



# Cleveland Clinic



## Participants needed for Center for Brain Health Study

Are you **generally healthy, between the ages of 60 and 85**, and have had a **family member diagnosed with Alzheimer's Disease**? If so, you may be eligible for a new study being conducted at the Lou Ruvo Cleveland Clinic Center for Brain Health.



This study will look at the effects of exercise training, mental training, or both on maintaining and improving brain function. Participation will last 3 months and will involve MRI scans and evaluations of fitness levels and memory function. Financial compensation will be provided.

For more information, please contact the  
Center for Brain Health at **216-445-9009**  
or email Alex Bea ([beaa@ccf.org](mailto:beaa@ccf.org)) or  
Emily Newman ([newmane@ccf.org](mailto:newmane@ccf.org))