

Some Walked ... Some Talked ... and Some Played Ball

Personal Effort Returns Big Rewards for Chapter

Fall 2007 was bustling with activity as hundreds of individuals across Central and Western Virginia contributed their personal best to help put an end to Alzheimer's Disease.

Together and...

From Augusta County to Lynchburg, and Page County to Roanoke, walkers stepped out over a series of weekends in late September and early October, raising \$282,000 (and counting) in all at Memory Walk 2007.

Regional offices in Danville, Harrisonburg, Lynchburg, and Roanoke joined the chapter office in Charlottesville to exceed our goal. The money they raised will stay in Central and Western Virginia funding programs to aid caregivers and educate the public.



Joey Lockhart keeps his eye on his goal of shooting 1,000 hoops in honor of his grandmother.

Photo: The Daily Progress



WINA's Jane Foy [L] has Chapter President Sue Friedman do the talking at the Charlottesville Memory Walk.

On their Own

The pavement had barely stopped reverberating from the armies of Memory Walkers when the thump, thump, thump of a basketball player could be heard in University of Virginia's Slaughter Recreation Center. The shooter was car salesman Joey Lockhart and he was intent on completing 1,000 baskets in memory of his grandmother, Lilye Reynolds Saville. By soliciting pledges from friends, family and the general public, Joey's personal effort earned more than \$1,500, every cent going to the Alzheimer's Association.

Taking our cue from these caring individuals our chapter is preparing to "shoot" for even greater success in 2008--our 25th Anniversary year! We invite you to join us.

From the President's Desk

What a lot has happened since our last newsletter!

The sixth annual Alzheimer's Education Conference was held in Harrisonburg, again providing a terrific learning opportunity for professionals in the field. And we celebrated Caregivers Month in November with Just Rewards Day, treating caregivers to massages, yoga and more. We also welcomed Annie Peterson, LCSW, as our new Family Services Director. (We introduce Annie on the next page.)

Meanwhile, our usual full schedule of support groups and chapter programs continued supporting hundreds throughout Central and Western Virginia.

What touched me the most, however, is the difference made by individuals stepping up to contribute on their own. This year, nearly 2,000 volunteers joined Memory Walks in eight locations throughout Central and Western Virginia. I am thrilled to report that they raised \$282,000 (and counting!), making 2007 one of our most successful campaigns to date.

Then there were the personal expressions, such as one local car salesman's unusual, but effective, tribute to his grandmother. Joey Lockhart solicited pledges for basketball hoop shots; 500 three point shots and 500 free throws in all. He completed his 1,000 shots one Sunday morning. Exhausted, but happy, Joey earned nearly \$2,000, money that is now working to defeat the disease that claimed his beloved grandmother. That's Joey shooting baskets on our cover.

We also want to recognize the support of Colonial Auto Center (Simona Holloway-Warren, Michael Barber and H. Carter Myers III) in making it possible for the Association to cost-effectively lease a vehicle for staff travel throughout our 37-county region. This decreases our travel costs and the need for employees to use their personal car for Association work.

While for most of us, giving does not involve four hours of basketball or supporting a vehicle lease, every dollar from every individual or business is just as important as these contributions. Your gift to the Alzheimer's Association is vital to our continued research and services. And I want to personally assure you that your donation does make a difference.

So in closing, please let me wish you and yours a joyous and hope-filled New Year! Together, we will move towards a world without Alzheimer's!



P.S. Did you know that you can create a personal legacy that will continue fighting Alzheimer's for years to come?

To learn how you can leave a bequest to the Alzheimer's Association in your will, please call me at 434.973.6122

central & western virginia chapter

Board of Directors

Ronald Feinman, Esq, *Chair*
E. Williams Pelton II, M.D.,
Vice Chair

Robert D. Gilges, *Treasurer*
Ann Anderson
Elaine Byrd, Ph.D.
Barry N. Moore, Ph.D.
Bob Sack, CPA
William L. Howard, CCIM

Staff

Sue Friedman,
President & CEO

Ellen Phipps, *V.P. Programs and Services*
Annie Peterson, LCSW
Family Services Director
Brett Spitale, *V.P. Development*
Beth Dittmar, *Data/
Communications Specialist*
Cynthia BonDurant, *Lynchburg
Regional Director*
Annette Clark, *Roanoke
Regional Director*
Wendy DeLawder, *Harrisonburg/
Mid-Valley Regional Director*
Melanie L. Vaughan, *Danville
Regional Director*

Meet Annie Peterson, LCSW

Helping families in crisis has been the focus for Annie L. Peterson throughout her young career. No doubt, she has already found considerable opportunity to draw on her experience since accepting the position of Family Services Director with the Central and Western Virginia Chapter in November. As Family Services Director, Annie is responsible for providing leadership for the HelpLine, Care Consultations, Support Groups, Safe Return/Medic Alert, and special programs.



Annie comes to the Alzheimer's Association from the University of Virginia Medical Center's Children's Heart Center where she was a Clinical Social Worker. She has also held that position with the Center's Emergency Department, and was Educational Support Service Clinician for Region Ten, among many other credits. Annie received her Master of Social Work in 2002 from Radford University and became a Licensed Clinical Social Worker (LCSW) in 2006.

And Annie has another area of interest that should come in handy as she jumps into our fast paced office. Each spring for the past two years, she has been the assistant track coach for a local middle school.

Welcome aboard, Annie.

CareSource™

Find the help you need to locate and plan for care with the Alzheimer's Association's online suite of services.

- * Locate licensed facilities in your area with the Senior Housing Finder.
- * Coordinate help from family and friends with Lotsa Helping Hands.
- * Understand care options with Carefinder.
- * Connect with other Alzheimer caregivers on the Caregivers Message Board.
- * Learn new caregiving skills at Caregiving 101.

You'll find all this and more online at www.alz.org/we_can_help.

Attention Senior Housing Providers!

The Alzheimer's Association, in association with SNAPforSeniorsSM, is proud to announce the first national dementia housing database--
the Alzheimer's Association Senior Housing FinderSM.

Launched November 1, 2007 on www.alz.org, the database offers a unique opportunity for providers to raise their visibility among targeted consumers and their advocates searching for dementia care. By taking 20 minutes to fill out a free profile, your facility can receive a detailed full page web listing on the *Senior Housing Finder* FREE.

Visit the "Providers" page on snapforseniors.com or call 206.575.0728 for more information.
SNAP for Seniors is not a placement agency and does not charge for listings, leads or referrals.

www.alz.org/cwva

Memory University

Memory University: Education for Caregivers

Now Accepting Applicants for Spring 2008 Semester

Class Schedule

Registration required

Charlottesville

All classes held at:
The Colonnades
2600 Barracks Rd
Charlottesville, VA
9:30 – 11:30 am
Registration Fee: \$25 covers all classes
& class materials
Ellen Phipps 434.974.6122

January 22
ABC's of Alzheimer's Disease

January 29
Caregiving 101

February 12
**Caregiving and
Communication**

Assisting with Activities of Daily Living:
Bathing, Dressing, Medications and more

February 26
**Diagnosis: Alzheimer's -- Now
What?**

What You Need to Know for Legal and
Financial Planning



March 11
**Maintain Your
Brain**

How to Maintain a Brain
Healthy Lifestyle

March 25
**Planning Activities
at Home**

Roanoke

All classes held at:
Hollins Branch Library
6624 Peters Creek Rd.
Roanoke, VA
1:30 – 2:30 pm
Registration Fee: \$5.00 per class
Annette Clark 540.345.7600

January 7
**Orientation & ABC's of
Alzheimer's**

January 14
Caregiving 101

February 4,
Caregiving 102

Safety for the Caregiver and the Person
with Memory Loss

February 11
Caregiving 103

Dealing Effectively with Communication
and Behaviors

March 3
**Coping with Grief and Loss in
Caregiving**

April 7
Legal and Financial Concerns
Learn legal and financial tools to aid in
planning for long-term care

April 14
**Community Resources & How
to Access
HelpLine 1-800-272-3900**

Harrisonburg

All classes held at:
VMRC
Strite Auditorium
1501 Virginia Avenue
Harrisonburg, VA
Wendy DeLawder 540.437.7444

January 17
**Caregiver Stress: Your Best is
Good Enough**
10:00 – 11:00 am

February 28
Creating a Memory Book
7:00 – 8:30 pm

March 13
**Understanding Behaviors in
Dementia**
10:00 – 11:30 am

April 17
**Communicating with Persons
Diagnosed with Dementia**
1:00 – 4:00 pm

May 15
Partnering with Your Doctor
1:30 – 3:30 pm

June 9
**All Day Training Session
with Teepa Snow**

Especially for Caregivers

Caregiving

*including Long Distance
Caregiving & Caregiver Stress*

Lynchburg

February 28, 2008

Lynchburg College Campus
Brewer Meeting Room

4:00 – 5:00 pm

Cindy BonDurant 434.845.8540

Caregiver Stress Management

Danville

January 23, 2008

United Way Building Meeting Rm
1225 West Main Street

12:00 – 1:00 pm Brown Bag Lunch
and Learn Series

Melanie Vaughan 434.792.3700 x 30

Getting the Help You Need: Community Resources

Danville

January 10, 2008

United Way Building Meeting Rm
1225 West Main Street

12:00 – 1:00 pm Brown Bag Lunch
and Learn Series

Melanie Vaughan 434.792.3700 x 30

Physical Approach & Communication Skills

Harrisonburg

March 21, 2008

2:00 – 3:00 pm

Loyalton of Harrisonburg

Wendy DeLawder 540.437.7444

Lest We Forget (Series)

*Spiritual Care for Families
Touched by Dementia*

Northside Presbyterian Church,

11:30 am – 12:30 pm

Annette Clark 540.345.7600

Cost \$20.00 each, includes lunch
and materials

Bucksburg

Lest We Forget (1 of 4)

ABC's of Alzheimer's Disease

January 10, 2008

Lest We Forget (2 of 4)

*Communication: How to
Comfortably and Effectively
Communicate*

February 14, 2008

Lest We Forget(3 of 4)

Care for the Caregiver

March 13, 2008

Lest We Forget (4 of 4)

*Spiritual Care for the Person with
Dementia and the Caregiver*

April 10, 2008

Living with Grief

Lynchburg

February 21, 2007

Lynchburg College Campus
Brewer Meeting Room

4:00 – 5:00 pm

Cindy BonDurant 434.845.8540

Myths and Realities of Aging

Lynchburg

February 7, 2007

Lynchburg College Campus
Brewer Meeting Room

4:00 – 5:00 pm

Cindy BonDurant 434.845.8540

When Is It Time for a Care Change?

Danville

February 13, 2008

United Way Building Meeting Rm
1225 West Main Street

12:00 – 1:00 pm Brown Bag Lunch
and Learn Series

Melanie Vaughan 434.792.3700 x 30

Maintain Your Brain



Charlottesville

March 18, 2008

The Colonnades

2600 Barracks Rd.

9:30 – 11:30 am

Ellen Phipps 434-973-6122

Concord

January 10, 2008

Thomas Terrace Baptist Church

12:15 – 1:15 pm

Dorothy Shaker 434.993-3692

Danville

February 6, 2008

United Way Building,

Meeting Room

1225 West Main Street

12:00 – 1:00 pm Brown Bag Lunch
and Learn Series

Melanie Vaughan 434.792.3700 x 30

Forest

February 13, 2008

Mountain View United

Methodist Church

Rt. 221, Forest, VA

7:00 – 8:00 pm

Brenda Dixon 434.845.8540

Harrisonburg

March 7, 2008

Virginia Mennonite

Retirement Community

1501 Virginia Avenue

10:00 am – 11:30 am

Wendy DeLawder 540.437.7444

Lynchburg

February 10, 2008

First Presbyterian Church,

VES Road

Fellowship Hall

4:00 pm – 5:30 pm

Cindy BonDurant 434.845.8540

Registration is required for all programs.

All Programs are free and open to the public unless otherwise noted.

10th Annual Bill Howard Golf Tournament

Two-Flight Tournament

Thursday, May 1

Birdwood Golf Course

(all ability levels welcome)

Silent Auction, 4-Course Dinner, Live Auction & Dancing

Friday, May 2

Private country club

(spouses, significant others and dates encouraged to attend)

For tickets and information please call

434.973.6122

All Tournament Proceeds Benefit the

alzheimer's  association
central and western virginia chapter

HelpLine 1-800-272-3900

Introductory Programs

ABC's of Alzheimer's Disease/Overview of Alzheimer's Disease

Blacksburg

March 12, 2008

Warm Hearth Village

2603 Warm Hearth Drive

11:30 am – 1:00 pm

Annette Clark 540.345.7600

Understanding Dementia

Harrisonburg

January 25, 2008

Loyalton of Harrisonburg

2:00 – 3:00 pm

Wendy DeLawder 540.437.7444

Lynchburg

January 14, 2008

Smith Mountain Lake

Newcomer's Club

Trinity Ecumenical Church, Rt. 122

11:00 – 11:45 am

Cindy BonDurant 434.845.8540

Rustburg

February 5, 2008

Hyland Heights Baptist Church

100 English Tavern Road

12:30 pm – 1:30 pm

Cindy BonDurant 434.845.8540

March 20, 2008

United Way Building Meeting Rm

1225 West Main Street

Noon – 1:00 pm Brown Bag Lunch and Learn Series

Melanie Vaughan 434.792.3700 x 30

Everything You Always Wanted to Know

About Alzheimer's Disease but Were Afraid to Ask

Harrisonburg

April 14, 2008

Bridgewater Ret Comm

1:30 – 3:30 pm

Wendy DeLawder, 540.437.7444

Aging + Memory: What's Normal and When Should I Be Worried?

Lynchburg

January 13, 2008

First Presbyterian Church, VES Rd

Fellowship Hall

4:00 – 5:30 pm

Cindy BonDurant 434.845.8540

MCI – What Is It and How Do We Treat It?

Roanoke

April 17, 2008

Carilion Center for Healthy Aging

Carilion Rehabilitation Center

2013 South Jefferson Street

2:00 – 4:00 pm

Annette Clark 540.345.7600

Aging and Memory: What's Normal and When Should I Be Worried?

Part I

Charlottesville

April 7, 2008

ACAC - Seminole Trail,

Noon – 1:00 pm

Ellen Phipps 973-6122

Part II

Charlottesville

April 21, 2008

ACAC - Seminole Trail

Noon – 1 :00 pm

Ellen Phipps 973-6122



Legal & Financial/Estate Planning

Charlottesville

January 15th
Vitt Law Offices, PLC
880-A Rio East Court
(near Putt Putt behind Alltel bldg.)
*Two sessions available,
please register for either:*
10:00 – noon *or*
7:00 – 9:00 pm
434.971.3025
www.vittlaw.com

Forest

March 5, 2008
Mountain View United
Methodist Church
Rt. 221.
7:00 – 8:00 pm
Cindy BonDurant 434.845.8540

*Be sure
to see
"Memory U"
on Page 4!*

Coping & Treatments

Partnering with Your Doctor

Roanoke
February 20, 2008
Loyalton of Roanoke
3585 Brambleton Ave.
2:00 – 3:30 pm
Annette Clark 540.345.7600

Respite Care Grants for Caregivers

Financial assistance grants of \$500 per family per year are available through June 30, 2008. In addition, a second grant may be available if funds remain!

Funded by the Alzheimer's Disease Demonstration Grant to States (ADDGS) through the Virginia Department for the Aging, Respite Care grants are available to eligible families

The money may be used to pay for overnight care in a facility, in-home help or adult day care.

For more information or an application, please contact the Alzheimer's Association office nearest you or 1.800.272.3900

Know Your Charity

Please know that unless you see

alzheimer's  association
central and western virginia chapter

Your donation is not going to the Central and Western Virginia Chapter of the Alzheimer's Association

The following organizations are NOT affiliated with the Alzheimer's Association:
American Health Assistance Foundation • Alzheimer's Foundation of America - AFA
• Leeza's Place • Project Cure

If you have any questions, please call
the Alzheimer's Association Central and Western Virginia Chapter at 434.973.6122.

HelpLine 1-800-272-3900

Professional Training & In-Service

Building Skills for Dementia Care:

*Dementia Care Training for Direct Care Staff**

Charlottesville
March 8 & 15 2008
PVCC
9:00 am – 4:00 pm
Lyn Van der sommen
434.961.5284

Danville

February 21, 2008
United Way Building Meeting Rm
1225 West Main Street
12:00 – 1:00 pm Brown Bag Lunch
and Learn Series
Melanie Vaughan,
434.792.3700 x 30

Understanding Behaviors in Dementia

Harrisonburg
January 3, 2008
Living Waters Assisted Living
379 N. Main Street
Tmberville, A
1:30 – 2:30 pm
Wendy DeLawder
540.437.7444

*Building Skills for Dementia Care is \$45 per person per class unless otherwise noted.

Registration is required for all classes.

For more information, or to schedule a class at your facility, please call your local office or 1-800-272-3900.

Environment & Safety Foundations for Dementia Care

Harrisonburg
February 8, 2008
Loyalton of Harrisonburg
2101 Deyerle Ave
1:30 – 3:00 pm
Wendy DeLawder
540.437.7444

Bridgewater
April 9, 2008
Bridgewater Ret.Com.
302 N. Second Street
9:00 – 3:30 pm
Wendy DeLawder 540.437.7444

Foundations Training: Improving Communication

Harrisonburg
February 22, 2008
Greenfield Reflections
304 Bowman Mill Road
Strasburg
2:00 – 3:00 pm
Wendy DeLawder
540.437.7444

Harrisonburg
April 17, 2008
Virginia Mennonite Ret Comm
1501 Virginia Avenue
1:00 – 4:00 pm
Wendy DeLawder 540.437.7444

Dementia Basics

Lynchburg
February 7, 2008
The Oaks
Murrell Road
2:30 – 3:00 pm
Cindy BonDurant 434.845.8540

Support Groups & Resources

Albemarle/Charlottesville

Aldersgate United Methodist Church
1500 East Rio Road
Tuesdays, 1:30 – 3:00 pm
Dawn Rigney 434.973.5806

Alzheimer's Association Office
674 Hillsdale Drive, Suite 1
1st & 3rd Tuesdays, 9:30 – 10:30 am
Annie Peterson 434.973.6122

Colonnades
2600 Barracks Road
2nd & 4th Thursdays 1:30–3:00 pm
Annie Peterson 434.973.6122

Senior Center, Inc.
1180 Pepsi Place
4th Mondays, 1:00 – 2:30 pm
Madeleine Chandler 434.243.4646

Zion Hill Baptist Church
Cismont
3rd Saturdays, 10:00 – 11:30 am
Martha Yates 434.974.6209

For persons with early stage memory loss

Club Pathways
JABA
674 Hillsdale Dr. Suite 5
Suzanne Brower, 434.817-5267

Early Memory Loss Support Group
Call for registration and information
Ellen Phipps 434-973-6122

NEW

The Breakfast Club
Memory Classes and more!
For information and registration,
call Ellen Phipps 434-973-6122

Allegheny

Adult Care of Highlands
Moody Building, 550 Pine Street
Clifton Forge
3rd Mondays, 7:00 – 8:00 pm
Sarah Young 540.962.7626

Augusta

Birch Gardens
12 Royal Drive, Fishersville
4th Tuesdays, 7:00 – 9:00 pm
Terry Team 540.949.4151

Bedford

Carillion Adult Care Center
1617 Oakwood Street
3rd Mondays, 3:00 – 4:00 pm
Annamarie Hackman 540.587.3409

Blacksburg

VA Tech Adult Day
102 Wallace Hall
1st and 3rd Mondays, 7:00 – 8:00 pm
Allison Gallway 540.231.3161

Bridgewater

Bridgewater Retirement Community
Houff Community Center
2nd Wednesdays, 10:00 – 11:30 am
Wendy DeLawder 540.437.7444

Culpeper

Amerisist of Culpeper
215 Southbridge Parkway
3rd Thursdays, 10:00 – 12:00 noon
Lynette Scott, 540.825.3100 x.3464

Danville

Loyalton of Danville
432 Hermitage Dr.
1st Tuesdays, Noon (with lunch)
3rd Tuesdays, 5:00 pm
Melanie Vaughan 434-792-3700, x 30

NEW

Franklin County

Franklin County Library
Franklin Street, Rocky Mount
4th Thursday, 1pm
Lynn Loveland 540.483.3333

Harrisonburg

Park Gables @ VMRC– Conference Room
1491 Virginia Avenue
4th Tuesdays, 7:00 – 9:00 pm
Wendy DeLawder 540.437.7444

Generations Crossing
Parkview Mennonite Church
1600 College Avenue
1st Thursdays, 9:00 – 10:00 am
Jeannette Suter 540.820.2273

Sunnyside Retirement Community
3935 Sunnyside Drive
3rd Thursdays, 2:00 – 3:00 pm
Wendy DeLawder 540.437.7444

Louisa

Louisa Library
Davis Highway, Mineral
3rd Tuesdays, 1:00 – 2:30 pm
Annie Peterson, 434.973.6122

Lynchburg

The Oaks
2249 Murrell Road
1st Mondays, 6:00 pm
Judy Maddox 434.846.6611

Medical Care Center
2200 Landover Place
2nd Tuesdays, 7:00 pm
Sandy Abbott 434.846.4626

The Summit*
Two Groups: One for Persons with Memory Loss;
One for Caregivers
Community Room, 2nd floor
1400 Enterprise Drive
2nd Wednesdays, 3:30 pm
Karen Preston 434.582.1503

Westminster–Canterbury
Weissert Chapel
501 V.E.S. Road
3rd Fridays, 10:00 am
June Harvie–McNamara 434.386.3544

HelpLine 1-800-272-3900

Support Groups & Resources

Lynchburg/Amherst

Fairmont Crossing Health
and Rehab Center
173 Brockaman Park
Amherst, VA 24521
4th Tuesday, 6:00 pm
Melissa Morris 434.946.2856

Lynchburg/Forest

Runk & Pratt Forest
208 Gristmill Drive
2nd Mondays, 6:00 pm
Coleen Wheeler 434.385.8506

Martinsville

Southern Area Agency on Aging
204 Cleveland Ave.
2nd Wednesday, Noon
Carolyn Scales 276.632.6442

Orange

Lake of the Woods Church
Activity Center, Locust Grove
3rd Wednesdays, 10:00 – 11:00 am
Olga Soehnjen
540.374.8200 (office) or
540.226.9681 (cell)

NEW

Amerisist of Orange
3rd Wednesdays, 10:00 – Noon
Ann Anderson 540.832.7806

NEW

The Village at Gordon House
501 North Main Street, Gordonsville
3rd Tuesday, 10:30 – 12:00 noon
Ann Anderson 540.832.7806

Roanoke

Alzheimer's Association
2728 Colonial Ave, Suite 2
Last Mondays, 5:30 – 6:30 pm
Kelli Ramsey 540.343.4900

Liberty Adult Care Center
2707 Williamson Rd
4th Tuesdays, 1:30 – 3:00 pm
Annette Clark 540.345.7600

Roanoke Memorial Rehab.
Corner of Belleview and Jefferson
2nd Saturdays, 10:00 – 11:30 am
Jill Bass 540.981.7653

For persons with early stage memory loss

Center for Healthy Aging
S. Jefferson & McClanahan St.
3rd Tuesday, 4:00 – 5:00 pm
Annette Clark 540.345.7600

Salem

Adult Care Center of Roanoke Valley
1970 Roanoke Blvd, Building 76
2nd Tuesdays, 1:30 – 3:00 pm
Annette Clark 540.345.7600

Staunton

Loyalton of Staunton
1900 Hillsmere Lane
4th Tuesdays, 12:30 am – 1:30 pm
Vickt Armstrong 540.885.9500

NEW

Strasburg

Greenfield Reflections
304 Bowman Mill Road
3rd Sunday, 2:30 pm – 3:30 pm
Wendy DeLawder 540.437.7444

NEW

Timberville

Timberview Crossing
351 New Market Rd
1st Mondays, 6:00 – 7:00 pm
Tina Conner 540.896.9858

Warrenton

Adult Day Care
430 E. Shirley Ave.
1st Wednesdays, 10:00 – 11:30 am
Molly Snurr 540.347.2797

Waynesboro

Daily Living Center
998 Hopeman Parkway
3rd Monday, 3:00 – 5:00 pm
Terry Team 540.949.4151

Woodstock

Shenandoah Memorial Hospital
Hospital Library, 759 South Main
Street
1st Thursday, 7:00 – 9:00 pm
Mertie Funkhouser & Nan Hilton
540.856.2654

Skyline Terrace
123 Lakeview Drive
2nd Wednesdays, 6:00 – 7:00 pm
Crystal Brinkley 540.459.3738



From a painting by the Early Stage Memory Loss Group.

Save the Date!

Save the Date!

Sharing the Challenge: Tools for Successful Caregiving

Tuesday February 27 and Wednesday, February 28, 2008

8 a.m. – 4 p.m.

Doubletree Hotel, 990 Hilton Heights Road

Charlottesville, VA 22901

All professional caregivers including licensed staff, nursing assistants and management in acute, community and long-term care settings are WELCOME!

Cost: \$50.00 per day, \$90.00 for two days, including meals.

For more information call Ellen Phipps, 434.973.6122

▲ ▲ ▲ ▲

And mark your calendar now for ...

April 10 -- A Chamber Event: Designing Your Future: A Family Toolkit for Aging Your Way

April 24 -- Healthy Aging (Danville)

May 1 & 2 -- 10th Annual Bill Howard Golf Tournament! (Charlottesville)

May 22 & 23 -- Annual Alzheimer's Conference (Lynchburg College)

Nov. 5 -- Annual Education Conference (James Madison University, Harrisonburg)

More on all these events soon!

Change Service
Requested

Central and Western Virginia Chapter
674 Hillisdale Drive, Suite 1
Charlottesville, VA 22901