

## foundations of dementia care

Based on the Alzheimer's Association's *Dementia Care Practice Recommendations for Assisted Living Residences and Nursing Homes*, this curriculum features 18 hours of intensive dementia training developed from the most advanced evidence in dementia care research and the experience of direct care experts. Training modules cover these care practice areas: *About Dementia; Enhancing Mealtime; Making Connections; Reducing Pain; Restraint-Free Care; Understanding Wandering; Preventing Falls; Learning to Lead; End of Life Care.*

Training	Date	CEUs*	Non-CEU
About Dementia	9:00am – 12:00pm	<b>Wednesday- 07/08/09</b>	<b>\$65.00 3 CEUs \$35.00</b>
Enhancing Mealtime / Making Connections	9:00am – 12:30pm	<b>Wednesday- 07/15/09</b>	<b>\$85.00 4 CEUs \$45.00</b>
Reducing Pain / Restraint-Free Care	9:00am - 12:30pm	<b>Wednesday- 07/22/09</b>	<b>\$85.00 4 CEUs \$45.00</b>
Understanding Wandering / Preventing Falls	9:00am - 12:30pm	<b>Wednesday- 08/12/09</b>	<b>\$85.00 4 CEUs \$45.00</b>
Learning to Lead	9:00am - 12:00pm	<b>Wednesday- 08/19/09</b>	<b>\$ 65.00 3 CEUs \$35.00</b>
End of Life Care	9:00am – 12:00pm	<b>Wednesday- 08/26/09</b>	<b>\$65.00 3 CEUs \$35.00</b>

\*All training courses are approved for Nurses, Social Workers and Long Term Care Administrators for continuing education units.

## dementia caregiving: search for the right way

This 7-hour interactive workshop provides direct care staff with a basic understanding of the changes in memory, communication, function and behavior that occur as a result of cognitive disease and the appropriate intervention strategies to enhance the care they provide to individuals with Alzheimer's and related dementias. The workshop includes the following modules: *Overview of Alzheimer's disease; Communication; Activities of Daily Living; Common Behavior Problems; The Caregiver Experience; and A Team Approach to Care.*

Training	Date	CEUs	Non-CEU
Dementia Caregiving: Search for the Right Way 9:00am – 4:00pm	<b>Tuesday 08/04/09</b>	<b>\$189.00</b> <i>(this program is pre-approved by the National Association of Social Workers (NASW) – provider # 886501740 – for 6 continuing education contact hours)</i>	<b>\$99.00</b>

## behaviors: exploring creative solutions

A full day course designed to promote discussion and increased understanding of the potential causes and triggers for challenging behaviors in dementia care settings while providing professional direct care staff with techniques for creating a therapeutic environment through effective behavior management, improved communication with clients and families, and a supportive, cohesive care team.

This 7-hour program covers: *Understanding Challenging Symptoms; Developing an Effective Daily Routine; The Care Planning Process; and A Team Approach to Care.*





Training	Date	CEUs	Non-CEU
Behaviors: Exploring Creative Solutions 9:00am – 4:00pm	<b>Wednesday 07/01/09</b>	<b>\$189.00</b> <i>(this program is pre-approved by the National Association of Social Workers (NASW) – provider # 886501740 – for 6 continuing education contact hours)</i>	<b>\$99.00</b>

## activity based alzheimer's care




This 6-hour program teaches participants: the fundamental components of activity-based Alzheimer's care; to effectively examine assessment and care planning; to identify program design options and method for implementation; to find a variety of ways to evaluate new and current programs; and to identify and implement the various aspects of teamwork.

Training	Date	CEUs	Non-CEU
Activity Based Alzheimer's Care 9:00am – 4:00pm	<b>To be announced</b>	<b>\$189.00</b> <i>*This program has been pre-approved for 7 contact hours by the National Certification Council for Activity Professionals (NCCAP). Professional CE certificates will be issued at the end of the program. This program has also been approved for .6 continuing education units (CEUs) through the American Therapeutic Recreation Association. The additional \$10 fee payable to ATRA for this CEU transcript is included in the total price.</i>	<b>\$99.00</b>

## JULY 2009

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## AUGUST 2009

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23	24	25		27	28	29
30	31					

# 2009 training calendar

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 behaviors: exploring creative solutions

 dementia caregiving: search for the right way

 activity based alzheimer's care

for registration or more information, please call the alzheimer's association

julie h. c. bailey training center at *302.514.6510*

or our contact/helpline at *1.800.272.3900*

learn more about our training programs by logging onto our website

[www.alz.org/desjsepa](http://www.alz.org/desjsepa); from here click on the professional training link, and then click on the *julie h. c. bailey training center* link on the professional training page