



CONNECTICUT CHAPTER Adult Day Centers

According to the Connecticut Association of Adult Day Centers (CAADC), there are two different models of Adult Day Care: the social model and the medical model. The social model is designed for individuals who do not require direct assistance with medical or personal care needs, while the medical model provides social services and routine direct personal care, nursing intervention, rehabilitation, and/or therapeutic recreation. Please ask the day center for which model of care they are certified.

Town	Facility	Phone	Notes
Avon	The Friendship Circle ADC, W. Avon Cong. Church 280 Country Club Road Avon, CT 06001	(860)673-7631	Sally Southerland, Director, CAADC Member Dementia-specific programs, Social Model, M-F 8 a.m.-4:30 p.m.; no w/e hours
Bloomfield	Senior Care - Hartford 30 Tobey Road Bloomfield, CT 06002	(860)286-1010	Lynn Alexander, Administrator, CAADC Member Dementia-specific programs, Medical Model, M-F 8 a.m. - 5 p.m.; Sat. 9 am-4 p.m., Bilingual Staff
Branford	Orchard House Adult Day Center 421 Shore Drive Branford, CT 06405	(203)481-7110	Tom Romano, Director, CAADC Member Medical Model M-F 8 am-4pm, S-S 9am-3pm
Bridgeport	Park City Adult Day Care 55 Chapel Street Bridgeport, CT 06604	(203)335-1001	Rita Carlson, Director, CAADC Member Dementia-specific programs, Medical model, M-F 8am-4:30pm; no w/e hours
Brooklyn	Pierce Memorial Baptist Home 44 Canterbury Road Brooklyn, CT 06234	(860)774-9050 x 123	Alice Woodworth, Day Center Coordinator, CAADC Member Dementia-specific programs, Social Model, MW 10 xm-4pm; no w/e hours, no transportation
Canaan	Geer Adult Day Center 83 South Canaan Road Canaan, CT 06018	(860)824-7067	Lori Neal, Director, CAADC Member Dementia-specific programs, Medical Model, M-F 7:30am-4:30pm; no w/e hours, Transportation provided.
Clinton	Robin's Nest Intergenerational Adult Day Care 94 High Street Clinton, CT 06413	(860)664-3568	Robin Twigg, Director, CAADC Member Medical Model, M-F 8am-5pm; S-S 8 am-5pm, Capacity for 3 live-in, overnight Alzheimer's boarders
Danbury	Almost Home Adult Daycare, LLC 52 Federal Road Danbury, CT 06810	(203)743-6456	Jim Maurer, Center Director, CAADC Member Dementia-specific programs, Medical Model, M-F 7:30am-5pm; Sat 8am-2:30pm; Sun-closed
Deep River	Pastimes Adult Day Center 423 Main Street Deep River, CT 06413	(860)526-4342	Kate Blais, Director, CAADC Member Medical Model, M-F 8:30am-4:30pm; S-S 8:30am-4:30 pm, Transportation provided
East Hartford	Senior Care - Hartford 144 Main Street, Ste J East Hartford, CT 06118	(860)568-9692	Mary Ann Klember, Administrator, CAADC Member Dementia-specific programs, Medical Model, M-F 7:30am-5:00pm; Sat. 9am-4pm, Bilingual staff, easthartford@seniorcarectrs.com

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Enfield	Enfield Adult Day Center 1A Beech Road Enfield, CT 06082	(860)763-7538	Holly Vannucci, Director, CAADC Member Dementia-specific programs, Medical Model, M-F 8am-4pm; no w/e hours
Enfield	The Felician Adult Day Center 1333 Enfield Street Enfield, CT 06082	(860)745-2542	Sister Patricia Marie, Director, CAADC Member Medical Model, Specialize in Alzheimer's care, M-F 8 am-4pm;no w/e hours
Fairfield	Grasmere by the Sea 1 Post Road Fairfield, CT 06824	(203)259-6699	Michael Hebert, Director, CAADC Member Dementia-specific programs, Medical Model, M-F 8am-4:30pm; no w/e hours, Support group each last Fri 1-2pm(Donna Lange)
Fairfield	Jewish Home Adult Day Center 175 Jefferson Street Fairfield, CT 06825	(203)365-6469	Michael Hebert, Director, CAADC Member Dementia-specific programs, M-F 8am- 4:30pm; Sat. 8am-3:00pm
Greenwich	The Gazebo, Greenwich Adult Day Care, Inc. 125 River Road Ext. Cos Cob, CT 06807	(203)622-0079	Carol Burns, Director Jane Kramer, Director of Social Services, CAADC Member Dementia-specific programs, Medical Model, M-F 8am-4:30pm; Sat 8am-4:30pm
Hamden	Clelian Adult Day Center 261 Benham Street Hamden, CT 06514	(203)288-4151	Doreen Mosko, Director, CAADC Member Dementia-specific programs, Medical Model, M0-F 7:30 am-4:30pm; no w/e hours, Transportation available.
Hamden	Lina Adult Day Care/Community Center 119 Sanford Street Hamden, CT 06514	(203)230-1180	Mikhail Goloyvan, Administrator, CAADC Member Dementia-specific programs, Medical Model, M-F 9am-3pm; Sat 9am-2pm
Hamden	Partnerships Center for Adult Day Care 3 Industrial Circle Hamden, CT 06517	(203)248-8854	Valerie Della Rocco, RN, Director, CAADC Member Dementia-specific programs, Medical Model, M-F 7:30am-4:30pm; no w/e hours, Transportation available partnershipsadc@yahoo.com
Hartford	Avery Adult Day Health Center 705A New Britain Avenue Hartford, CT 06106	(860)278-4773	Elizabeth Kilroy, Director, CAADC Member Medical Model, M-F 7:30am-5pm; no w/e hours, Services Spanish Clients.
Hartford	Day Break at Hartford 243 South Whitney Street Hartford, CT 06106	(860)523-0108	Maria Hitchcock, Director, CAADC Member Medical Model, M-F 8am-4pm;Sat 8am-4pm, bilingual Staff
Hartford	Juniper House Community Center 598 Farmington Avenue Hartford, CT 06105	(860)523-8518	Lucy Dratva, Director, CAADC Social Model, M-F 8:30am-5pm, S-S 8:30am- 5pm
Hartford	Hebrew Community Services Adult Day Center at Immanuel House Campus 15 Woodland Street Hartford, CT 06105	(860)525-6111	Maureen Dolin, Director, CAADC Member Dementia-specific programs;accepts up to 40 participants, Medical Model, M-F 7:30am- 4pm;no w/e hours
Madison	The Strong House Adult Day Center 546 Durham Road Madison, CT 06443	(203)245-0524	Diane Fisher, MSW-Director, CAADC member Dementia-specific programs, Social/Medical Model, M0-F 8am-4:30pm; no w/e hours

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Middlebury	Senior Care of Middlebury 900 Straits Turnpike Middlebury, CT 06762	(203)598-7642	Patricia Rockwell, Administrator, CAADC Member Dementia-specific programs, Alzheimer's specific programs, Medical model, M-F 7:30am-5pm; S-S 9am-4pm, Bilingual staff, Transportation provided. middlebury@seniorcarectrs.com
Middletown	The Day Club Adult Day Center 32 Miner Street Middletown, CT 06457	(860)632-1119	Katherine Donohue, Director, CAADC Member Medical Model, M-F 7a -5pm; no w/e hours
Middletown	Day Tymers Social Club at Heritage Commons 38 Boston Road Middletown, CT 06457	(860)344-1221	Carmela Gagnon, Administrator, CAADC Member Dementia-specific programs, Social Model, M-F 8am-pm; no w/e hours
Milford	Milford Elderly Services/Aherns Program 9 Jepson Drive Milford, CT 06460	(203)877-3833	
Moodus	Chestelm Adult Day Services 542 Town Street Moodus, CT 06469	(860)873-3833	Barbara White, Manager, CAADC Member Dementia-specific programs, Medical Model, M-F 8am-5pm; no w/e hours, Transportation provided.
New Canaan	Waveny Care Center Adult Day Program 3 Farm Road New Canaan, CT 06840	(203)594-5200 (203)594-5314	Eileen Sunborg, Director, CAADC Member Dementia-specific programs, Medical/social model, M-F 8am-5pm, Sat. 8am-3pm
New Haven	Goodwin-Levine Adult Health Center 169 Davenport Avenue New Haven, CT 06519	(203)789-1650 ex. 256	Judy Rolnick, Senior Administrator, CAADC member Dementia-specific programs, Medical Model, M-F 8:30am-5pm;no w/e hours, Transportation available.
New Haven	Mary Wade Home Adult Day Center 118 Clinton Avenue New Haven, CT 06513	(203)562-7222	Kelly Morse, Director, CAADC member Alzheimer's specific programs, Social/Medical Model, M-F 8am-4pm, S-S 8am-4pm, Transportation Provided
Norwalk	Elderhouse, Inc. 7 Lewis Street Norwalk, CT 06851	(203)847-1998	Denise Cesareo, Director Sally Harding, Social Services, CAADC Member Dementia-specific programs, Medical Model, M,W,F 8am-5pm; T, TH 8am-7pm, Sat 9am-3pm
Norwich	Ross Adult Day Center 165 McKinley Avenue Norwich, CT 06360	(860)889-1252	Janis Davis, Director, CAADC Member Dementia-specific Programs;accepts up to 35 participants, Medical Model, M-F 7:30am-5pm; no w/e hours, Transportation provided.
Old Saybrook	Robin's Den Adult Day Center 245 Boston Post Road Old Saybrook, CT 06475	(860)388-2070	Dennis Twigg, Director, CAADC Member Medical Model, M-F 8am-4pm; no w/e hours
Plainville	Day Break at Farmington LLC Adult Day Center 290 Farmington Avenue Plainville, CT 06062	(860)678-9778	Sarah Borrelli, Director, CAADC Member Dementia-specific programs, Medical Model, M-F 8am-4pm; Sat 8am-4pm, Transportation provided.
Plantsville	Jean Stolba Center Alzheimer's Resource Center of CT 1261 South Main Street Plantsville, CT 06479	(860)628-3069 Ext. 3002	Kim Gray, Director, CAADC Member Exclusively for pts with Alzheimer's and dementia related and their families; works with about 40 clients, Medical Model

The policies of the Alzheimer's Disease and Related Disorders Association promote sharing resources. We do not endorse any product, person, agency or facility.

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Plantsville	Mulberry Gardens of Southington 58 Mulberry Street Plantsville, CT 06479	(860)276-1020	Perry Philips, Director Linda Ricciardi, Program Director, CAADC Member Dementia-specific programs, Medical Model, M-F 8am-4:30pm, Sat 8am-4:30pm, Extended evening hours and available Sun. if needed
Shelton	Edward L. Miller Adult Day Center 5 Lake Road Shelton, CT 06484	(203)922-3674	Lorraine Beauchaine, Nursing Coordinator, CAADC member Medical Model, M-F 8am-4pm; no w/e hours.
Simsbury	McLean Adult Day Health Center 75 Great Pond Road Simsbury, CT 06070	(860)658-3760	Terry Dell, Director, CAADC Member Dementia-specific programs, Medical Model, M-F 8am-4:30pm; no w/e hours, Transportation provided within ten miles of the facility.
Stratford	Remesa East Adult Day Center/Sunset Shores Adult Day Center 720 Barnum Avenue Cut-off Stratford, CT 06614	(203)380-1228	Gladys Soto, Director, CAADC Member Dementia-specific programs, Medical Model, M-F 7:30am-5:30pm; Sat 9am-2pm, Remesa East ADC is bilingual. ADC: Two separate ADC programs on two different levels of the facility.
Stratford	Baldwin C.A.R.E.S. Activity Program 1000 West Broad Street Stratford, CT 06615	(203)385-4050	Beth Paris, Director Dementia-specific programs, Social Model, M-F 9am-2:30pm; no w/e hours. Stratford residents only.
Torrington	Emeritus at Litchfield Hills 376 Goshen Road Torrington, CT 06790	(860)489-8022	Mary Arnold, Director, CAADC Member Dementia-specific programs, Medical Model, M-F 9am-3pm; no w/e hours
Trumbull	St. Joseph's Manor Adult Day Care Center 6448 Main Street Trumbull, CT 06611	(203)268-6204 (203)220-2781 direct line	Lisa Kelleher, Director ADC, CAADC Member Dementia-specific programs, Medical Model, M-F 8am-4pm; no w/e hours
Trumbull	The Kennedy Center, Senior Options Program 30 Lindeman Drive Trumbull, CT 06611	(203)372-2111	Valerie Seldon, Director Dementia-specific programs, Social Model, M-F 8am-4pm; no w/e hours
Wallingford	Wallingford Senior Center, D.A.I Program (D.A.I. - Daily Activities of Independence Program 238 Washington Street Wallingford, CT 06492	(203)265-7753	Melinda Welch, Program Coordinator Dementia-specific programs, Social Model, M-F 9:15am-2:15pm; no w/e hours, Will provide transportation to Wallingford residents. office@wfdseniorctr.com, wfdsenior.ctr@sbcglobal.net
Waterbury	Abbott Terrace Adult Day Center 44 Abbott Terrace Waterbury, CT 06702	(203)755-4870 ext. 112	Laura Fasanelli, Director, CAADC Member Dementia-specific programs, Social Model, M-F 8am-4pm; no w/e hours.
Waterbury	Day Break at Waterbury 515 Watertown Avenue Waterbury, CT 06708	(203)757-7499	JoAnna Aldarondo, Director, CAADC Member Dementia-specific programs, Medical Model, M-F 7am-5pm; Sat 7am-5pm; Sun - Closed. Transportation provided.
Waterford	Shoreline Adult Day Center 1 Beechwood Drive Waterford, CT 06385	(860)442-5873	Janis Davis, Administrative Director, CAADC Member Dementia-specific programs, Medical Model, M-F 7:30 am-5pm; no w/e hours.

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West Hartford	Hebrew Community Services Adult Day Center at the Hebrew Health Care Campus 1 Abrahms Boulevard West Hartford, CT 06117	(860)523-3857	Kimberly Savoir, Director, CAADC Member Dementia-specific programs, Medical Model, M-F 8am-4:30pm; Sat - closed; Sun 8am-4pm, Half day also available M-F, Transportation provided - residents of West Hartford, Hartford, Bloomfield
West Hartford	St. Mary Home, Adult Day Care 2021 Albany Avenue West Hartford, CT 06117	(860)570-8234	Maryann Loveland, Director, CAADC Member Dementia-specific programs, Medical Model, M-F 8am-4pm; no w/e hours Mloveland.smn@mchct.org
West Hartford	Juniper House Community Center 1086 New Britain Avenue West Hartford, CT 06117	(860)523-1418	Andrei Brel, Director, CAADC Member Social Model, M-F 8:30am-5pm S-S 8:30am- 5pm
West Haven	West Haven Adult Day Center 201 Noble Street West Haven, CT 06516	(203)937-3658	Ethel Anderson - Director, CAADC Member Medical Model, M-F 8:30am-4:30pm; no w/e hours, Transportation available.
Windsor	Caring Connection Adult Day Health Center 330 Windsor Avenue Windsor, CT 06095	(860)547-0251	Debbie Boemmels - Director, CAADC Member Dementia-specific programs, Medical Model, M-F 7am-4:30pm; no w/e hours, Transportation provided - Windsor Locks, Bloomfield