

CONNECTIONS

“ In *Connections* you can find easily accessible instructions and tips for establishing a base of operations for activities, methods for determining levels of function, specific activities and suggested schedules for someone with a given functional level, and suggested scripts for interacting, redirecting or expanding activities. It will be a valuable guide for both experienced individuals and those encountering this world for the first time.”

Steven T. DeKosky, MD
Vice President and Dean
University of Virginia School of Medicine
Director, Memory Disorders Clinic
University of Virginia

Member, Alzheimer's Association
National Board of Directors

To order *Connections*, fill out the order form and mail it to Alzheimer's Association, PO Box 4634, Charlottesville VA 22905, along with a check, money order or credit card information. Please call 1-434-973-6122 for orders over 15 in quantity.

_____ quantity at \$34.95 **plus** shipping = Total \$ _____

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A Complete
Activities Guide
for Persons
Diagnosed
with Dementia

alzheimer's  association®

Central and Western Virginia Chapter

FOR THE PERSON DIAGNOSED WITH DEMENTIA:

The *Connections Program* offers an opportunity for engagement in meaningful activities for persons diagnosed with dementia. People experiencing memory loss often become bored and frustrated at home.

Easily accessible Activity Stations become an inviting place for exploring past hobbies and interests.

FOR HOME-CARE PROVIDERS:

Home Care Providers will find the tools and necessary knowledge to engage in meaningful activity with persons diagnosed with dementia through the *Connections Program*. Easy to use, color-coded guides, Reminisce Conversation Starters, and a Leisure Interest Survey are all included to help the Home-Health Professional meet the psycho-social needs of persons diagnosed with dementia.

FOR CAREGIVERS AND FRIENDS:

Caregivers and friends are empowered through the *Connections Program* to provide meaningful programs at home for persons diagnosed with dementia. Caregivers learn how to optimize the home environment for success, enhance relationships, and reduce caregiver stress. Extended family and friends gain confidence in their interactions with loved ones through the easy to use three ring binder format.



FOR LONG-TERM CARE FACILITIES:

Connections is easily adapted to long-term care settings and environments. Reminisce Conversation Starters, a Leisure Interest Survey, and a Color-Coded intervention guide are provided for establishing meaningful, person-centered, strength-based programming. *Connections* is evidenced-based and builds on the principles of "Therapeutic Recreation", "Montessori Based Programming for Persons with Dementia™" and "Errorless Learning".

About the Authors *An effective evidence-based toolkit and practical hands-on activity guide.*

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