



Connecticut Chapter Programs

Most programs are offered at no cost unless otherwise noted. Please register to phone number provided. This calendar will be updated regularly.

Family Training Seminars

This four part program is designed to educate caregivers on the necessary skills and information needed to provide care for persons with memory loss. Topic include: Overview of Alzheimer's Disease & Research, Communication Techniques, Identification of Behavioral Challenges, Family Dynamics, Community Resources, and Legal and Financial Issues.

This course is not intended to substitute for professional dementia specific training.

Milford: July 14, July 21, July 28, August 4; 6-8pm

Milford Hospital
Auditorium B
300 Seaside Ave
06460

Register 1-800-356-5502

South Windsor: August 5, 12, 19, 26; 6-8pm

Emeritus at South Windsor
1715 Ellington Road
06074

Register 1-800-356-5502

East Haven: September 8, 15, 22, 29; 6-8pm

Village at Mariner's Point (Theater)
111 South Short Drive
06512

Register 1-800-356-5502

Stratford: September 9, 16, 23, 30; 6-8pm

Atria of Stratford
6911 Main Street
06614

Register 1-800-356-5502

Enfield: October 7, 14, 21, 28; 6-8pm

Enfield Adult Day Center
1A Beech Road
06082

Register 1-800-356-5502

Fairfield: Oct. 7, 14, 21, 28; 6-8pm

Grasmere by the Sea
1 Post Rd.
Fairfield, 06825

Register 1-800-356-5502

Hamden: November 9, 16, 23, 30 6-8 p.m.

Arden Courts of Hamden
153 Leeder Hill Rd, 06517

Register 1-800-356-5502

COMMUNITY PRESENTATIONS

Community presentations are available at no cost and open to the public. Presentation topics vary.

Hamden: July 30, 6:30 to 7:30

When to Worry About Forgetting
Atria Larson Place
1450 Whitney Ave, 06517
Register 1-800-356-5502

Newington: August 4, 5:30 PM

Alzheimer's disease- What is it?
Newington Health Care Center
240 Church St
Newington, CT 06111-4897
Register: 860-667-2256

Avon: August 6, 6pm

Moving a Relative with Memory Loss
Arden Courts of Avon
100 Fisher Drive, 06001
****Register: 860-678-7500**

Glastonbury: September 15, 6:30 pm

Home Safety
Buckingham Estates Memory Care
1824 Manchester Road, 06033
Register: 860-647-1695

Middletown: September 22, 6 pm

Overview of Dementia
Middlesex Health Care Center
100 Randolph Road
Middletown, 06457
Register 1-800-356-5502

Groton: September 24, 8-10am

Hospice and Dementia
Fairview, Odd Fellows Home of Connecticut
235 Lestertown Road, 06340
Register: 1-800-356-5502
****This program is for Professionals****

Glastonbury: October 8, 6pm

Family Matters
Mountain Laurel Senior Living Community
1177 Hebron Ave, 06033
Register: 860-652-3444

Hamden: September 24, 6:30 to 8:30pm

HBO Project: Momentum in Science
Atria Larson Place
1450 Whitney Ave, 06517
(DVD showing followed by discussion)
Register 1-800-356-5502

Milford: November 2, 6:30 to 8:30pm

HBO Project: Momentum in Science
Milford Public Library
57 New Haven Avenue, 06460
Register 1-800-356-5502

BRAIN HEALTH

The Connecticut Chapter offers interactive workshops for individuals to help them develop a healthy lifestyle. Programs will discuss ways to keep your brain active and healthy as well as improve your physical health.

Maintain Your Brain Seminars

This workshop features scientifically-rooted nutritional and lifestyle advice, interactive exercises and activities, and materials to take home for further reading. The program, created by the National Alzheimer's Association, is for adults who want to learn more about staying fit and enhancing brain health and vitality.

West Hartford: November 4, 7:30 pm

Whole Foods
Blue Back Square
50 Raymond Road, 06107
**No Registration is Necessary

Brain Power

This presentation is an interactive program for senior groups to help them develop a healthy lifestyle. The program discusses ways to keep their brain active and healthy as well as their physical health. Program includes puzzles, games and some memory exercises.

Hamden: July 16, 6-7pm

Arden Courts
153 Leeder Hill Drive
06514
Register 1-800-356-5502

Naugatuck: September 8, 1 to 2 p.m.

Naugatuck Senior Center
300 Meadow Street, 06770
Register 1-800-356-5502

Woodbridge: July 28, 1-2pm

Woodbridge Senior Center
4 Meeting house Lane
Woodbridge, 06525
Register 1-800-356-5502

Milford: September 21, 10:30 to 11:30 a.m.

Milford Senior Center
9 Jepson Drive, 06460
Register 1-800-356-5502

Haddam: August 27, 6:30 to 7:30 p.m.

Brainerd Memorial Library
920 Saybrook Rd, 06438
Register 1-800-356-5502

PROFESSIONAL TRAININGS

The Alzheimer's Association is committed to helping professionals improve their knowledge and skills, build stronger teams and deliver better care to people with dementia and their families. Our training and education programs are geared to professionals working in both community-based and residential care settings.

Our programs and meetings have been attended by activity professionals, administrators, nurses, occupational therapists, physical therapists, social workers and staff trainers.

All trainings listed will take place at the Kensington office:

Alzheimer's Association, CT Chapter
279 New Britain Road
Kensington, CT 06037

****Space is limited, please register early**
TO REGISTER CALL 1-800-356-5502**

Pain Management

Tuesday September 8, 2009 12:30-3pm

Tuesday December 1, 2009 12:30-3pm

This two hour pain management training will provide you with the skills to learn to recognize and identify the signs of pain.

Cost: \$50/person/training

Activity Programming in Dementia Care

Tuesday August 25, 2009 10am-3pm

Wednesday November 18, 2009

Activities are the foundation of care. This interactive program will cover appropriate productive, leisure, self-care, and insightful activities as well as implementing activities within your facility.

**Please bring with you your activities calendar, and initial assessment, and favorite resource book.

Cost: \$100/person/training (\$75 if 2 or more from same facility)

Specialized Dementia Care Education

Tuesday September 1, 2009 8:30am-4:30pm

Tuesday November 10, 2009 8:30am-4:30pm

The "train the trainer" approach of seven comprehensive hours for facilities with people with dementia to develop and run a successful dementia unit. Through this hands-on training the following topic will be covered; an overview of dementia, communication and behaviors, daily activities, and enhancing memory.

** A Train the Trainer certificate of completion will be given to all participants who attend the Specialized Dementia Care Education and will cover the State of Connecticut Department of Public Health dementia care training requirements.

Cost: \$150/person/training (\$125 if 2 or more from same facility)

Support Group Leader Training

Tuesday October 27, 2009 9:30am-4:30pm

Instructors Carolyn DeRocco and Patty O'Brian

This training is for professionals and volunteers in the community interested in facilitating an Alzheimer's Association affiliated support group.

No cost, lunch will be provided