

2008 Newsletter - Issue 2 * For our donors, volunteers, advocates and friends in the Alzheimer's community.



The Miami Valley Chapter brought over 50 advocates to the Ohio Statehouse for Memory Day on April 8. Memory Day is the annual legislative day where advocates across Ohio voice their concerns on behalf of those living with dementia and their caregivers. One of our groups meets with Senator Austria (above): From L to R - Gail Welsh, Rebecca Carraher, Senator Steve Austria (R-10), Vickie Carraher, Jane Eckels, Charles George, Mary Staring, John Downs & Lynds Staring.

Legislation Passed: Silver Alert Bill (SB 87)

On Friday, March 21, 2008, Governor Ted Strickland signed into law Senate Bill 87, also known as the "Silver Alert" Bill, which will create a statewide emergency-alert

(Continued on page 8)

Antibiotics & Dementia

Almost half of people with advanced dementia in nursing homes receive antibiotics in the last two weeks of life, a new study says.

(Continued on page 3)

Creating Opportunities for Activities at Home

The person living with Alzheimer's disease (PLWD) is often at home for quite a long time, sometimes years, before either needing institutional

(Continued on page 4)

Moving Toward Hope

The power of healing can come from a simple story!

By Eric VanVlymen, MSW, Assoc. Dir. of Programs

On the trip back from the State House for Memory Day, I was seated next to a dedicated caregiver turned advocate. "Tell me your story," I politely asked.

He explained the overwhelming stress he felt as a caregiver and how he found help when a friend invited him to a Alzheimer's support group.

Now, he joins 12-15 caregivers who gather to share their stories, ideas for coping, and strategies for caring and invites others to attend. Why?

By sharing his story, he helps people move towards hope.

The Alzheimer's Association, Miami Valley Chapter has many programs that came from people like him expressing their needs. Today, we share four stories and the new programs they inspired.

Lauren Kessler, Author of Dancing with Rose
Speaker for our Annual Family Forum and Professional Symposium (Nov 6-7, 2008)

Seven years after Lauren's mom

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a note from the executive director

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Dear Reader:

I just heard today on the way to work that we should not plant flowers until after May 15th because of the possibility of frost! That's hard for me to imagine, as it actually seems like spring has finally "sprung" in the Miami Valley. I love watching the trees bloom and the spring flowers sprout and realizing that summer is near.

The Chapter is also in the midst of a "spring season." Chapter trustees and management staff are working diligently to develop our strategic plan and work plan for the next three years. The plan is based on our national organization's goals and includes "localization" of strategies and metrics. (For those of you of my generation, that means objectives and action steps.)

The shared goals are:

- Increasing Concern and Awareness of the Disease and the Association
- Advancing Advocacy
- Enhancing Care and Support
- Accelerating Research
- Growing Revenue and Support of the Mission

The task is truly challenging because of the realization that as much as we

would like, we cannot be all things to all those needing service. What we are striving to be is the very best in three fairly broad areas – assistance, connection and education. Concentrating on these areas enables us to continue to offer high quality core programs as support groups and Help*Line, our Family Assistance Program and education for caregivers and professionals. If the chapter does not offer a service you are seeking, we will continue to work diligently to make sure you receive it elsewhere.

In order to continue to offer the highest quality programs/services, we also need to continually raise more dollars. We will be researching additional funding opportunities and collaborating with our national in Chicago in a Shared Fundraising program beginning July 1, 2008. We are truly one organization and will work together to raise funds for our full mission of eliminating Alzheimer's disease through the advancement of research; providing and enhancing care and support for all affected; and reducing the risk of dementia through the promotion of brain health.

One special way in which we are raising additional funding is by holding our once every 25-year gala celebrating our 25-year history May 16, 2008. Teresa Thomas, Development Director, and I are truly

(Continued on page 3)

Alzheimer's Association Miami Valley Chapter Staff

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Judy Turner

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Our Mission:

To eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

Antibiotics and Advanced Dementia

(Continued from page 1)

The findings, published in Archives of Internal Medicine, are unclear as to whether antibiotics are beneficial in improving the quality of life or prolonging life. Risks associated with antibiotic use, including pain and side effects, are a concern with this therapy. So, too, is the increasing issue of antibiotic resistance caused by frequent usage.

The Alzheimer's Association encourages families to engage in advance planning for care as soon as possible after an Alzheimer or dementia diagnosis. Comprehensive planning includes documenting an individual's wishes regarding medical treatments and interventions in the advanced stages of dementia. Everyone involved must weigh the benefits and burdens of antibiotics during the

different stages of the disease, particularly at the end of life.

The routine use of antibiotics, often given intravenously for advanced stage patients, can result in significant adverse effects. One such effect is the development of drug-resistant bacteria that can become a health threat to others.

It is very important that every person's desires regarding end-of-life care, cultural and religious traditions, functional capabilities and health status be acknowledged and included in their care decisions. When making these decisions, the family should include input from the broader care team that weighs the potential benefits and burdens of care.

A Note...

(Continued from page 2)

in awe of the fantastic volunteers who are chairing this event and serving on the committee. I have been involved in the non-profit world for many years and have never worked with a team of volunteers who have put in as much effort and creativity as have these women and men. Thank you to each of you! Special thanks to Wanda Willis, Cindy Wagner, Beth Hutter and Susan Sauer, event chairs. They have done so much for the chapter these last months that we never could have accomplished without them, and we are eternally grateful.

We are also thankful for the chapter's founders, Lou Froelich, Molly Boyenga and Doris Palm and for the chapter's

first executive Director, Sharon Bacon, for all they did in the early years of the chapter's history. Lou's sons, Gary and Jeff will be in the audience the night of the gala, and I know their father would be proud of the support and assistance they have provided to the chapter throughout the years.

So many individuals and organizations have stood by the chapter these last 25 years, and staff and the Board of Directors join me in thanking each and every one of you. Now, on to summer and to the next 25 years!



Check online at

www.clinicaltrials.gov

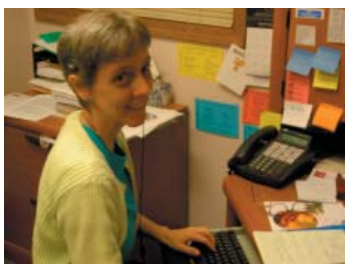
to locate national and local research and clinical trials. As of the printing of this newsletter, there are over 100 current clinical trials that are recruiting participants in the U.S.

**local research
in dayton, oh**

**Valley Medical
Primary Care**

Contact:

Cindy Whittington
(937) 208-8298



(Velma Barber is the Helpline Specialist for the Miami Valley Chapter. She has worked for the Association for 3 years.)

Connecting you to the local services you need. Family Assistance staff work to help you in your unique situation!

Please call our 24/7 Help*Line at (800) 272-3900 or (937) 291-3332.

Activities at Home

(Continued from page 1)

care or passing away. Just like everyone else, the PLWD needs to feel a sense of accomplishment and to succeed. Here are a few things that can help the PLWD family member feel productive and stay active in the home. Please keep in mind that these are only suggestions – always remember that safety and common sense must prevail when planning activities for the PLWD:

- Fold clothes** – This is not only an activity that is very basic, it's also a good range-of-motion exercise for arms and shoulders, and a good trunk strengthening and upper body balance exercise.
- Unload the dishwasher** – If your dishwasher contents are complex, have

the PLWD sort the silverware.

- Fill bird feeders** – There is nothing like a little touch of nature to help everyone connect, both the PLWD and other family members.

- If the PLWD is able, run the vacuum in an "easy" area** – Don't expect them to be able to get into little nooks and crannies

- Pet care** – Assisting with feeding and brushing dogs and cats is also very therapeutic.

- Raking leaves or sweeping walkways**

- Assemble a model** – There are simple, inexpensive, snap-together car and airplane models available at most hobby and toy stores, and they have huge appeal, especially to the male PLWD.

- Get outside!** Nothing can be more therapeutic than something as simple as fresh air.

This list is not all-inclusive; you'll need to be a little creative to find things that are most appropriate for your loved one. The most important thing to remember that even if the PLWD's faculties are diminishing on a daily basis, there's still a person in there. And that person needs to feel loved, important and productive.

(Contributor: Karen Hanson, COTA/L is a Certified Occupational Therapy Assistant at Wood Glen Alzheimer's Center in Dayton, Ohio. She is 50 years old and not only works with persons living with Alzheimer's disease (AD), but her father is also afflicted with AD. She is a published newspaper columnist and freelance writer and looks forward to providing articles and information regarding AD to the community in the future.)

Editors Note: To read the complete article, please email Whitney at whitney.taverna@alz.org.

Eligibility for Assisted Living Medicaid Waiver Program Expands

Columbus, Ohio – The federal Centers for Medicare and Medicaid Services has approved amendments to the Ohio Department of Aging's Assisted Living Medicaid Waiver Program that, among other provisions, allows the department to open the program to current assisted living facility residents who have qualified for Medicaid, but otherwise would have been required to move to a nursing home for care under the old guidelines.

The Assisted Living Waiver Program, launched in July 2006, was initially open to

eligible individuals currently residing in a nursing facility or enrolled in a home- and community-based waiver program, such as PASSPORT, Choices or Home Care. The approved amendments expand eligibility to include individuals who have been current residents of Ohio assisted living facilities for at least six months.

For information contact the Area Agency on Aging for our nine-county region by calling toll-free at 800.258.7277.

Moving Toward Hope...

(Continued from page 1)

died from Alzheimer's, the literature professor and author, took an assisted living care aide position. She hoped to work through her mother's loss to Alzheimer's, but instead found "life in the land of Alzheimer's." Her story is a powerful weaving of insights as a daughter and caregiver in a facility and a friend to people living with Alzheimer's.

Now, Lauren will share her story as keynote speaker at the Annual Family Forum and Professional Symposium in November 2008.

Alice Stryker, Husband with an Atypical Dementia

Beginning a new support group for people facing frontotemporal dementia.

After years of misunderstanding and misdiagnosis, Alice shares how finding the right dementia diagnosis made a huge difference in care for her husband, Roger. She faced difficulties including loss of income, fights for disability, doctors who misdiagnosed, and eventual placement of her husband in a nursing home at 55 years old.

Hope came though, when the Alzheimer's Association led her to a doctor who diagnosed Roger accurately. Now a new support group for people facing this atypical dementia will begin in May (see page 6 for the support group information).

People Living with Dementia

Beginning a 2nd support group for people in the early stages of dementia

Three years ago, one person living with dementia voiced that our programming was primarily focused on caregivers. Now our Chapter

offers a support group, an education program, and an annual conference for people living with dementia.

As our first group has grown to 10-15 individuals, the group has spoken again. The second early stage group in Vandalia (along with a caregiver group) will begin in May. (See page 7 for details)

Caregivers Unable to Attend Association Programs

New phone education program

Thousands of people in our area are isolated because of the 24/7 caregiver role. The caregivers need support and education but cannot access it due to having no help with respite care.

Doris Jones, Director of Marketing at

St. Leonard wanted to do something so she offered to cover the costs of using teleconference technologies. By sharing their stories, new avenues of hope for people unable to attend programs were found. (See inset below)

What's your story?

Many people choose to not tell others about what they are going through, but when that happens you stop the power of the story from changing our community and those who can help make a difference. As you can see, by sharing your story and your many experiences, you can begin the power of healing for others walking a similar journey. Would you like to share your story? Send it to eric.vanvlymen@alz.org or call him at (937) 291.3332 or (800) 272.3900.

alzheimer's  association®

★ Education for Dementia Caregivers

Communication

- Tips for Successful Caregiving

June 26, 2008 - 3:00 p.m. or 6:30 p.m.

Only 15 spaces available for each program.

With Julie Worley, MA, Director of Family Assistance
Velma Barber, LSW, Helpline Specialist

Place: By phone - When you RSVP you will be given the information for the call-in program. Phone education helps you save money on gas and allows those who need respite to participate.

RSVP: Velma Barber at (937) 291.3332 or (800) 272.3900 or by email velma.barber@alz.org.

Cost: No cost due to the generous support of St. Leonard, A Senior Living Community.

Ideas: Interested in other topics? Contact Eric VanVlymen, Assoc. Dir. of Programs to tell him what you need. (937) 291.3332 or eric.vanvlymen@alz.org.



memory loss support groups for caregivers

Champaign

Urbana Support Group
Sterling House of Urbana
609 E. Water St, Urbana

1st Wednesday * 7:00 p.m.

Becky Smith

Clark

Mercy/Wittenberg Support Group
Petticrew Ctr for Adult Care
100 W. McCreight Ave, Springfield

2nd Thursday * 4:00 p.m.

Gilda McKenzie

Respite Care Provided - 399-9910

North Springfield Support Group

Grace Lutheran Church
1801 St Paris Pike, Springfield

3rd Tuesday * 6:00 p.m.

Ann Mefford, Gail Welsh

West Springfield Support Group

Pathways Ctr - Masonic Home
2 Fraternal Cir, Springfield

2nd Monday * 1:00 p.m.

Jane Eckels, Dawn Suchland

Darke

Greenville Support Group
Brethren Retirement Community
750 Chestnut St, Greenville

3rd Wednesday * 4:00 p.m.

Betty Via, Melissa Benline

Versailles Support Group

Versailles Health Care Ctr
200 Marker Rd, Versailles

1st Thursday at 6:30 p.m.

Carol Lear

Greene

Fairborn Support Group
Fairborn Senior Ctr
325 N. Third St, Fairborn

3rd Wednesday * 12 Noon

Pam Dorsten

Xenia Support Group

Hospitality Homes
1301 N. Monroe Dr, Xenia

1st Monday * 7:00 p.m.

Frannita Porter

Logan

Bellefontaine Support Group

Logan Acres
273 County Road 91, Bellefontaine

2nd Tuesday * 6:30 p.m.

Cathy Riegel, Donna Lewis

Miami

Tipp City Support Group

SpringMeade Health Ctr
4375 CR 25A, Tipp City

3rd Tuesday * 4:00 p.m.

Sandy Pena

Troy Support Group

Troy Church of the Brethren
1431 W Main St, Troy

1st & 3rd Wednesdays * 4:00 p.m.

MaryAnn Mishler, Darla York

Respite Care Provided - 778-3680

Montgomery

Brookville Support Group

Brookhaven Community Rm
1 Country Ln, Brookville

3rd Tuesday * 6:00 p.m.

Carol Foreman, Denise Henderson

Centerville Support Group

St. Leonard
8100 Cloy Rd., Centerville

1st & 3rd Wednesdays * 1:00 p.m.

Norma Luther

Respite Care Provided - 439-7146

Englewood Support Group

Englewood Health Ctr's Com Rm
1250 W. National Rd, Englewood

2nd Tuesday * 6:30 p.m.

Nancy Wahl

Farmersville Support Group

Farmersville Senior Ctr
49 E Walnut St, Farmersville

Last Tuesday * 1:00 p.m./7:00 p.m.

Lou Izor, Pat Spencer

Huber Heights Support Group

North Huber Heights Baptist Church
6193 Taylorsville Rd, Huber Heights

1st & 3rd Thursdays * 7:00 p.m.

Joy Wilcox, Walt Saxe

Kettering Support Group

Good Shepherd Church
901 E. Stroop Rd, Kettering

Every Tuesday * 7:00 p.m.

Dennis Wiseman

Miamisburg Support Group*

Alzheimer's Association
3797 Summit Glen Dr, G100, Dayton

2nd & 4th Thursday * 10:30 a.m.

Judy Kalthoff, Darrell Grapes

*Early Stage Support Group held
at same time as Caregiver SG

North Dayton Caregiver SG

Maria Joseph Center
4830 Salem Ave, Dayton

1st & 3rd Wednesdays * 2:00 p.m.

Sr. Alice Shoettelkotte

Respite Care Provided - 275-4626

Shelby

Sidney Support Group

Dorothy Love Retirement Comm.
3003 W. Cisco Rd, Sidney

4th Thursday * 7:00 p.m.

LuAnn Presser, Mary Moyer

NEW Groups in the Miami Valley

Early Onset (Diagnosed under age of 60) Spousal Caregiver Support Group

Christ United Methodist Church
3440 Shroyer Rd, Kettering

4th Wednesday * 7:30 p.m.

Contact Julie Worley, Family Assistance Director if interested at (937) 291.3332.

Frontal Lobe Dementia Caregiver SG

Alzheimer's Association
3797 Summit Glen Dr, G100, Dayton

1st Tuesday * 6:30 p.m.

Alice Stryker, Karen Arnold

Vandalia Support Group*

Vandalia Senior Center
21 Tionda Dr, Vandalia

4th Tuesday * 4:00 p.m.

Christa Lloyd, Gina Havenar
Respite Care Provided - 776-5483

*Early Stage Support Group held
at same time as Caregiver SG

VA Caregiver Support Group

VA Medical Center
3100 W. 3rd St, Dayton

Call the chapter office
for time and information

Bud Hartman, Connie Schultz

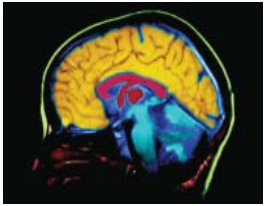
Contact Velma Barber, Help-line Specialist with any questions regarding support groups at (937) 291.3332 or by email velma.

barber@alz.org

Quotes from first-time attendees:

"I always pick up little hints and clues on how to handle my situation." * "It helped to know that I was not alone." * "Gave me some suggestions on how to handle problematic situations with my husband." * "Good to hear about experiences and suggestions from others who have been dealing with this for awhile." * "I will definitely be back! Thank you!"

Diabetes and Dementia: Another Link



(Source: AAN)
- According to a recent study, men who develop diabetes in mid-life are at

greater risk of developing Alzheimer's disease.

The research involved 2,269 men in Sweden who underwent glucose testing for diabetes at age 50. Over the next 32 years, 102 were diagnosed with Alzheimer's disease, 57 with vascular

dementia and 235 with other types of dementia or cognitive impairment.

The scientists found that the men with low insulin secretion capacity at 50 were nearly one-and-a-half times more likely to develop Alzheimer's disease than those without insulin problems.

Dr. Elina Ronnema, explained, "Our results suggest a link between insulin problems and the origins of Alzheimer's disease and emphasize the importance of insulin in normal brain function."

Like to have someone speak to your church or group about steps to Maintain Your Brain? Call Pat Roby at (937) 291.3332 or email her at patricia.robby@alz.org.

Communication Tips for People Living with Dementia

For a person with memory loss, it is important to keep communicating for as long as possible. An important part of good communication is attending to what the other person has to say. For people with memory loss, it may be more difficult to attend for long periods of time.

Some techniques to try include the following:

- Remove distractions such as the radio and television.
- Look directly at the person while you are talking and listening. Do not try to do anything else while you are talking and listening.
- Do not have long conversations when you are tired. If a long or complicated discussion is required, try breaking the conversation into smaller pieces. For example, if you are planning a vacation, one day discuss where to go, and the next day discuss your travel arrangements.

Other steps to take to help improve communication with others include:

- Ask for clarification as needed
- Talk around the word (this helps the other person to guess what the word might be)
- Practice, Practice, Practice both talking and listening
- If you are being ignored in a conversation, tell others how you feel by saying: "I'd like to speak for myself" or "I'm right here. Please talk to me" or "Please explain to me what you are saying".

This excerpt was taken from a book geared towards those living with dementia. To learn more techniques on communication and help with other daily tasks, check out the book: "A Personal Guide to Living with Progressive Memory Loss" by Sandy Burgener and Prudence Tivigg.

Early Stage Support Groups for People with Memory Loss/ Dementia

South Dayton Support Group*
Alzheimer's Association
3797 Summit Glen Dr, G100, Dayton

2nd Thursday * 10:30 a.m.
Julie Worley - 937.291.3332

North Dayton Support Group*
Vandalia Senior Center
21 Tionda Dr, Vandalia

4th Tuesday * 4:00 p.m.
Kathleen Feisley- 937.291.3332

*Attendees should have a diagnosis of Alzheimer's or a related dementia and call Julie Worley at (937) 291.3332 before attending the early stage group.

Alzheimer's Association staff (back row) were on hand March 21, 2008 as Governor Ted Strickland signed into law the Silver Alert Bill for the state of Ohio. Senator John Carey, 17th district looks on (front row, right).

Silver Alert Bill... (Continued from page 1)

program to locate missing elderly or adults with mental impairments. The bill, introduced by State Senator John Carey (R-Wellston), will allow police departments in Ohio to utilize a statewide law enforcement network to immediately notify other emergency agencies of missing adults who are in danger because they cannot take care of themselves. Although similar to the Amber Alert child abduction

system, the Silver Alert system will not have access to the Emergency Alert system to air information since it is not yet a nationwide program.

The Alzheimer's Association - Miami Valley Chapter, as a member of the Ohio Council, gave thanks to the Governor and Senator Carey at the bill signing on March 21st. The Ohio Council is a delegation of the seven Alzheimer's Association chapters serving Ohio, that convenes regularly to create support for advocacy efforts within the state.

ACTION ALERT! The cosponsors include Senators Austria, Mumper and Roberts. In addition, Representatives Luckie, McGregor and Setzer supported the bill. Please call or email Whitney Taverna at 937.291.3332 or whitney.taverna@alz.org if you would like more information on how to thank the cosponsors of the Silver Alert Bill. Let your Voice be heard on how this impacts you or your family.



**Interested in Advocacy?
Get involved!**

**Call Whitney at 937.291.3332
or email at
whitney.taverna@alz.org**

Advocates Rock the Statehouse for Memory Day



Representatives from District 36 meet with Rep. Arlene Setzer during Memory Day. Front row: Doris Coulbourne, Debi Stranahan, Barbara Warner. Back row: Teresa Mott, Don Coulbourne, Rep. Arlene Setzer, Sunny Jergens and Don Warner

On Tuesday, April 8, 2008, we made our way to Columbus to lobby for those living with Alzheimer's and their families. The bus was full, advocates were excited, and we were successful in visiting with all of our 17 legislators.

This year, we thanked our Senators and Representatives for the passage

of the Silver Alert Bill and requested each office to continue funding for the Respite Line Item in the Ohio State Budget. Respite Care is a growing need as more individuals are diagnosed and are living longer, thus creating more work for family caregivers who are caring for loved ones at home.

Miami Valley Advocates filled the Atrium of the Statehouse for lunch, and our very own Rebecca Carraher, the granddaughter of a loved one living with Alzheimer's, spoke to the 250+ crowd about her grandparents' struggles with Alzheimer's and the perils of being a family caregiver. We also gave special thanks to our seasoned volunteer and former staff person Cathy Shepherd who has lobbied for Alzheimer's since the late 1980's. Kudos to Rebecca and Cathy!

Thanks to all our awesome advocates who shared your story and voiced your concern in Columbus. For more information on Memory Day, please contact Whitney at 937.291.3332.

Striking Out Alzheimer's

Hank Kies of Bellefontaine, the man pictured on the left, hit a strike when he decided to organize a Bowl-a-thon to raise money for the Alzheimer's Association. Even though he had to reschedule due to the "Blizzard of '08", over 75 bowlers showed up at Bellefontaine's T&P Lanes on Saturday March 29 to raise over \$1500. Hank and his fellow Lions Club members also organized a raffle and had door prizes for all who participated. We thank Hank, District 13 Governor Edward Mann,

pictured on the right, all of the Lions volunteers, and the bowlers for coming out to rally on the alley. Sound like an event that is up *your* alley? Better start practicing now because Hank plans to hold another Bowl-a-thon next year and we'd like to send two teams to participate! Call Velma at 937.291.3332 for more info.



All-Stars Against Alzheimer's Gala



"All Stars Against Alzheimer's," a unique sports-themed gala celebrating the Alzheimer's Association, Miami Valley Chapter's

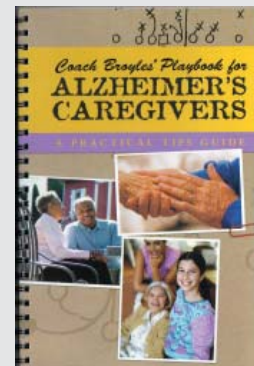
25th anniversary, will be held on **May 16, 2008, at the University of Dayton Arena**, beginning 6:30 p.m.

Honorary Chair Kirk Herbstreit of the ESPN network will share the stage with keynote speaker Coach Frank Broyles, the recently retired Athletic Director and "winningest" football coach of the University of Arkansas. This "cocktail-attire" event includes dinner, a raffle, a sports memorabilia auction, and photo

and autograph opportunities. All monies raised at this event will support programs and services for Miami Valley residents living with Alzheimer's disease.

The Kettering Health Network, Premier Health Partners, and the Beach Family Foundation (In honor of Lee Schroeder), are "All Star" sponsors of this gala. National City Bank, WHIO-TV7, and the University of Dayton Flyers, are "Super Star" sponsors. For reservations and more information, contact Teresa Thomas at (937) 291.3332; email teresa.thomas@alz.org. Seating is limited. Additional information can be found at alzdayton.org.

Special Thanks to our friends at Kettering Medical Center for providing their Sports Van and a cool place to rest during our Memory Walk. We appreciate your support and partnership!



To order your own free copy of Coach Frank Broyles' Caregiver Playbook, log onto our website at alzdayton.org and click on the above book link on our home page. In addition, our support group leaders will have copies to share with you.

Join us for the 2008 Young's Bike Ride



Get ready to ride at the Young's Ice Cream

Charity Bike Tour! While providing an exciting route through some of the most beautiful counties in Ohio, this bicycle event scheduled for July 26 and 27, 2008 benefits four local charities, one of them being the Alzheimer's Association.

Each registered rider will receive this year's exclusive tour T-shirt, continental breakfast, lunch, ice cream, ride support, and FREE admission on ride day to Young's. Also included in the two day ride is dinner on Saturday and breakfast on Sunday.

For details on how you can participate call Judy Fowler at 937.291.3332 or visit www.youngsdairy.com and look under community events.

gifts in honor/memory of (from nov 07 - march 08)

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Dayton - Carillon Park

Sunday, September 21, 2008 * 12:30 pm

Troy - Troy Memorial Stadium

Saturday, September 27, 2008 * 12:30 pm

Yellow Springs - Young's Jersey Dairy

Saturday, October 4, 2008 * 10:00 am

Greenville - City Park

Sunday, October 5, 2008 * 12:00 pm

Sidney - Senior Center

Saturday, October 11, 2008 * 9:00 am

**Sign up your team online at alzdayton.org... or
Call Martha Utacht at the chapter office for info
at (937) 291-3332 or (800) 272-3900.**



Celebration of Life

The Alzheimer's Association in collaboration with Routsong Funeral Home invites you and your family to join us as we celebrate the lives of those living with Alzheimer's disease and those we have lost.

*Thursday, June 12th, 2008
6:30 p.m. to 8:00 p.m.*

*Routsong Funeral Home * Centerville Chapel
81 N. Main St. , Centerville, Ohio*

The reception, including light refreshments, will begin at 6:30 p.m. followed by the ceremony. Our celebration will include readings, a candle lighting ceremony and a balloon launch. Your donations are always graciously appreciated.

Please RSVP by Monday, June 9th, 2008

By phone: 937-291-3332 or email martha.utacht@alz.org
Please include your : Name, Address, Phone Number, Number attending, and Name of the person you are honoring or remembering.

If you would like, please mail or email a picture of the person you wish to celebrate by May 30th to martha.utacht@alz.org. The photos will be included in a video that will be shown during the reception.