

The Alzheimer's Association Delaware Valley Chapter, serving [Southeastern Pennsylvania](#), [South Jersey](#) and [Delaware](#), is the local chapter of the National Alzheimer's Disease and Related Disorders Association. We are an alliance of family members and professionals dedicated to helping people with Alzheimer's disease and their families through [education](#), [advocacy](#), and [support](#).

Of the estimated 5.2 million people nationwide coping with this progressive and devastating disease, there are an estimated 300,000 in our tri-state service region. It is our goal to provide leadership and to enhance the care and support services for individuals with dementia and their families, while supporting the elimination of Alzheimer's disease through the advancement of [research](#). Our programs and services include:

- Public Policy/Advocacy Initiatives
- Special Events
- Quarterly Newsletter
- Learning Academy
  - Community Education
  - Professional Education
    - Julie H.C. Bailey Training Center*
  - Dementia Care Conferences
  - *Maintain Your Brain®*
  - *Partnering with Your Doctor*
  - Speakers' Bureau
- Lending Library
- Support Groups
- Resource Centers
- Lending Library
- Multicultural Outreach
- Care Consultation
- MedicAlert® + Safe Return®
- Contact Center/ Helpline (800.272.3900)

Trainings are also available in Spanish

every 71 seconds, someone develops alzheimer's. are you prepared to give the very best care?

 alzheimer's association  
julie h. c. bailey  
training center  
for excellence in dementia care!

100 S. Main Street, Suite 211  
Smyrna, DE 19977  
302.514.6510 P  
302.514.6516 F  
800.272.3900 (24/7 Helpline)  
[www.alz.org/desisepa](http://www.alz.org/desisepa)

## behaviors:

exploring creative solutions



A full day course designed to promote discussion and increased understanding of the potential causes and triggers for challenging behaviors in dementia care settings while providing professional direct care staff with techniques for creating a therapeutic environment through effective behavior management, improved communication with clients and families, and a supportive, cohesive care team.

Dates: November 25, 2008,  
April 17, 2009 &  
May 20, 2009

Time: 9:00 am—4:00 pm  
(registration starting at 8:30 am)

Location: Alzheimer's Association  
*Julie H.C. Bailey Training Center*  
100 S. Main Street, Suite 211  
Smyrna, DE 19977

## Learning Objectives:

Upon completion of this session, participants will be able to:

1. List two changes that occur in the brain due to the onset and progression of dementia and mental illness
2. Define and differentiate between common, challenging and harmful behaviors
3. List three medical conditions or diagnoses which could cause or contribute to challenging behaviors
4. Describe how damage to the brain affects certain areas of functioning.
5. List six potential triggers for challenging behaviors
6. List five ways professional caregivers can effectively respond to challenging behaviors
7. Provide four approaches to improving two-way communication with a person with dementia
8. Explain the purpose of behavior logs
9. List three principles of teamwork and describe its importance in providing a positive environment for both staff and clients
10. Describe the similarities and differences between forgetfulness, anxiety, anger and frustration that the "normal" person experiences, and the "inappropriate" expressions of these emotions exhibited by persons with dementia

Registration begins at 8:30am!



**we're taking the lead to  
improve the quality of  
care — and the quality of  
life — for people living  
with dementia**



Price includes CEU processing fees, trainer fees, participant manual, certificate of completion, continental breakfast and light lunch.

**Sign Up Today!**

Please Print

Name: \_\_\_\_\_

Title (for professionals): \_\_\_\_\_

License #: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**Please check desired date.**



11/25/08

04/17/09

05/20/09

**PAYMENT Type (check one):**

\_\_\_\_\_ Professionals \$ 189.00  
(approved by the NASW for 6 CEUs for social workers)

\_\_\_\_\_ Non-CEU professionals \$ 99.00

\_\_\_\_\_ Same day (onsite) payment (add \$5.00) \$ \_\_\_\_\_

TOTAL Enclosed: \$ \_\_\_\_\_

**PAYMENT Options (check one):**

\_\_\_\_\_ Check made payable to: **Alzheimer's Association  
Delaware Valley Chapter**

Mail this form along with check to:

Julie H.C. Bailey Training Center

100 S. Main Street, Suite 211

Smyrna, DE 19977

Attn: Regional Program Assistant

(Please put Regional Professional Training in subject line)

\_\_\_\_\_ Credit Card Payment:  
(please check one)

Visa

MasterCard

Name as it appears on card: \_\_\_\_\_

Account #: \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Signature: \_\_\_\_\_

**Fax to: 302.514.6516 \*Payments are non-refundable.**

**\*Call in registration** also available at 302.514.6510, ext. 451.

Have your credit card information ready.

