



CENTRAL ILLINOIS CHAPTER

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MEDIA RELEASE

November 22, 2011

Distribution: For Immediate Release

**Alzheimer's Association First Friday's Program
Power of Music Therapy**

The Power of Music Therapy will be the topic of the **Dec. 2 First Fridays** Program hosted by the Alzheimer's Association - Central Illinois Chapter, Quincy Area Branch. The lunch time event will begin at **11:45 a.m. at the Quincy Senior and Family Resource Center, 639 York St., Quincy.**

Professional singer, performer and instructor Chenille Saunders of Center Stage Music will be the featured speaker. As a previous behavioral education director in Utah, Saunders designed a program for using music therapy with students with problematic behavior and for those with severe handicaps. A professional Coloratura soprano, recording artist, and motivational speaker, she performs throughout the nation and is the owner of Center Stage Music & Performing Arts School in Carthage and Quincy.

The program is free to the public although reservations are required. Lunch will be served at 11:45 a.m.; the presentation will begin at Noon. Caregivers can also take advantage of respite care available through the Adult Day Care Center located at the Senior Center and through homemaker services. Advance registration is required for respite care.

The Alzheimer's Association - Central Illinois Chapter provides free services to caregivers and those with memory loss problems including education programs, 24-hour telephone Helpline, library, newsletter, advocacy, care consultations and registration in the national MedicAlert+Safe Return program.

The program is made possible through a grant from the West Central Illinois Area Agency on Aging. To register, please call 228-1111. For disease and caregiving information, visit the agency's website at www.alz.org/illinoiscentral.

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