



January						
	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

March						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

June						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

<p><b>Tuesday, May 15, 2012</b> 9am -2:30pm Breakfast and Lunch provided RSVP By May 10, 2012 (PA:310)</p>	<p><b>Living with Alzheimer's – For Caregivers Understanding Early Stage</b> Springfield Residences 551 E. Evergreen Ave. Wynnemoor, PA 19038</p>
<p><b>Tuesday, May 15, 2012</b> 10:30am -12pm RSVP By May 11, 2012 (PA:300)</p>	<p><b>Know the 10 Signs : Early Detection Matters</b> Souderton Mennonite Home 207 W. Summit St. – Friendship Rm. Souderton, PA 18964</p>
<p><b>Wednesday, May 16, 2012</b> 10am -3pm RSVP By May 9, 2012 (DE:104)</p>	<p><b>Living with Alzheimer's – For Caregivers Understanding Middle Stage</b> Rockland Place 1519 Rockland Place Wilmington, DE 19803</p>
<p><b>Wednesday, May 16, 2012</b> 10am -12pm RSVP By May 14, 2012 (DE:102)</p>	<p><b>Know the 10 Signs : Early Detection Matters</b> Milford Library 11 SE Front Street Milford, DE 19963</p>
<p><b>Sunday, May 20, 2012</b> 1pm-4pm RSVP By May 15, 2012 (SJ:201)</p>	<p><b>Alzheimer's in the Latino Community Alzheimer's Forum Series 2012</b> The Cathedral of Immaculate Conception 642 Market Street Camden, NJ 08102</p>
<p><b>Friday, June 8, 2012</b> 8:30am – 4:30pm <i>Must pre-register, fee required</i> (NJ:202)</p>	<p><b>2012 Annual South Jersey Dementia Conference Crowne Plaza Hotel</b> 2349 West Marlton Pike Cherry Hill, NJ 08002</p>
<p><b>Tuesday, June 12, 2012</b> 1pm-2:30pm RSVP by June 6, 2012 <i>*light lunch provided</i> (PA:305)</p>	<p><b>Memory Loss, Dementia and Alzheimer's: The Basics</b> Comfort Keepers 920 W. Sproul Road Springfield, PA 19064</p>
<p><b>Tuesday, June 12, 2012</b> 2pm-4pm RSVP By June 5, 2012 (DE:104)</p>	<p><b>Understanding Communication and Behaviors</b> Arden Courts 700 ½ Foulk Road Wilmington, DE 19803</p>
<p><b>Thursday, June 14, 2012</b> 7pm-9pm RSVP By June 10, 2012 (PA: 302)</p>	<p><b>Know the 10 Signs : Early Detection Matters</b> Springfield Free Library 1600 Paper Mill Road Wyndmoor, PA 19038</p>
<p><b>Tuesday, June 19, 2012</b> 12:30pm-3pm RSVP By June 15, 2012 (PA:305)</p>	<p><b>Living with Alzheimer's - For Caregivers: Understanding Late Stage</b> Alzheimer's Association 399 Market Street Philadelphia, PA 19106</p>
<p><b>Tuesday, June 19, 2012</b> 2pm-3:30pm RSVP By June 15, 2012 (PA:309)</p>	<p><b>*Early Stage Program Living with AD-PWD intro A presentation for caregivers and people with Memory Loss</b> Vineland Library 1058 E. Landis Ave. Vineland, NJ 08360</p>



January						
	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

March						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

June						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

<p><b>Tuesday, June 19, 2012</b> 10:30am -12pm RSVP By June 15, 2012</p> <p>(PA:300)</p>	<p><b>Memory Loss, Dementia and Alzheimer's: The Basics</b> Souderton Mennonite Home 217 W. Summit St. – Friendship Rm. Souderton, PA 18964</p>
<p><b>Wednesday, June 20, 2012</b> 10am -1pm RSVP By June 13, 2012</p> <p>(DE:104)</p>	<p><b>Living with Alzheimer's - For Caregivers: Understanding Late Stage</b> Rockland Place 1519 Rockland Place Wilmington, DE 19803</p>
<p><b>Saturday, June 23, 2012</b> 10:30am -12pm RSVP By June 17, 2012</p> <p>(PA: 314)</p>	<p><b>Know the 10 signs: Early Detection Matters</b> Mt. Tabor Baptist Church 110 W. Rittenhouse Street Philadelphia, PA 19144</p>
<p><b>Tuesday, July 10, 2012</b> 10am -2:30pm *Lunch provided RSVP By July 3, 2012</p> <p>(NJ:204)</p>	<p><b>Living with Alzheimer's - For Caregivers: Understanding Early Stage</b> Royal Suites Healthcare &amp; Rehab. 214 West Jimmie Leeds Road Galloway, NJ 08205</p>
<p><b>Thursday, July 12, 2012</b> 1pm-5pm RSVP By July 5, 2012</p> <p>(PA:305)</p>	<p><b>Living with Alzheimer's - For Caregivers: Understanding Middle Stage</b> Arden Courts 700 ½ Foulk Road Wilmington, DE 19803</p>
<p><b>Thursday, July 12, 2012</b> 7pm-9pm RSVP By July 5, 2012</p> <p>(PA:302)</p>	<p><b>Living with Alzheimer's - For Caregivers: Understanding Early Stage</b> Springfield Free Library 1600 Paper Mill Road Wyndmoor, PA 19038</p>
<p><b>Wednesday, July 18, 2012</b> 6pm-7:30pm RSVP By July 11, 2012</p> <p>(DE:104)</p>	<p><b>Know the 10 signs: Early Detection Matters</b> Rockland Place 1519 Rockland Place Wilmington, DE 19803</p>
<p><b>Thursday, July 19, 2012</b> 6:30pm-8pm RSVP By July 12, 2012</p> <p>(NJ:204)</p>	<p><b>Know the 10 signs: Early Detection Matters</b> Avalon Public Library 235 32<sup>nd</sup> Street Avalon, NJ 08202</p>
<p><b>Wednesday, July 25, 2012</b> 2pm-4:30pm RSVP By July 21, 2012</p> <p>(PA:305)</p>	<p><b>Legal, Financial &amp; Ethical Care Planning</b> Atria of Center City 150 N. 20<sup>th</sup> Street Philadelphia, PA</p>
<p><b>Thursday, July 26, 2012</b> 7pm-8pm RSVP By July 19, 2012</p> <p>(PA:309)</p>	<p><b>Know the 10 signs: Early Detection Matters</b> Trinity United Church of Christ 11 N. 3<sup>rd</sup> Street Coplay, PA 18037</p>



January						
	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

March						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

June						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

<p><b>Thursday, July 26, 2012</b> 6:30pm-8pm RSVP By July 19, 2012 (NJ:204)</p>	<p><b>Memory Loss, Dementia and Alzheimer's: The Basics</b> Avalon Public Library 235 32<sup>nd</sup> Street Avalon, NJ 08202</p>
<p><b>Thursday, August 2, 2012</b> 9:30am -2:30pm RSVP BY July 26, 2012 (DE:104)</p>	<p><b>Living with Alzheimer's - For Caregivers: Understanding Middle Stage</b> Modern Maturity Center 1125 Forrest Ave. Dover, DE 19904</p>
<p><b>Thursday, August 2, 2012</b> 6:30pm-8pm RSVP By July 26, 2012 (NJ:204)</p>	<p><b>Understanding Communication and Behaviors</b> Avalon Public Library 235 32<sup>nd</sup> Street Avalon, NJ 08202</p>
<p><b>Friday, August 3, 2012</b> 9am -10:30am RSVP By July 31, 2012 (PA:305)</p>	<p><b>Memory Loss, Dementia and Alzheimer's: The Basics</b> Freedom Village 15 Freedom Blvd. Coatesville, PA 19320</p>
<p><b>Thursday, August 9, 2012</b> 7pm-9pm RSVP By August 1, 2012 (PA:302)</p>	<p><b>Living with Alzheimer's - For Caregivers: Understanding Middle Stage</b> Springfield Free Library 1600 Paper Mill Road Wyndmoor, PA 19038</p>
<p><b>Monday, August 13, 2012</b> 6:30pm-7:45pm RSVP By August 7, 2012 (PA:305)</p>	<p><b>Know the 10 Signs : Early Detection Matters</b> Schuylkill Falls Library 3501 Midvale Ave. (Ground Floor Mtg. Rm.) Philadelphia, PA 19129</p>
<p><b>Tuesday, August 14, 2012</b> 10am -2pm *Lunch Provided RSVP By August 7, 2012 (NJ:204)</p>	<p><b>Living with Alzheimer's - For Caregivers: Understanding Middle Stage</b> Royal Suites Healthcare &amp; Rehab. 214 West Jimmie Leeds Road Galloway, NJ 08205</p>
<p><b>Wednesday, August 15, 2012</b> 6pm-7:30pm RSVP By August 8, 2012 (DE:104)</p>	<p><b>Memory Loss, Dementia and Alzheimer's: The Basics</b> Rockland Place 1519 Rockland Place Wilmington, DE 19803</p>
<p><b>Tuesday, September 11, 2012</b> 10am -2pm *Lunch Provided RSVP By September 4, 2012 (NJ:204)</p>	<p><b>Living with Alzheimer's - For Caregivers: Understanding Late Stage</b> Royal Suites Healthcare &amp; Rehab. 214 West Jimmie Leeds Road Galloway, NJ 08205</p>
<p><b>Thursday, September 13, 2012</b> 7pm-9pm RSVP By September 5, 2012 (PA:302)</p>	<p><b>Living with Alzheimer's - For Caregivers: Understanding Late Stage</b> Springfield Free Library 1600 Paper Mill Road Wyndmoor, PA 19038</p>



January						
	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

March						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

June						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

<p><b>Wednesday, September 19, 2012</b> 6pm-8pm RSVP By September 12, 2012 (DE:104)</p>	<p><b>Legal, Financial &amp; Ethical Care Planning</b> Rockland Place 1519 Rockland Place Wilmington, DE 19803</p>
<p><b>Wednesday, October 17, 2012</b> 10am -2pm RSVP By October 10, 2012 (DE:104)</p>	<p><b>Living with Alzheimer's - For Caregivers: Understanding Early Stage</b> Rockland Place 1519 Rockland Place Wilmington, DE 19803</p>
<p><b>Wednesday, October 31, 2012</b> 6pm-8pm RSVP By October 24, 2012 (DE:104)</p>	<p><b>Understanding Communication and Behaviors</b> Rockland Place 1519 Rockland Place Wilmington, DE 19803</p>

## Courses

### Memory Loss, Dementia and Alzheimer's: The Basics

Attendees will learn:

- Symptoms and effects of Alzheimer's disease and other types of dementia
- How Alzheimer's affects the brain
- Causes and risk factors
- How to find out if it's Alzheimer's disease
- The benefits of early detection
- How to address a diagnosis of Alzheimer's disease
- Stages of the disease and Treatment options

### Know the 10 Signs: Early Detection Matters

Attendees will learn:

- The 10 warning signs of Alzheimer's disease
- How to become prepared if warning signs occur
- Why early detection is important
- About Alzheimer's disease and dementia and some of the risk factors know some of the risk factors for Alzheimer's disease
- How a healthy lifestyle and brain health are related

### Living with Alzheimer's For Caregivers: Understanding Early Stage

Attendees will learn:

- The symptoms of **early stage** of Alzheimer's disease
- Resource planning for **early stage**
- The components of a care team and how to successfully work with each component during the **early stage** of the disease

### Living with Alzheimer's For Caregivers: Understanding Middle Stage

Attendees will learn:

- The symptoms of **middle stage** of Alzheimer's disease/Communication/Relationship changes/Providing Personal Care/Preparing for Hospitalizations
- **Middle Stage** Behavior changes/Medication management/Home Safely/ Driving/ Wandering/Living Alone
- Day Services/In-Home care Services/Senior Living Options/Caregiver Needs for **middle Stage**



January						
	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

March						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

June						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

## Living with Alzheimer's For Caregivers: Understanding Late Stage

Attendees will learn:

- The symptoms of **late stage** of Alzheimer's disease/the "Self" of the person with Alzheimer's/Changes in Caregiving Role/Communication changes/Physical changes/Working with Doctors
- Resources for **late stage** care/"The Promise" and Making a Move/Monitoring care/Legal Plans/Efforts at Life Extension/End-of-Life issues

## Living with Alzheimer's: Persons with Dementia

Attendees will learn:

- Understanding Alzheimer's disease and memory loss
- Partnering with your medical team
- Effective communication and telling others about the diagnosis
- Coping with changes and making decisions
- Daily strategies and safety issues
- Opportunities for supporting research
- Resources for people with early-stage Alzheimer's disease

## Legal, Financial and Ethical Care Planning

Attendees will learn:

- Legal and medical instructions and advance directives, legal declarations (guardianship and conservatorship) and documentation, role of legal advisors and how to access their services
- Financial instructions, directives, documentation, means of paying for long term care (LTC), and role of financial advisors and how to access their services
- Ethical issues surrounding decision making for care, including truth in diagnosis, therapeutic goals and aggressive care, legal capacity, personhood and autonomy

## Understanding Communication and Behaviors

Attendees will learn:

- The behaviors common to Alzheimer's and the CUEs and CLUEs response for person centered approaches
- Triggers—environmental, physical, emotional, social—associated with behaviors
- Communication challenges and tips for connecting with persons with Alzheimer's

## All Educational Programs are FREE

**To register** and find out about the other programs we offer and those available in **Spanish**, call our 24/7 Helpline at **800.272.3900**

For information about hosting an educational program at your organization, please call Sharon Jarnette, Community Outreach Assistant, at **800.272.3900**.



January						
	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

March						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

June						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30