

Grief ♥ Recovery®

The Action Program for Moving Beyond Loss

One of the least acknowledged and
addressed concerns in our society is

GRIEF

(The normal and natural reaction to loss.)

Whether your loss is from:

- Death of a loved one • Divorce or end of a relationship
- Loss of career • Loss of a substance dependency • Loss of trust
- Loss of dreams • Loss of security • Loss of health

Grief will continue to affect our lives and the lives of those around us adversely. When we are **forced** to accept the many MYTHS ABOUT GRIEF:

Time heals all wounds

Replace the loss

Grieve alone

Be strong for others

Bury your feelings

The Outreach program will guide those who wish to resolve their loss issues & move beyond their grief, to a richer quality of life.

This program is being provided by the

Crossroads Hospice Charitable Foundation

There is no cost to participants.



THE 9 WEEK PROGRAM SCHEDULE IS:

FRIDAYS FROM SEPTEMBER 15, 2017 – NOVEMBER 10, 2017

2:00PM – 4:00 PM

ALZHEIMER'S ASSOCIATION

31 W. WHIPP ROAD

DAYTON, OH 45459

**IF INTERESTED IN PARTICIPATING PLEASE CALL KAY FRALEY, M.DIV., M.ED.
CROSSROADS HOSPICE, 937-432-2304
SPACE IS LIMITED.**