

**2009 Symposium Agenda  
Friday, May 8**

- 7:30 – 8:30**      **Registration, Coffee, Exhibits & Book Sales**
- 8:30 – 8:45**      **Welcome - Linda Mitchell, MSW**  
President and CEO, Alzheimer's Association of Colorado
- 8:45 – 9:00**      **Opening Remarks and Keynote Introduction**  
*Chris Filley, MD, Professor of Neurology and Psychiatry  
University of Colorado Denver School of Medicine*
- 9:00 – 10:00**    **Keynote Address**  
***Twenty Years of Alzheimer Research: Past, Present & Future***  
*Steven T. DeKosky, MD, VP and Dean of the School of Medicine  
University of Virginia*
- 10:00 – 10:30**   **Break, Exhibits & Book Sales**
- 10:30 – 11:30**   **Breakout sessions**
- A. Understanding Communication Challenges** ♦  
*Pat Nixon, PT, and Simone Olsberg, ST, Garden Terrace Alzheimer's Center of Excellence*
- B. Mediating Family Disputes** ♥  
*Ken Helander, MA, John Rymers, M.A., LPC, CAC III, Debbie Reinberg, MAcc, ELDEResolutions Professional Mediation and Eldercare*
- C. What Triggers Behaviors?** ●  
*Yvonne Myers  
Health Systems Coordinator, Columbine Health System*
- D. The Genetics of Alzheimer's** ★  
*Katherine Howard, MS  
Certified Genetic Counselor, University of Colorado Denver  
School of Medicine*
- 11:30-12:45**    **Lunch and "George and Pat Sugerman Excellence in Caregiving"  
Award ceremony**
- 12:45-1:45**      **Breakout sessions**
- E. Creative Approaches to Behaviors** ♦  
*Megan Carnarius, RN, MT, NHA  
Executive Director, Balfour Cherrywood Village*
- F. Mastering Caregiver Stress** ♥  
*Leanne Starr, Psy.D  
Director, Aging Family and Caregiver Program, CU Aging Center*

**12:45-1:45 Breakout sessions (cont.)**

**G. Hospitalization and Dementia ●**

*Hallie Pasko, Savvy Caregiver Trainer*

**H. Capacity vs. Competency: A Panel Discussion ★**

*Daniel Johnson, MD, FAAHPM, Director, Life Quality Institute, Chief of Palliative Care, Kaiser Permanente*

*Bernard Poskus, Esq., Poskus, Caton and Klein*

*Phil Weintraub, MD, Associate Professor of Psychiatry, University of Colorado Denver School of Medicine*

**1:45-2:15 Break, Exhibits & Book Sales**

**2:15-3:15 Breakout sessions**

**I. Creating Environments of Support: An evidence-based program ◆**

*William Brummett, Architect*

*William Brummett Architects*

**J. Balancing Autonomy and Safety ♥**

*Cheryl Siefert, MNM*

*Director of Operations, Life Quality Institute*

**K. Medications for Alzheimer's and Behaviors ●**

*Jacci Bainbridge, PharmD*

*Associate Professor Clinical Pharmacy, University of Colorado Denver*

**L. Finding the Sacred at the End of the Long Road ★**

*Laura Beer, MA, ACMT, NRMT, & Maria McLain-Cox, MA, BCC*

*Hospice of Larimer County*

**3:30-4:30 Dessert and Ending Keynote**

***Measure of the Heart***

*Mary Ellen Geist, daughter, caregiver and author*

**Look for these symbols in the breakout session  
Descriptions as a guide to suggested audience**

**Basic Track ◆ - People who are new to Alzheimer's disease**

**Advanced Track ★ - People who are experienced in the field**

**General Track ● - Professionals and Family caregivers**

**Family Track ♥ - Geared toward family members, friends, and care partners**