



CONNECTICUT CHAPTER Adult Day Centers

According to the Connecticut Association of Adult Day Centers (CAADC), there are two different models of Adult Day Care: the social model and the medical model. The social model is designed for individuals who do not require direct assistance with medical or personal care needs, while the medical model provides social services and routine direct personal care, nursing intervention, rehabilitation, and/or therapeutic recreation. Please ask the day center for which model of care they are certified.

Town	Facility	Phone	Notes
Avon	The Friendship Circle ADC, W. Avon Cong. Church 280 Country Club Road Avon, CT 06001	(860)673-7631	Sally Southerland, Director, CAADC Member Dementia-specific programs, Social Model, M-F 8 a.m.-4:30 p.m.; no w/e hours
Bloomfield	Senior Care - Hartford 30 Tobey Road Bloomfield, CT 06002	(860)286-1010	Lynn Alexander, Administrator, CAADC Member Dementia-specific programs, Medical Model. Transportation and 2 full meals available. M-F 8 a.m. - 5 p.m.; Sat. 9 am-4 p.m., Bilingual Staff
Branford	Orchard House Adult Day Center 421 Shore Drive Branford, CT 06405	(203)481-7110	Stephanie Evans-Ariker, Director, CAADC Member Medical Model M-F 8 am-4pm, S 9am-3pm. Transportation available. www.theorchardhouse.org
Bridgeport	Park City Adult Day Care 55 Chapel Street Bridgeport, CT 06604	(203)335-1001	Rita Carlson, Director, CAADC Member Dementia-specific programs, Medical model. M-F 8am-4:30pm; no w/e hours. Transportation available.
Brooklyn	Pierce Memorial Baptist Home 44 Canterbury Road Brooklyn, CT 06234	(860)774-9050 x 123	Alice Woodworth, Recreation Coordinator, CAADC Member Dementia-specific programs, Social Model, MW 10 xm-4pm; no w/e hours, no transportation available.
Canaan	Geer Adult Day Center 83 South Canaan Road Canaan, CT 06018	(860)824-7067	Lori Neal, Director, CAADC Member Dementia-specific programs, Medical Model, M-F 7:30am-4:30pm; no w/e hours, Transportation available.
Clinton	Robin's Nest Intergenerational Adult Day Care 94 High Street Clinton, CT 06413	(860)664-3568	Robin Twigg, Director, CAADC Member Medical Model; open 24/7; Capacity for 3 live-in, overnight Alzheimer's boarders. Transportation available.
Danbury	Almost Home Adult Daycare, LLC 52 Federal Road Danbury, CT 06810	(203)743-6456	Jim Maurer, Center Director, CAADC Member Dementia-specific programs, Medical Model. M-F 7:30am-5pm; Sat 8am-2:30pm; Sun-closed. Transportation available.
East Hartford	Senior Care - Hartford/East Hartford 144 Main Street, Ste J East Hartford, CT 06118	(860)568-9692	Mary Ann Klember, Administrator, CAADC Member Early Stage Dementia-specific programs, Medical Model, M-F 7:30am-5:00pm; Sat. 9am-4pm, Bilingual staff, seniorcarecenter.com , transportation available

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Enfield	Enfield Adult Day Center 1A Beech Road Enfield, CT 06082	(860)763-7538	Paula Vaicekauskas, Director, CAADC Member Dementia-specific programs, Medical Model, M-F 8am-4pm; no w/e hours. Transportation available.
Enfield	The Felician Adult Day Center 1333 Enfield Street Enfield, CT 06082	(860)745-2542	Sister Nancy Marie, Director, CAADC Member Medical Model, Specialize in Alzheimer's care, M-F 8 am-4pm;no w/e hours. Transportation available - Enfield only www.felicianadultdaycare.org
Fairfield	Grasmere by the Sea 1 Post Road Fairfield, CT 06824	(203)365-6470	Michael Hebert, Director, CAADC Member Dementia-specific programs, Medical Model, M-F 8am-4:30pm; no w/e hours, Support group each last Fri 1-2pm(Donna Lange). Transportation available.
Glastonbury	Glastonbury Senior Center - Friendship Circle Memory Program 2155 Main St Glastonbury, CT 06033	(860) 652-7710	Social engagement program designed for seniors with early stage dementia The group meets 3 days a week: Tuesday, Wednesday, and Thursday from 9:45 am to 12:45 pm.
Greenwich	GADC River House 125 River Road Ext. Cos Cob, CT 06807	(203)622-0079	Carol Burns, Director Jane Kramer, Director of Social Services, CAADC Member Dementia-specific programs, Medical Model, M-F 7:30-4:30pm; Sat 8am-4:30pm. Transportation available.
Hamden	Clelian Adult Day Center 261 Benham Street Hamden, CT 06514	(203)288-4151	Sister Cecilia Scaduto, Director, CAADC Member Dementia-specific programs, Medical Model, M-F 7:30 am-4:30pm; no w/e hours, Transportation available.
Hamden	Lina Adult Day Care/Community Center 119 Sanford Street Hamden, CT 06514	(203)230-1180	Mikhail Goloyvan, Administrator, CAADC Member Dementia-specific programs, Medical Model, M-F 9am-3pm; Sat 9am-2pm. Transportation available.
Hamden	Partnerships Center for Adult Day Care 3 Industrial Circle Hamden, CT 06517	(203)248-8854	Valerie Della Rocco, RN, Director, CAADC Member Dementia-specific programs, Medical Model, M-F 7:30am-4:30pm; no w/e hours, Transportation available partnershipsadc@yahoo.com
Hartford	Day Break at Hartford 243 South Whitney Street Hartford, CT 06105	(860)523-0108	Maria Dalgado, Director, CAADC Member Medical Model, M-F 7am-4:30pm;Sat/Sun 8am-3pm, bilingual Staff. www.daybreakathartford.com
Hartford	Juniper Day Center 598 Farmington Avenue Hartford, CT 06105	(860)523-7989	Svetlana Mayorov, Director, CAADC Social Model, M-F 8:30am-5pm, S-S 8:30am-5pm. Transportation provided
Hartford	Hebrew Community Services Adult Day Center at Immanuel House Campus 15 Woodland Street Hartford, CT 06105	(860)525-6111	Maureen Dolin, Director, CAADC Member Dementia-specific programs;accepts up to 40 participants, Medical Model, M-F 7:30am-4pm;no w/e hours. Transportation provided..
Litchfield	Litchfield Hills Adult Day Center 407 Bantam Road Litchfield, CT	(860)567-2402	Amy Fitzpatrick, Director, M-F 9-3; half day program 9-11:30. Transportation available.

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Madison	The Strong House Adult Day Center 546 Durham Road Madison, CT 06443	(203)245-0524	Lori Murphy-Director, CAADC member Dementia-specific programs, Medical Model, M0-F 8:30am-4:30pm; no w/e hours. Transportation available.
Middlebury	Senior Care of Middlebury 900 Straits Turnpike Middlebury, CT 06762	(203)598-7642	Patricia Rockwell, Administrator, CAADC Member Dementia-specific programs, Alzheimer's specific programs, Medical model, M-F 7:30am-5pm; S-S 9am-4pm, Bilingual staff, Transportation provided. middlebury@seniorcarectrs.com
Middletown	The Day Club Adult Day Center 32 Miner Street Middletown, CT 06457	(860)632-1119	Elizabeth Muller, Director, CAADC Member Medical Model, M-F 8a -4pm; no w/e hours. allcarect@gmail.com
Middletown	Day Tymers Social Club at Heritage Commons 38 Boston Road Middletown, CT 06457	(860)344-1221	Carmela Gagnon, Administrator, CAACD Member Transportation available Dementia-specific programs, Social Model, M-F 8am-4pm; no w/e hours. www.heritagecommons.com
Milford	Milford Elderly Services/Aherns Program 9 Jepson Drive Milford, CT 06460	(203)877-5131	
Moodus	Chestelm Adult Day Services 542 Town Street Moodus, CT 06469	(860)873-3833	Brenda Marnian, Administrator, CAADC Member Dementia-specific programs, Medical Model, M-F 8am-5pm; no w/e hours, Transportation provided.
New Britain	Mulberry Gardens at Marion Heights 314 Osgood Ave New Britain, CT 06051	(860) 276-1020	Mary Hoskins, Director, Medical Model. Meals provided;English and Polish speaking staff
New Britain	Juniper Day Center at Regency 55 Spring Street New Britain, CT 06051	(860) 893-1970	Eric Collazo, LPN, Director CAADC Member, www.juniperhouse.org, bi-lingual nursing staff (Spanish) Medical Model, M-F 8am-4pm, Transportation Provided
New Canaan	Waveny Care Center Adult Day Program 3 Farm Road New Canaan, CT 06840	(203)594-5200 (203)594-5314	Irene Sumberg, Director, CAADC Member Dementia-specific programs, Medical model, M-F 8am-5:30pm, Sat. 8am-3pm Transportation available www.waveny.org
New Haven	Mary Wade Home Adult Day Center 118 Clinton Avenue New Haven, CT 06513	(203)562-7222	Cara Taylor, Director, CAADC member Alzheimer's specific programs, Social/Medical Model, M-F 8am-4pm, S-S 8am-4pm, Transportation Provided
Newington	Family Adult Day Center 445A Willard Avenue Newington, CT 06111	(860) 436-2013	Dale Hume-Rimai, RN, RDH., Director, Medical Model, M-Saturday 8am-5pm with extended hours. Transportation provided.
Norwalk	Elderhouse, Inc. 7 Lewis Street Norwalk, CT 06851	(203)847-1998	Denise Cesareo, Director Sally Harding, Social Services, CAADC Member Dementia-specific programs, Medical Model, M,W,F 8am-5pm; T, TH 8am-7pm, Sat 9am-3pm
Norwich	Ross Adult Day Center 165 McKinley Avenue Norwich, CT 06360	(860)889-1252	Janis Davis, Director, CAADC Member Dementia-specific Programs;accepts up to 35 participants, Medical Model, M-F 7:30am-5pm; no w/e hours, Transportation available.

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Plainville	Day Break at Farmington LLC Adult Day Center 290 Farmington Avenue Plainville, CT 06062	(860)747-4093	Dementia-specific programs, Medical Model, M-F 8am-4:30pm; Sat/Sun 8am-3pm, Transportation and meals provided. Www.daybreakatfarmington.com
Plantsville	Alzheimer's Resource Center of CT Adult Day Center 1261 South Main Street Plantsville, CT 06479	(860)628-3033	Dan Belonick, Director Exclusively for individuals with Alzheimer's or related dementias Social Model, Open 7 days a week 8:30a-3:30p, Extended Hours M-F 3:30p-5:30p, Transportation available.
Plantsville	Mulberry Gardens of Southington 58 Mulberry Street Plantsville, CT 06479	(860)276-1020	JoAnn Doner, Director Laurie Pisani, Program Director, CAADC Member Dementia-specific programs, Medical Model, M-F 8am-4:30pm, Sat 8am-4:30pm, Extended evening hours and available Sun. if needed
Sandy Hook	Old Glory Days, LLC 107 Church Hill Road Sandy Hook, CT 06482	(203) 648-5983	Emily Slattery, Director. M-F 7:30- 5:30; no w/e hours; Social Model; transportation available; no meals. Glorydaysllc.com
Simsbury	McLean Adult Day Health Center 75 Great Pond Road Simsbury, CT 06070	(860)655-3700	Sue Safino, Director, Dementia-specific programs, Medical Model, MWF 9am-3pm; no w/e hours, Transportation provided within ten miles of the facility.
Stratford	Remesa East Adult Day Center/Sunset Shores Adult Day Center 720 Barnum Avenue Cut-off Stratford, CT 06614	(203)380-1228	Gladys Soto, Director, CAADC Member Dementia-specific programs, Medical Model, M-F 7:30 am - 5:30 pm; Sat 9 am - 2 pm There are two different ADC programs on two different levels of the facility. Remesa East ADC is bilingual. Sunset Shores and Remesa East serve Fairfield thru West Haven thru the Valley up to Seymour. Transportation coordinated. Community Outreach Director: Mary Pruzinsky, mpruzinky@cteldercare.com .
Stratford	Baldwin C.A.R.E.S. Activity Program 1000 West Broad Street Stratford, CT 06615	(203)385-4050	Andrea Carroll, Director Dementia-specific programs, Social Model, M-F 9am-2:30pm; no w/e hours. Stratford residents only.
Tolland	Senior Moments, LLC 31 Kingsbury Avenue Tolland, CT 06084	(860)643-9500	Lori O'Connor, APRN, MSN, Director, Elder Care Consulting, LLC. Medical Model-Nurse oversight. Catered meals and transportation available.
Trumbull	The Kennedy Center, Senior Options Program 39 Lindeman Drive Trumbull, CT 06611	(203)372-2111	Valerie Seldon, Director Dementia-specific programs, Social Model, M-F 8am-4pm; no w/e hours

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Wallingford	Masonicare Adult Day Program 74 Cheshire Rd Wallingford, CT 06492	(203) 679-6400	In their memory care community Social Model M-F and weekends - 10 a.m. to 4 p.m. (including holidays). Arrangements can be made for extensions on either end. A typical half day is four hours. Transportation within a 15 mile radius for an additional fee (\$10 roundtrip). Contact Marketing at 203-679-6425 or MAVMarketingDept@masonicare.org
Wallingford	Memory Lane ADC at the Wallingford Senior Center 238 Washington Street Wallingford, CT 06492	(203)265-7753	Melinda Welch, Program Coordinator Dementia-specific programs, Social Model, M- F 9:15am-2:15pm; no w/e hours, Will provide transportation to Wallingford residents. office@wlfdseniorctr.com, wlfdsenior.ctr@sbcglobal.net
Waterbury	Abbott Terrace Adult Day Center 44 Abbott Terrace Waterbury, CT 06702	(203)755-4870 ext. 112	Laura Fasanelli, Director, CAADC Member Dementia-specific programs, Social Model, M- F 8am-4pm; no w/e hours.
Waterbury	Day Break at Waterbury 515 Watertown Avenue Waterbury, CT 06708	(203)757-0106	JoAnna Aldarondo, Director, CAADC Member Dementia-specific programs, Medical Model, M- F 7am-5pm; Sat/Sun 7am-5pm; Transportation provided. Www.daybreakatwaterbury.com
West Hartford	Hebrew Health Adult Day Services 1 Abrahms Boulevard West Hartford, CT 06117	(860)523-3857	CAADC Member Dementia-specific programs, Medical Model, M-F 8am-4:30pm Half day also available M-F, Transportation provided - residents of West Hartford, Hartford, Bloomfield
West Hartford	St. Mary Home, Adult Day Care 2021 Albany Avenue West Hartford, CT 06117	(860)570-8285	Maryann Loveland, Director, CAADC Member Dementia-specific programs, Medical Model, M- F 8am-4pm; no w/e hours Mloveland.smh@mchct.org
West Hartford	Juniper Day Center Elmwood 1086 New Britain Avenue West Hartford, CT 06110	(860)523-1919	Lucy Dratva CAADC Member Social Model, M-F 8:30am-5pm S 8:30am-5pm Transportation provided
West Haven	West Haven Adult Day Center 201 Noble Street West Haven, CT 06516	(203)937-3658	Ethel Anderson - Director, CAADC Member Medical Model, M-F 8:30am-4:30pm; no w/e hours, Transportation available.
Windsor	Caring Connection Adult Day Health Center 330 Windsor Avenue Windsor, CT 06095	(860)547-0251	Louis Arsenault - Director, CAADC Member Dementia-specific programs, Medical Model, M- F 7am-4:30pm; no w/e hours, Transportation provided - Windsor, Windsor Locks, Bloomfield www.townofwindsor.com\caringconection