

Support Groups for Caregivers and Persons with Memory Loss

* To keep up to date on Support Group additions and changes, please sign up for our E-Newsletter by visiting www.alz.org/cwva.

* Please call to confirm the date, time, and location as these listings may change from time to time.

* Some support groups offer respite care, call to ask the facilitator listed.

Blacksburg

VA Tech Adult Day Care Center
102 Wallace Hall
1st and 3rd Monday
7:00pm-8:00pm
Alison Galway (540) 231-3161

Bridgewater

Bridgewater Retirement Community
Houff Community Center
302 North 2nd St.
2nd Wednesday
10:00am-11:30am
Annie Marrs (434) 973-6122, ext. 105

Buchanan

Buchanan Presbyterian Church
19559 Main St.
1st Thursday
7:00pm-8:00pm
Marina Gopadze (540) 254-1320

Charlottesville

Aldersgate United Methodist Church
1500 East Rio Rd.
Every Tuesday
1:30pm-3:00pm
Dawn Rigney (434) 960-0531

Alzheimer's Association Office
1160 Pepsi Pl., Suite 306
1st and 3rd Tuesday
9:30am-11:00am
Annie Marrs (434) 973-6122, ext. 105

Christiansburg

Christiansburg Recreation Center
1600 North Franklin Rd.
3rd Wednesday
12:30pm-1:30pm
Alison Galway (540) 231-3161

Wheatland Hills Assisted Living
201 Wheatland Court
3rd Thursday
5:30pm-6:30pm
Amanda Fields (540) 382-5200

Culpeper

Powell Wellness Center
Conference Room
1005 Golf Dr.
3rd Tuesday
6:00pm-7:30pm
Annie Marrs (434) 973-6122, ext. 105

Danville

Alzheimer's Association/United Way
308 Craghead St.
1st Tuesday
Noon - 1:00pm
Barbara Wright (434) 228-0298

Emeritus at Danville
432 Hermitage Dr.
3rd Tuesday
6:00pm - 7:30pm
Allie Bingert
(434) 791-3180

Edinburg

Our Place
508 Piccadilly St.
2nd and 4th Wednesday
2:00pm-3:00pm
Mertie Funkhouser (540) 856-2654

Fluvanna

Coming Soon - Call Annie Marrs to share your interest.
(434) 973-6122, ext. 105

Franklin/Rocky Mount

Franklin County Library
Rocky Mount
4th Thursday
1:00pm-2:00pm
Annette Clark (540) 345-7600

Gretna

Gretna Christian Church
Social Hall
111 Leftwich St.
1st Tuesday
6:30pm-8:00pm
Pat Davis (434) 250-6604

Harrisonburg

Generations Crossing
Massanutten Springs Rd.
1st Wednesday
9:00am-10:00am
Annie Marrs
(434) 973-6122, ext. 105

Emeritus of Harrisonburg
4th Tuesday
2101 Deyerle Ave.
6:30pm-8:00pm
Maggie Amick (540) 574-2981

Sunnyside Retirement Community
Highlands Building
3935 Sunnyside Dr.
3rd Thursday
2:00pm-3:00pm
Annie Marrs (434) 973-6122, ext. 105

Hillsville

Wheatland Hills Assisted Living
100 Kyle Dr.
3rd Tuesday
3:00pm-4:00pm
Sandy Hill (276) 728-5333

Lexington

Kendall at Lexington
Sunnyside House
170 Kendal Dr.
2nd Thursday
2:00pm-3:30pm
Cathy Lewis (540) 464-2609

Join our Breakfast Club in Charlottesville

For individuals with memory loss and their family.
The English Inn
200 Morton Dr.
Charlottesville
1st Wednesday
8:30am - 10:00am
Call Mary Cail for information
(434) 978-1896
**The Inn's Breakfast Buffet is \$6.54*



Locust Grove

Lake of the Woods Church
1 Church St.
3rd Wednesday
10:00am-11:30am
Norma Ervin (540) 972-0652
Call in interested in an evening group.

Louisa

Amersist of Louisa
440 West Main St.
2nd Monday
1:00pm - 2:30pm
Jane Unbehagen (540) 872-2394

Luray

Page County Chamber of Commerce
18 Campbell St.
4th Tuesday
2:00pm - 3:30pm
Barbara Applegate (540) 778-1288

Lynchburg

Heritage Green
200 Lillian Lane
1st Tuesday
6:00pm-7:00pm
Annette Clark (540) 345-7600

The Summit
Community Room, 2nd floor
1400 Enterprise Dr.
2nd Wednesday
2:00pm-3:30pm
Brenda Dixon (434) 385-0321

Westminster-Canterbury
501 V.E.S. Rd.
Weissert Chapel
3rd Thursday
10:00am-11:30am
June Harvie-McNamara (434) 846-6270

Madison

Piedmont Episcopal Church
214 Church St.
Date and time to be announced.
Jane Dalton (540) 923-4552

Martinsville

Southern Agency on Aging
204 Cleveland Ave.
2nd Wednesday
Noon-1:00pm, refreshments provided
Carolyn Scales (276) 632-6442

Radford

Wheatland Hills Assisted Living
7486 Lee Highway
2nd Tuesday
10:00am-11:00am
Becky Wheeler (540) 639-2411

Roanoke

Center for Healthy Aging
2001 Crystal Spring Ave., Suite 302
2nd Saturday
10:00am - 11:30am
Jill Blass (540) 981-7653

Center for Healthy Aging
2001 Crystal Spring Ave., Suite 302
3rd Tuesday
4:00pm - 5:00pm
Leah Mayne & Kathy Wolford
(540) 981-7653

Salem

Adult Care Center of Roanoke Valley
2321 Roanoke Blvd.
2nd Tuesday
1:30pm-3:00pm
Alison Szuba (540) 981-2350

Smith Mountain Lake

Trinity Ecumenical Church
40 Lakemount Dr. at Rt. 122
1st Monday
3:00pm - 4:00pm
(2nd Mon. if 1st Mon. is a holiday)
Lynn Tarbell (540) 297-9215
Tami Akin (540) 721-4330

Sperryville

The Link
12018 Lee Highway
1st and 3rd Thursdays
10:00am - Noon
Larry Stillwell (540) 675-2531

Staunton

Emeritus of Staunton
1900 Hillsmere Ln.
3rd Thursday
6:30pm - 8:00pm
Wendy DeLawder (540) 885-9500

Warrenton

Adult Day Care
430 East Shirley Ave.
1st Wednesday
10:00am - 11:30am
Molly Snurr (540) 347-2797

Waynesboro

Daily Living Center
990 East Hopeman Parkway
3rd Monday
3:00pm - 5:00pm
Terry Team (540) 949-4151

Woodstock

Consulate Health Care
803 South Main St.
3rd Wednesday
2:30pm - 3:30pm
Donielle Weatherholtz
(540) 459-5676

Skyline Terrace
123 Lakeview Dr.
3rd Tuesday
6:00pm - 7:00pm
Crystal Brinkley (540) 459-3738

Call (800) 272-3900 to learn about new support groups and education programs. Or email Annie Marrs, Family Services Director annie.marrs@alz.org.

