

alzheimer's association™

CONNECTICUT CHAPTER

Support Groups

The Alzheimer's Association maintains affiliated support groups at no charge to families. All facilitators are volunteers who are offered training and support from the Alzheimer's Association Connecticut Chapter. The group is for caregivers only unless otherwise noted.

** Please be sure to call the contact listed to verify meeting days, locations and times before attending a support group**

For more information, call 1-860-828-2828 or 24/7 Helpline 1-800-356-5502

Town	Location	Address	Meeting Times	Facilitator	Notes
Avon	Arden Court of Avon	100 Fisher Drive Avon, CT 06001	3 rd Wednesday 3:00-4:30 p.m.	Sandi Hart (860) 678-7500	
Branford	The Hearth at Gardenside	173 Alps Road 06405	4 th Monday 6 p.m.	Linda Abbagnaro (203) 483-7260	
Bristol	Ingraham Manor	400 North Main Street 06010	1 st Monday, 6:00 p.m.	Karen Cornell (860) 585-3269	
Brookfield	The Village at Brookfield Common	246A Federal Rd 06804	1 st Friday, 3:30pm	Karen Sion (203) 775-8696 ext.16	
Canaan	Geer Adult Day Center	83 South Canaan Road 06018	2 nd Wednesday, 1 p.m.	Marsha Harvey (860) 824-7067 mpetharvey@aol.com	Pick up group; 1 or 2
Cheshire	Elim Park Baptist Home	140 Cook Hill Road 06410	Last Wednesday, 6:30 p.m.	Susan Laude (203) 272-3547, ext. 138	
Danbury	Danbury Health Care Center	107 Osborne Street 06810	1 st Thursday, 4:30-6:00p.m.	Evy Brescia (203) 792-8102 ebrescia@danburyhcc.com	Caregiver Support Group
	Maplewood at Danbury	22 Hospital Avenue 06810	2 nd and 4 th Saturdays 9:30am	Neena Finch (203) 744-8444 neena@maplewoodat danbury.com	Respite care available
Eastford	Congregational Church of Eastford	8 Church Road 06242	3 rd Thursday, 7:30 pm	Bev Lindemann (860) 974-1945	Esp. for adult children caregivers
East Hartford	Riverside Health and Rehabilitation Center	745 Main Street 06108	2 nd Tuesday, 10:30am-12pm	Gina Kastrup (860) 289-2791, ext. 370	
East Haven	The Village at Mariner's Point	111 South Shore Drive 06512	2 nd Friday, 11:30am- 1:30pm	Brenda Lopes 203-467-0067	Couples Group: Ideal for spouse, adult child, or other caregiver with person with dementia.
East Lyme	East Lyme Library	39 Society Rd. Niantic 06357	2 nd Thursday, 4:30-6:30 p.m.	Deb Kozisek (860) 536-5601 ext. 24	
Enfield	Parkway Pavilion	1157 Enfield Street 06082	4 th Thursday, 6:30 p.m.	Roseanne Lemkey (860) 745-1641 ext. 18	

**CONNECTICUT CHAPTER
Support Groups**

Town	Location	Address	Meeting Times	Facilitator	Notes
	Enfield Adult Day Center	1A Beech Road 06082	2 nd Wednesday, 9:30-10:30am	Sue Bernstein/ Paula Vaicekauskas (860) 763-7538	
Fairfield	Jewish Home for the Elderly – Adult Day Suite	175 Jefferson Street 06825	1 st Thursday, 4 p.m.	Donna Lange (203) 365-6469 dLange@jhe.org	
	Grasmere Eldercare Center	240 Colony Road 06824	Last Friday, 1-2pm	Courtney Luttrell Eileen Walsh (203) 259-6699	
Glastonbury	Buckingham Estates Memory Care Community	1824 Manchester Road 06033	3 rd Thursday, 6 to 7 p.m.	Kevin Horan (860) 647-1695	
	Laurel Gardens	1177 Hebron Ave. Glastonbury 06033	1 st Wednesday, 6 to 7:30 p.m.	Becky Sullivan (860) 652-3444	Please Call Ahead
Greenwich	The Greens at Greenwich	1155 King St. 06831	2 nd Wednesday, 5:30-6:30pm	Sherry Dey Pat Cantrell (203) 531-5500	
	Greenwich Adult Day Center	70 Parsonage Road 06830	Every Tuesday 11 a.m. to 12:30 p.m.	Jane Kramer (203) 622-0079	Early Stage Couples Pre-registration required
	Greenwich Adult Day Center	70 Parsonage Road 06830	Every other Thurs 10:30 am	Jane Kramer & Peg Drenckhahn (203) 622-0079 pegd@gadc.org	Caregiver Support Group
	Greenwich Hospital Center for Healthy Aging	Watson Pavilion, 3 rd Floor 5 Perryridge Road 06830	Thursday afternoons	Roni Lang (203) 863-4375 Ronil@greenhosp.org	Spousal Group; Family Caregiver Group; Adult Children Group – Must call for pre-screening
Groton	Groton Public Library	52 Newtown Rd. 06340	First Tuesday monthly	Deb Kozisek (860) 536-5601 ext. 24	Caregiver support group
Hamden	Arden Courts of Hamden	153 Leeder Hill Drive 06517	3 rd Wednesday, 6 to 7 p.m.	Erin Hall (203) 281-5700	
	Arden Courts of Hamden	153 Leeder Hill Drive 06517	3 rd Tuesday, 5:30 to 6:30	Erin Hall (203) 281-5700 Blanche Agostinelli	Early Onset Caregiver Group (Caregivers of persons with dementia under age 65)
	Clelian Adult Day Center	261 Benham Street 06514	4 th Thursday, 7p.m.	Ron Bowen Sharon Albone 203-288-4151	

**CONNECTICUT CHAPTER
Support Groups**

Town	Location	Address	Meeting Times	Facilitator	Notes
	Harborside Health Care/Arden House 1 st floor Conference Room	850 Mix Avenue 06514	2 nd Thursday, 5-6 p.m.	Tiffany Burnham (203) 285-1060	
	Maple Woods at Hamden	35 Hamden Hill Drive 06518	3 rd Wednesday, 9:30-11:30 a.m.	Maria Tomasetti (860) 828-2828 ext.27	Couples Support Group
Hartford	Rawson Elementary	260 Holcomb Street 06112	Last Friday, 10:00 a.m.	Kendra Bland (860) 695-4840	Meet during Sept-June
	Park Place Health Center	5 Greenwood Street 06106	4 th Thursday 6:00-7:30 p.m.	Howard Dickstein (860) 871-5454 ext. 13	
Kent	The Kent Specialty Care Facility	46 Maple Street 06757	2 nd Thursday	Anne Runquist (860) 927-5368 runquist-a@sbcglobal.net	Caregiver Support Group
Litchfield	Brandywine Assisted Living	19 Constitution Way 06759	3 rd Monday 3:30	Nancy Aquilar (203) 525-5398	
Madison	Strong House ADC	546 Durham Road (Rt. 79) 06443	Last Monday, 1:30 pm	Diane Fisher, MSW (203) 245-0524	
Manchester	Westside Care Center	349 Bidwell Street 06040	Last Thursday, 5 to 6 p.m.	Roberta Bell (860) 647-9191, ext. 287	
	Manchester Manor	385 West Center Street 06040	3 rd Wednesday 6:30pm	Claire Rathbun 860-290-1271	
Mansfield	Mansfield Senior Center	303 Maple Road Mansfield, CT 06268	Every 2 nd Friday 10:00 a.m.	Patricia Hope (860) 429-0262 ext. 102 hopep@mansfieldct.org	
Meriden	Village at Kensington Place	511 Kensington Avenue 06451	3 rd Tuesday, 7:00 p.m.	Ron Bowen, Sharon Albone (203) 235-0181	Free respite care is available.
Middletown	Water's Edge Center for Health & Rehab	111 Church Street 06457	2 nd Wednesday 2 p.m.	Kathleen Kaliscak (860) 347-7286	
Middletown	The Day Club	33 Minor Street 06457	Last Monday 6:00 pm	Carrie Hopkins Brenda Lopes 860-632-1119	
Middletown	Village at South Farms	645 Saybrook Road 06457	1 st Tuesday 3:00PM	Cathy Pisarz (860) 344-8788	

**CONNECTICUT CHAPTER
Support Groups**

Town	Location	Address	Meeting Times	Facilitator	Notes
Milford	Milford Hospital	2047 Bridgeport Avenue 06460	First Monday, 6:30PM	Erena Fitzgerald (203) 396-1086	
Monroe	Monroe Senior Center	235 Cutlers Farm Road 06468	1 st Wednesday, 2:15 PM	Barbara Yeager (203) 452-3771	
Montville	Montville Senior Center	12 Maple Ave 06382	1 st Thursday, 10 a.m.	Judy Danao (860) 447-1416	
Moodus	Chestelm Health & Rehab	534 Town Street 06469	2 nd Wednesday, 7 p.m.	Candice Nero (860) 873-1455	
Mystic -Social model group for couples	Stoneridge	186 Jerry Browne Road 06355	2 nd Saturday of the month, 12:00 Noon	Call Rose Levine (860) 245-0820	There is lunch, education, recreation. Ideal for spouses, or adult children and parent. Attendees must RSVP
Naugatuck	St. Mary's Wellness Center	600 Rubber Avenue 06770	1 st and 3 rd Saturday, 1 to 3 p.m.	Deborah Hennessy (203) 729-9802 evenings	
New Britain	Andrew House	66 Clinic Drive 06051	4 th Tuesday, 3:30 p.m.	Kathy Mulrooney (860) 225-8608	
New Canaan	Waveny Care Center	3 Farm Road 06840	2 nd and 4 th Tuesday, 1:45-2:45pm	Ilene Sumberg MSW, LCSW lsumberg@waveny.org Sarah Ruggiero, MSW (203) 594-5200	
New Haven	Mary Wade Home	118 Clinton Avenue 06513	1 st Wednesday 6 p.m. w/dinner	(203) 562-7222 x. 132 Tracy Gilbert tgilbert@marywade.org	
	Yale University Yale Alzheimer's Disease Research Unit	1 Church Street, Suite 600 06510	1 st Tuesday 1:15 p.m.	Theresa Hofmeister (203) 764-8100	

**CONNECTICUT CHAPTER
Support Groups**

Town	Location	Address	Meeting Times	Facilitator	Notes
New Milford	Candlewood Valley Health & Rehabilitation	30 Park Lane East 06776	1 st Wednesday, 12 noon	Cindy LaCour Kathy Mahr (860) 355-0971 Carolyn DeRocco (203) 591-9156	
	New Milford Community Health and Wellness Center	40 Main Street New Milford, CT 06776	4 th Wednesday, 1-2:30	Carolyn DeRocco (860)355-6075	Couples Social Group
Newington	Newington Healthcare Center	240 Church Street 06111	1 st Monday, 6:30 p.m.	Sarah Merlini (860) 667-2256	
Norwalk	Norwalk Senior Center	11 Allen Road 06851	1 st Thursday 11:00 AM	Jean Northup (203) 853-7234	
	Elderhouse	7 Lewis Street 06851	1 st Monday, 12 noon – 1 p.m.	Sally Harding (203) 847-1998	
	First Congregational Church of Norwalk on the Green	Park & Lewis Street (Library) 06851	Every Tuesday, 11am – 12 am	Doris McKee (203) 847-9539 dmckl.l@juno.com	
Norwich	Ross Adult Day Center	165 McKinley Avenue 06360	2 nd Wednesday, 4:00 p.m.	Amy Merchant and Jane Davis (860) 889-1252	amerchant@ucfs.org
Old Saybrook	Estuary Council of Seniors, Inc. (AKA Monica Eggert Senior Center)	220 Main Street 06475	4 th Thursday 1-2:30pm	Molly DeWeese VNA Community HealthCare 860-388-4455	mdeweese@vna-commh.org
Pawcatuck/ Stonington	Westerly Adult Day Center	65 Wells Street Westerly, RI 02891	2 nd Tuesday 7 p.m.	Karen Hawthorn (401) 596-1336	
Plainville	Plainville Senior Center	200 East Street 06062	3 rd Thursday 2 – 3:30 p.m.	Bette Smith (860) 747-5728	

**CONNECTICUT CHAPTER
Support Groups**

Town	Location	Address	Meeting Times	Facilitator	Notes
Plantsville	Alzheimer's Resource Center	1261 South Main Street 06479	Every Tuesday 6 p.m.	Jennifer D'Eugenio Irena Delahunty (860) 628-9000	Daughter's support group
	Alzheimer's Resource Center	1261 South Main Street 06479	Every Thursday 10 a.m.	Jennifer D'Eugenio Irena Delahunty (860) 628-9000	Spousal support group (for spouses/partners of person with AD or related dementia)
	Mulberry Gardens of Southington	58 Mulberry Street 06479	2 nd Tuesday, 6:30pm	Jennifer Doty Lori Spencer (860) 276-1020	Free respite care with RSVP dotyj@mulberrygardens.org spencerl@mulberrygardens.org
Putnam	St. Mary's Parish Center	15 Marshall Street 06260	2 nd Thursday, 1:30-2:30 PM	Kathy Demers (860) 779-9270	
Ridgefield	Ridgefield Crossings /Brookfield	640 Danbury Road 06877	1 st Thursday, 3:30-4:30 p.m. 3 rd Thursday, 3:30-4:30 p.m.	Megan Carriere (203)431-2255 Terri Ramsey, (203)431-2255	tramsey@benchmark quality.com 1 st Thursday – support group 3 rd Thursday – Family Education Series
Rocky Hill	Atria Greenridge Place	One Elizabeth Court 06067	3 rd Thursday, 6 to 7 p.m.	Carol Sheltra (860) 257-0000, ext. 102	Free Respite Care available. Call for more information.
	Rocky Hill Healthcare & Rehab Center	60 West Street 06067	3 rd Wednesday, 6-8:00 PM	Judy Telesmanick (860) 529-2521	
	Emeritus at Rocky Hill	60 Cold Springs Road 06067	4 th Thursday, 6 p.m.	Jody Moroni (860) 257-3820	
	The Atrium	1160 Elm Street 06067	2 nd Thursday, 6:30 p.m.	Donna Fuoco (860) 563-5588	Family Education Series with speakers
Shelton	Gardner Heights	172 Rocky Rest Road 06484	2 nd Wednesday, 7 p.m.	Mike Hetsko (203) 924-6251	Mh@hetsko.com
Simsbury	McLean Home	75 Great Pond Road 06070	Last Monday at 1:30 p.m.	Diane Thurston, (860) 658-3915	If holiday falls on that date, will meet the following Monday
Southbury	The Federation – Jewish Communities of Western CT	444 Main Street North 06488	2 nd Thursday, 2 p.m.	Debby Horowitz (203) 267-3177, x 105 Edie Hardwick	
	Kensington Green of Southbury	655 Main Street South 06488	1 st Mon., 3:30 p.m	Joyce Weber (203) 264-3408 Barbara Anderson	If a holiday falls on 1 st Monday, group will be held 2 nd Monday

**CONNECTICUT CHAPTER
Support Groups**

Town	Location	Address	Meeting Times	Facilitator	Notes
	Lutheran Home of Southbury	990 Main St. North 06488	3 rd Monday, 6:30pm	Wes Bard Edie Hardwick (203) 264-9135	
Southington	Mulberry Gardens of Southington	58 Mulberry Street 06479	2 nd Tuesday, 6:30pm	Jennifer Doty Lori Spencer (860) 276-1020	Free respite care with RSVP dotyj@ mulberrygardens.org spencerl@ mulberrygardens.org
	Grace United Methodist Church	45 Pleasant Street, 06489	1 st Monday, 6:30 to 8 p.m.	Amy Borkowski (860) 302-8272	
South Windsor	Village at Buckland Court	432 Buckland Road 06074	2 nd Wednesday, 6:30pm	(860) 644-7366	
	EmeritusSenior Living; Emeritus Building	1715 Ellington Road 06074	3 rd Wednesday, 6:30 pm.	Kim Busineau (860) 644-4408	
Stafford Springs	Evergreen Health Care	205 Chestnut Hill Road 06076	3 rd Wednesday, 6 p.m.	Jennifer Kulas (860) 684-8711	
Stamford	Jewish Community Center	1035 Newfield Avenue 06905	4 th Tuesday, 6-7 PM	Amy Hollander (203) 487-0983	ahollander@ stamfordjcc.org
Stratford	Atria Stratford	6911 Main Street 06614	1 st Wednesday, 6p.m.	Mary M. Underwood 203-380-0006 ext. 31	
	Lord Chamberlain	7003 Main Street 06614	1 st Monday, 5:00 p.m.	Barbara Jarmon, (203) 375-5894	
	Stratford Senior Services - Baldwin Center	1000 West Broad Street 06615	3 rd Tuesday, 3-4:30 p.m.	Beth Paris (203) 385-4055 or (203) 385-4050	Eparis@stratford.com
	Sunset Shores Adult Day Center	720 Barnum Ave. Cutoff 06614	2 nd Wednesday 4 p.m	Sue Secondi Carol Crimi (203) 380-1228	Ssecondi@ cteldercare.com
Tolland	VNHS Adult Day Center	26 Shenipsit Lake Road 06084	3 rd Wednesday 10 -11:30 am	Marylou Geraghty (860) 870-7203	
Torrington	Charlotte Hungerford Hospital	540 Litchfield Street 06790	3 rd Wednesday, 7 p.m.	Karen Cornell, (860) 585-3269	
	Summerville at Litchfield Hills	376 Goshen Road	3 rd Tues or Thurs	Susan Patrick (860) 489-8022	Susan.patrick@sslusa.com

**CONNECTICUT CHAPTER
Support Groups**

Town	Location	Address	Meeting Times	Facilitator	Notes
		Torrington, CT 06790	6pm		
Trumbull	Middlebrook Farms	2750 Reservoir Avenue 06611	4 th Wednesday, 1:30-3:00 p.m.	Carol Pines Robin Gajek (203) 268-2400 Jennifer Gillis of Trumbull Senior Services (203) 452-5198	Program available for person with dementia while caregiver attends support group. Call for more information.
	Senior Center	23 Priscilla Place 06611	2 nd Wednesday, 1:30 p.m.	Gail Ondy (203) 452-5134	
Unionville	Farmington Senior Center	321 New Britain Avenue 06085	3 rd Tuesday, 3-4 pm	Gail Yaffee (860) 675-2390	
Wallingford	Masonic Healthcare Center	22 Masonic Ave 06492	1 st Monday at 1:15 p.m.	Beverly Bryda (203) 679-6581 Gail Kallinich (203) 679-6369	General dementia support group
Waterbury	Village at East Farms	180 Scott Road 06705	1 st Wednesday, 6pm 2 nd Tuesday 2pm	Sara D'Uva (203) 756-2969	Respite care available for person with dementia while caregiver attends support group. Call for more information.
	Abbott Terrace Adult Day	44 Abbott Terrace 06702	2 nd Tuesday, 3-4 p.m.	Laura Fasanelli (203) 755-4870	
	Enterprise Apartments	13 Cherry Avenue 06702	4 th Thursday, 2-4pm	Joyce Evan (203) 755-2416	Lesley West 203-575-9799 x 214
Waterbury	Marathon Health Center	177 Whitewood Road 06708	2 nd Tuesday 2-3 p.m.	Zakiyyah Lateef (203) 757-9491	
Waterford	Waterford Senior Services	24 Rope Ferry Road 06385	2 nd Thursday, 10 a.m.	Judy Danao (860) 447-1416	
West Hartford	Hebrew Home and Hospital	One Abrahms Blvd. 06117	1 st Thursday – 2:30 to 3:45 p.m.	Pam Atwood (860) 920-1810 Ruthan Wein Mary Reis	patwood@hebrewhealthcare.org rwein@hebrewhealthcare.org mreis@hebrewhealthcare.org
	Hebrew Home and Hospital	One Abrahms Blvd, 06117	3 rd Tuesday, 6:30 to 7:30 p.m.	Ruthan Wein (860) 523-3818 Mary Reis (860) 920-1848	Couples Early to Mid-Stage Alzheimer's Support Group
Willimantic	First Congregational Church	199 Valley Street 06226	4 th Tuesday, 7 – 8 p.m.	Diane Prue (860) 423-2391	
Wilton	The Greens at Cannondale	435 Danbury Road 06897	1 st Tuesday, 3:30 PM	Eleanora Tornatore-Mikesh (203) 761-1191	

**CONNECTICUT CHAPTER
Support Groups**

Town	Location	Address	Meeting Times	Facilitator	Notes
Windsor	Town of Windsor/LP Wilson Community Center	599 Matianuck Ave 06095	3 rd Tuesday, 6:00-7:30pm Sept – June	Peg Dagsher (860) 285-1839	
	Kimberly Hall North	One Emerson Drive, North Building 06095	2 nd Thursday, 6 – 7:00 p.m.	Kate Bartelmo (860) 688-6443	
Wolcott	Wolcott View Manor	50 Beach Road 06716	Last Monday of the month 6 – 7:00 p.m.	Caroline Martin (203) 879-8066 x241	
Woodbridge	Brighton Gardens	330 Amity Rd 06525	3 rd Monday, 4 – 5 p.m.	Laura Hendricks (203) 389-2911, ext 224	First Meeting - February 19