



About us...

The Alzheimer's Association Delaware Valley Chapter, serving [Southeastern Pennsylvania](#), [South Jersey](#) and [Delaware](#), is the local chapter of the National Alzheimer's Disease and Related Disorders Association. We are an alliance of family members and professionals dedicated to helping people with Alzheimer's disease and their families through [education](#), [advocacy](#), and [support](#).

Of the estimated 5.2 million people nationwide coping with this progressive and devastating disease, there are an estimated 300,000 in our tri-state service region. It is our goal to provide leadership and to enhance the care and support services for individuals with dementia and their families, while supporting the elimination of Alzheimer's disease through the advancement of [research](#). Our programs and services include:

- Public Policy/Advocacy Initiatives
- Special Events
- Quarterly Newsletter
- Learning Academy
 - Community Education
 - Professional Education
Julie H.C. Bailey Training Center
 - Dementia Care Conferences
 - *Maintain Your Brain®*
 - *Partnering with Your Doctor*
 - Speakers' Bureau
- Lending Library
- Support Groups
- Resource Centers
- Lending Library
- Multicultural Outreach
- Care Consultation
- MedicAlert® + Safe Return®
- Contact Center/Helpline (800.272.3900)
- www.alz.org/desjsepa (local website)

Julie H.C. Bailey Training Center
100 S. Main Street, Suite 211
Smyrna, DE 19977
302.514.5610 P
302.514.5616 F

"Now I feel like I really understand the **IMPORTANCE** of knowing the people we **CARE** for and how to reinforce what the staff learn in the training."

Melinda, nursing supervisor

The Alzheimer's Association dementia care training program for residential communities will give your direct care staff the specialized knowledge and skills to be more productive and deliver a higher quality of dementia care.

Our training program features:

- Interactive, hands-on training
- Care approaches for all stages of dementia
- CEUs for nurses, social workers and nursing Home administrators

Trainings are also available in Spanish

Every 71 seconds someone develops Alzheimer's.

Are you prepared to give the very best care?



Let us help with...

foundations of dementia care

...Based on the Alzheimer's Association's *Dementia Care Practice Recommendations for Assisted Living Residences and Nursing Homes*, this curriculum features 18 hours of intensive dementia training developed from the most advanced evidence in dementia care research and the experience of direct care experts.



Train in the most critical care areas

Training modules cover these care practice areas:

Understanding dementia. Learn about the effects of dementia; practice dementia care techniques. (3 CEUs)

Making connections. Engage residents with simple activities and meaningful interactions. (2 CEUs)

Reducing pain. Learn to observe signs of pain and how to provide complete pain reports. (2 CEUs)

Enhancing mealtimes. Draw on knowledge of residents' needs and preferences to improve nutrition and hydration. (2 CEUs)

Preventing falls. Learn strategies to reduce risks of falls and preserve mobility. (2 CEUs)

Understanding wandering. Assess reasons for wandering; prevent unsafe wandering. (2CEUs)

Encouraging restraint-free care. Learn techniques to prevent, reduce and eliminate use of physical restraints. (2 CEUs)

For supervisors, nurses and other group leaders:

Learning to lead. Foster teamwork to improve care coordination and reinforce best care practices (3 CEUs)

End of Life Care. Minimize physical, emotional, distress and maximize well being; ensure communication with resident, family and care team. (3 CEUs)

Training registration starting at 8:30	Date	CEUs	Non-CEU
About Dementia (AD) 9:00 —12 noon	01/05/09 02/02/09 03/02/09 04/06/09 05/04/09 06/15/09	\$65.00 3 CEUs	\$35.00
Enhancing Mealtime/ Making Connections (EM/MC) 9:00—12:30 pm	01/30/09	\$85.00 4 CEUs	\$45.00
Reducing Pain/ Restraint-Free Care (RP/RFC) 9:00—12:30pm	02/29/09	\$85.00 4 CEUs	\$45.00
Understanding Wandering/ Preventing Falls (UW/PF) 9:00—12:30pm	03/27/09	\$85.00 4 CEUs	\$45.00
Learning to Lead (LL) 9:00 —12 noon	12/08/08 12/19/08 04/24/09	\$ 65.00 3 CEUs	\$35.00
End of Life Care (ELC) 9:00—12 noon	05/29/09	\$ 65.00 3 CEUs	\$35.00

*All training courses are approved for Nurses, Social Workers and Long Term Care Administrators for continuing education units. Unless otherwise specified, each course block is held twice a month at the Julie H.C. Bailey Training Center starting at **9 am**. The price includes \$10.00 processing fee (for CEUs) per clock hour, materials, training fees, continental breakfast and certificate of completion. Registration fees for cancellations are non-refundable.

What our trainees are saying...

"This program has been an **EXCELLENT RESOURCE** for our care communities. The program not only fosters awareness and **PRACTICAL STRATEGIES** for dementia care, but also encourages creativity in finding the best ways to enhance the lives of people with dementia."

Michelle Kutner, Alzheimer's/Behavioral Program

"Through the Foundations program, I learned better **COMMUNICATION** and **RESPECT** toward others, and a better understanding of myself as a person."

Sign Up Today!

Please Print

Name: _____


Title (for professionals): _____

License #: _____

Address: _____

Phone: _____

Email: _____

I would like to sign up for: (please check date preferences) 

AD	<input type="checkbox"/> 01/05/09	EM/MC RP/RFC UW/PF LL ELC	<input type="checkbox"/> 01/30/09
	<input type="checkbox"/> 02/02/09		<input type="checkbox"/> 02/29/09
	<input type="checkbox"/> 03/02/09		<input type="checkbox"/> 03/27/09
	<input type="checkbox"/> 04/06/09		<input type="checkbox"/> 12/08/08
	<input type="checkbox"/> 05/04/09		<input type="checkbox"/> 12/19/08
	<input type="checkbox"/> 06/15/09		<input type="checkbox"/> 04/24/09
			<input type="checkbox"/> 05/29/09

PAYMENT Type (check one):

_____ Social Worker, Nurse, LTC Administrator \$ _____

_____ Non-CEU professionals \$ _____

_____ Same day (onsite) payment (*add* \$5.00) \$ _____

TOTAL Enclosed: \$ _____

PAYMENT Options (check one):

Check made payable to: **Alzheimer's Association Delaware Valley Chapter**

Mail this form along with check to:
Julie H.C. Bailey Training Center
100 S. Main Street, Suite 211
Smyrna, DE 19977

Attn: Regional Program Assistant
(Please put *Regional Professional Training*

in subject line)

Visa


MasterCard

_____ Credit Card Payment: (please check)

Name as it appears on card:

Account #: _____

Exp. Date: _____ Signature: _____

 Fax to: 302.514.6516 *Payments are non-refundable.
*Call in registration also available at 302.514.6510, ext. 451.
Have your credit card information ready.