 9:00am-3:00pm

ALTERNATE LOCATIONS & DATES

Elyria **Wednesday, March 14, 2012**, 9:00am-3:00pm
Center for Leadership Education, 1005 Abbe Rd. North, Elyria

Ashtabula **Tuesday, May 1, 2012**, 9:00am-3:00pm
Ashtabula Medical Center, 2420 Lake Ave., Ashtabula

Mentor **Monday, July 16, 2012**, 9:00am-3:00pm
Lake County Council on Aging, 8520 East Ave., Mentor

ABOUT ALZHEIMER'S ASSOCIATION CLEVELAND AREA CHAPTER

The Alzheimer's Association Cleveland Area Chapter serves Ashtabula, Cuyahoga, Geauga, Lake and Lorain counties with offices in Ashtabula, Avon, Beachwood, Chardon and Mentor. The Association's mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health. The disease currently affects an estimated 5.4 million American adults (about 40,000 in Northeast Ohio) and is the 6th leading cause of death in the country. Our vision is a world without Alzheimer's. For more information, visit www.alz.org, [Follow us on Facebook](#) [Follow us on Twitter](#)