

10 million baby boomers will develop alzheimer's disease

...is your staff prepared to give the very best care?

Every 69 seconds someone in America develops Alzheimer's. With this comes an increasing demand for a broader array of services in a variety of settings. Research shows that staff who receive dementia training are more productive, more satisfied with their jobs, and deliver a higher quality of care. The Delaware Valley Chapter's regional training programs will give your staff the specialized knowledge and skills they need.

10 reasons why you should choose the best

Our trainings:

- ☑ **Reduce costs.** Research shows staff trained in dementia care is more productive, have greater job satisfaction and deliver a higher quality of care.
- ☑ **Deliver consistent care quality.** We train supervisors to model behavior for your direct care providers and to constantly reinforce our best care practices.
- ☑ **Increase response time on the floor.** Direct care staff who understand dementia and are trained to anticipate the needs of individual residents can respond more quickly and effectively.
- ☑ **Use cutting edge tools.** Our interactive training gives staff the opportunity to practice new care approaches and use them immediately.
- ☑ **Are affordable.** The Alzheimer's Association offers competitively priced programs to meet all your training needs.
- ☑ **Are flexible.** Our mobile trainers have flexible schedules to train weekend and night staff to make it most convenient for you.
- ☑ **Are customized to fit continuing education needs.** Our programs are approved for contact hours for certain professional disciplines and may satisfy state regulations.
- ☑ **Increase client satisfaction.** Studies show that when staff knows how to attend to the needs of persons with dementia, families are more satisfied.
- ☑ **Use best care practices.** Our programs are based on the latest research and evidence of experts and are backed by leading health and senior care organizations.
- ☑ **Lend prestige to your operation.** The Alzheimer's Association is recognized as the nation's leading authority on Alzheimer care, support and research for more than 30 years.



January						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				
February						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			
March						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
April						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Calendar		
Date/Time	Program Location	Price
Friday, January 27, 2012 9:00 am to 11:00 am	understanding alzheimer's South Jersey Regional Office 3 Eves Drive, Suite 310 Marlton, NJ 08053	\$40
Friday, February 17, 2012 9:00 am to 12:30 pm	abc's of dementia South Jersey Regional Office 3 Eves Drive, Suite 310 Marlton, NJ 08053	\$50
Monday, March 19, 2012 9:00 am to 12:30 pm	late stage care South Jersey Regional Office 3 Eves Drive, Suite 310 Marlton, NJ 08053	\$50
Saturday, March 24, 2012 9:00 am to 4:00 pm	activity based alzheimer's care Hellertown Office 427 Main Street, Suite 2 Hellertown, PA 18055	\$80
Friday, April 13, 2012 9:00 am to 4:00 pm	activity based alzheimer's care South Jersey Regional Office 3 Eves Drive, Suite 310 Marlton, NJ 08053	\$80
Saturday, April 14, 2012 9:00 am to 4:00 pm	activity based alzheimer's care Home Helpers 327 W. Baltimore Pike Media, PA 19063	\$80
Monday, April 30, 2012 9:00 am to 4:00 pm	dementia care the right way South Jersey Regional Office 3 Eves Drive, Suite 310 Marlton, NJ 08053	\$80
*Please register within <u>5</u> days of event. Cancellations must be made within 24 hours of training date. No refunds will be given; however vouchers to another scheduled training will be made available.		

*Prices include trainer/equipment costs, manuals, handouts, refreshments, and ceu processing fees.

abc's of dementia (3.5 hour foundation course)**Alzheimer's disease basics**

- Define dementia and symptoms
- Provide statistics and research related to Alzheimer's Disease
- Define person-centered care philosophy

Behaviors

- Define symptoms on a continuum
- Demonstrate how symptoms affect behavior
- Demonstrate Cues and Clues model for strategizing person-centered responses

Communication

- Discuss communication challenges related to dementia
- Provide Non-verbal/Verbal communication strategies
- Demonstrate positive approach

**This program is approved for 3.5 contact hours through the National Association Social Workers (NASW), National Association of Long Term Care Administrator Boards (NCERS), and American Therapeutic Recreation Association (ATRA).*

understanding alzheimer's (2 hours)

Understanding Alzheimer's is a foundation course appropriate for anyone interested in learning how this progressive disease impacts society as well as the individual's cognition and personhood, and how to craft person-centered approaches for behavioral symptoms throughout the stages.

- Define dementia and the hallmarks of Alzheimer's disease
- Identify statistics related to Alzheimer's disease
- Describe the stages of Alzheimer's disease
- Define symptoms (behaviors) on a continuum
- Identify potential triggers for behaviors
- Demonstrate Cues and Clues model for behavioral interventions

This program is approved for 2 contact hours by the National Association Social Workers (NASW), National Association of Long Term Care Administrator Boards (NCERS), Pennsylvania State Nurses Association, and New Jersey State Nurses Association.

dementia care the right way (6 hours)

This signature full day program developed through the Delaware Valley Chapter is a foundation level course designed to promote an understanding of Alzheimer's disease and its symptoms, potential triggers for challenging behaviors in dementia care settings, techniques for creating a therapeutic environment through effective behavioral responses, communication strategies with clients and families, and a supportive, cohesive care team.

- Promote understanding of cognitive changes related to Alzheimer's disease through visual brain tour
- Promote empathy of Alzheimer's effect on the person through a virtual dementia tour
- Explain the philosophy of person-centered care
- Define and differentiate between common, challenging and harmful symptoms
- Describe how damage from Alzheimer's disease to certain lobes of the brain negatively impact functioning
- List three potential triggers for challenging symptoms
- Apply the Cues and Clues model for responding to symptoms
- Provide four approaches to improving communication with a person with dementia
- Develop an individualized activity program
- Identify strategies for improving cross-training support, caregiver stress, and overall morale to build better teams

**This program is approved for 6 contact hours through the National Association Social Workers (NASW), National Association of Long Term Care Administrator Boards (NCERS), and American Therapeutic Recreation Association (ATRA).*

late stage care (3.5 hours)**Communication Advanced Planning**

- Describe severe or late-stage Alzheimer's disease
- Define end of life and related terms
- Define components of making end-of-life decisions
- List strategies for effective transitioning

Symptoms

- Identify end-of-life symptoms
- Explain appropriate care approaches to end-of-life symptoms
- Describe care team model for responding to symptoms

Support

- Describe how relationships and meaningful interactions enhance quality of life for residents at the end of life
- Describe ways that spiritual needs can be met to improve resident well-being
- Discuss support strategies for family/staff during end of life

**This program is approved for 3.5 contact hours by the National Association Social Workers (NASW), National Association of Long Term Care Administrator Boards (NCERS), and Pennsylvania State Nurses Association.*

activity based alzheimer's care (6 hours)

Activity Based Alzheimer Care: Building a Therapeutic Program is a one-day, interactive training program designed for activity professionals who have a basic understanding of Alzheimer's disease and whose primary job responsibilities include activity programming design and implementation. It is also appropriate for direct care staff who assist in implementing activities and daily routines. The topics covered are:

- Activity based Alzheimer's care
- Assessment and care planning
- Program design
- Quality activities
- Program evaluation
- Teamwork

**This program is approved for 6 contact hours through the American Therapeutic Recreation Association (ATRA), National Association of Long Term Care Administrator Boards (NCERS) and National Association of Social Workers (NASW).*

Registration form (all information is required for processing)

Name: _____

Address: _____

Phone/Email address: _____

Professional title: _____

License # and State of License: _____

Program Date/Title: _____

Preferred method of payment: check or credit card (please circle one)

Mail Checks to:

Alzheimer's Association
 Delaware Valley Chapter
 399 Market Street, Suite 102
 Philadelphia, PA 19106
 Attn: Sharon Jarnette

*Please put **professional training** in the subject line.

Credit Card (please circle one):    

Name as it appears on card: _____ Card #: _____

Expiration date: _____ Security code #: _____

Please fax to 215.561.4663 attn: Sharon Jarnette. If you prefer to pay by phone, please call our 24/7 Helpline at 800.272.3900 and ask for Sharon Jarnette, Community Outreach Assistant. If you have any questions, contact Krista McKay, Associate Director Education, at 856.797.1212, ext. 405, or by email at krista.mckay@alz.org.