

Connecticut Chapter

CAREGIVER SUPPORT GROUPS

Alzheimer's Association® caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with dementia to develop a support system, exchange practical information on caregiving challenges and possible solutions, talk through issues and ways of coping, share feelings, needs and concerns and learn about community resources.

****PLEASE be sure to call the contact listed to verify meeting day, time and location prior to attending a support group****

Visit alz.org/ct to learn more about caregiver programs and resources. To further extend your network of support, visit ALZConnected®, our online community, at alzconnected.org.

For more information please call 1-800-272-3900

Town	Location	Address	Meeting Times	Facilitator	Notes
Avon	The Residence at Brookside	117 Simsbury Road Avon, CT 06001	3rd Wednesday, 3:00-4:30 p.m.	Peg Coburn (860) 841-7526, peggycoburn@att.net	
Avon	River Ridge at Avon	101 Bickford Drive Avon, CT 06001	2nd Saturday, 1:00 p.m.	Holly Neddermann 860-677-2155 hnedderman@benchmarkquality.com	
Bloomfield	Duncaster (Aquatic Entrance)	40 Loffler Road Bloomfield, CT 06002	Last Monday of the month 10:30 a.m. - 12:00 p.m.	Michelle Wyman 860-276-5399 ext. 4404; Sarah Janowski-Therion 860-380-5012	NO MEETING DECEMBER 2017
Branford	Evergreen Woods	88 Notch Hill Road Branford, CT 06471	3rd Tuesday, 1:15-2:15 p.m.	Nicole Brown, Marie Crouch; 203-483-3225	
Branford	The Hearth at Gardenside	173 Alps Road Branford, CT 06405	Last Tuesday, 5:00 p.m.	Linda Capaubo (203) 483-7260 ext. 4249	Caregiver Support Group; please call ahead
Branford	Orchard House Medical Adult Day Center	421 Shore Drive Branford, CT 06405	1st Wednesday, 10:30 a.m. - 12:00 p.m. *MEN AS CAREGIVERS GROUP*	Stephanie Evans-Ariker 203-481-7110 support@theorchardhouse.org	
Bridgeport	Jewish Senior Services	4200 Park Avenue Bridgeport, CT 06604	2nd Tuesday, 4:00 p.m. - 5:00 p.m.	Francee Sviridoff 203-365-6479 fsviridoff@jseniors.org	
Bristol	Ingraham Manor	400 North Main Street Bristol, CT 06010	1st Monday, 6:00 pm.	Karen Cornell (860) 585-3269	
Brookfield	Brookfield Senior Center	100 Pocono Road Brookfield, CT 06804	4th Wednesday, 1:00 p.m. - 2:30 p.m.	Darlene Lobraico 203-313-2862 dar4alz@gmail.com	
Canaan	Geer Adult Day Center Geer Village Chapel	83 South Canaan Road Canaan, CT 06018	2nd Wednesday, 1:00 p.m.	Joan Anderson (860) 824-7067	
Cos Cob	River House Adult Day Center	125 River Road Ext. Cos Cob, CT 06807	2nd and 4th Thursday, 2:00 - 3:00 p.m.	Marie Johnson 203-622-0079 mjohnson@theriverhouse.org	
Cos Cob	River House Adult Day Center	125 River Road Ext. Cos Cob, CT 06807	3rd Thursday, 6:00 - 7:00 p.m.	Marie Johnson 203-622-0079 mjohnson@theriverhouse.org	
Danbury	Maplewood at Danbury	22 Hospital Ave Danbury, CT 06810	3rd Thursday 6:00-7:30 p.m.	Patty DiDomenico 203-246-5620 pddomenico@maplewoodsl.com	
Darien	Darien Senior Programs	2 Renshaw Road Darien, CT 06820	3rd Wednesday, 1:00-2:30 p.m.	Elizabeth Paris, Senior Center Coordinator 203-656-7490; eparis@darienct.gov	Respite care available upon request
Darien	Maplewood at Darien	599 Boston Post Road Darien, CT 06820	3rd Thursday, 4:30 - 5:30 p.m.	Susanne Bengtsson, LMSW 203-202-9883; darienepd@maplewoodsl.com	
Derby	Griffin Hospital	130 Division Street Derby, CT 06418	2nd Tuesday 6:00-7:30 p.m.	Cary Carpino 203-732-7371 ccarpino@griffinhealth.org	Adult children caregivers
Eastford	Congregational Church of Eastford	8 Church Road Eastford, CT 06242	2nd Thursday, 7:30 p.m.	Bev Lindemann (860) 974-1945	
East Hartford	Riverside Health and Rehabilitation Center	745 Main Street East Hartford, CT 06108	2nd Wednesday, 6:00-7:00 p.m.	Scott Ginter 860-289-2791 ext. 314 hawkfeather374@aol.com	
East Hartford	South End Senior Center	70 Canterbury Street East Hartford, CT 06108	1st Thursday, 1:00 p.m.	Scott Ginter 860-289-2791 ext. 314 hawkfeather374@aol.com	

East Haven	The Village at Mariners Point	111 South Shore Drive East Haven, CT 06512	3rd Thursday, 6:00 p.m.	Ashley Dearborn 203-467-0067 adearborn@benchmarkquality.com	
East Windsor	Fresh River Health Care	96 Prospect Hill Road East Windsor, CT 06088	2nd Tuesday, 2:30 p.m.	Rulanda Simao 860-623-9846 rsimao@freshriverhealthcare.com	
Fairfield	Grasmere by the Sea Adult Day Services	One Post Road Fairfield, CT 06825	1st and 3rd Thursday monthly 4:00 p.m. - 5:00 p.m.	Contact Sandy Jenkins 203-365-6470 sjenkins@jhe.org	
Farmington	Atria Farmington (Theater Room)	111 Scott Swamp Road Farmington , CT 06032	4th Thursday, 6:30 p.m. *3rd Thursday in November and December*	Victoria Liberator 860-284-0505 victoria.liberator@atriaseniorking.com	
Glastonbury	Aging Care, LLC	117 New London Turnpike Glastonbury , CT 06033	4th Thursday 3:00 - 4:30 p.m.	Pam Atwood 860-801-1114 pkristatwood@colebrookvillage.com	
Glastonbury	Mountain Laurel	1177 Hebron Avenue Glastonbury , CT 06033	1st Wednesday, 6:00 to 7:30 p.m.	Dawn Anderson (860) 652-3444 dawn.anderson@brookdale.com	
Granby	Granby Senior Center	15 North Granby Road Granby, CT 06035	2nd Tuesday, 10:00 a.m. - 11:00 a.m.	Facilitator: Peg Coburn *Please contact Marisa Deluca 860-844-5352 senioregranby-ct.gov	
Greenwich	First Presbyterian Church Greenwich: 4th Floor Library	One West Putnam Ave. Greenwich, CT 06830	3rd Tuesday, 7:00 p.m. - 8:00 p.m. GROUP BEGINS JUNE 20, 2017	Tony Correale 203-496-5198	Please call facilitator prior to attending
Griswold	Griswold Senior Center	22 Soule Street Jewett City, CT 06351	4th Thursday, 4:00 p.m. - 5:00 p.m. Group Begins May 25, 2017	Tina Falck 860-376-2604 griswoldseniors@yahoo.com	
Guilford	Nathanael B. Greene Community Center	32 Church Street Guilford, CT 06437	4th Tuesday, 6:00 p.m. - 7:30 p.m.	Susan Shultz 203-785-8533 X 3163 Stephanie Evans-Ariker 904-635-9651 caregiver.group@yahoo.com	
Haddam	Saybrook at Haddam	1556 Saybrook Road Haddam, CT 06438	3rd Wednesday, 6:00 - 7:00 p.m.	Kathleen Hallett 860-345-3779	
Hamden	Arden House	850 Mix Avenue Hamden, CT 06514	2nd Thursday, 6:00 - 7:00 p.m.	Shenell Charles 203-281-3500 shenell.charles@genesishcc.com	
Hamden	Atria Larson Place	1450 Whitney Avenue Hamden, CT 06517	3rd Wednesday, 5:30 to 7:00 p.m.	Blanche Agostinelli 203-288-8555 or Sharon Cohen at 203-288-6952 **Please call before attending**	Younger Onset Caregiver Group (Caregivers of persons with dementia under age 65)
Hamden	Clelian Adult Day Center	261 Benham Street Hamden, CT 06514	2nd Tuesday, 6:00 p.m. - 7:30 p.m.	Paula Mathews 203-288-4151	
Hamden	Alzheimer's Association Hamden Regional Office	2911 Dixwell Ave, Suite 205 Hamden, CT 06518	4th Thursday, 7:00 p.m.	Marcie Dimenstein 203-710-0500 or John Proto 203-228-4335	
Hamden	Benchmark Senior Living at Hamden (Formerly Maple Woods at Hamden)	35 Hamden Hill Drive Hamden, CT 06518	Last Wednesday monthly, 10:00 a.m.	Maria Tomasetti 203-230-1777 Ext. 14 maria.tomasetti@alz.org	Caregiver Support Group
Hebron	Colebrook Village	105 Main Street Hebron, CT 06248	3rd Wednesday monthly, 3:00 - 4:30 p.m.	Pam Atwood 860-801-1114 pkristatwood@colebrookvillage.com	

Meriden	Connecticut Baptist Homes (Game Room)	292 Thorpe Ave Meriden, CT 06450	Last Tuesday, 10:30 a.m.	Elizabeth McCaffrey, MSW 203-237-1206 emccaffrey@ctbaptisthomes.org	
Meriden	The Village at Kensington Place	511 Kensington Avenue Meriden, CT 06451	3rd Saturday 2:30 - 3:30 p.m.	Louise Zigbuo-Tolbert 203-235-0181 lzigbuotolbert@benchmarkquality.com	
Middletown	Water's Edge Center for Health & Rehab	111 Church Street Middletown, CT 06457	2nd Tuesday 2:00-3:00 p.m.	Kathleen Kaliscak (860) 347-7286 kkaliscak@nathealthcare.com	**No meeting in the months of July and August**
Milford	Milford Hospital	2047 Bridgeport Avenue Milford, CT 06460	First Monday, 6:00 pm.	Maria Tomasetti 203-230-1777 ext. 14 mtomasetti@alz.org	
Montville	Montville Senior Center	12 Maple Avenue Uncasville, CT 06382	1st Friday, 10:00 a.m.	Donna Hunter 860-443-8650 jhuntbass@sbcglobal.net	
Moodus	Chestelm Health & Rehab	534 Town Street Moodus, CT 06469	2nd Wednesday, 3:30 p.m.	Candice Nero (860) 873-6555 cnero@chestelm.com	
Mystic	Academy Point at Mystic	20 Academy Lane Mystic, CT 06355	3rd Wednesday, 4:00 p.m.	Heather Farnell 860-536-1133 hfarnell@benchmarkquality.com	
Mystic	Masonicare at Mystic	45 Clara Drive Mystic, CT 06355	3rd Wednesday, 6:00 - 7:30 p.m.	Karen Hawthorn 860-415-2451 khawthorn@masonicare.org	
Naugatuck	Naugatuck YMCA	284 Church Street Naugatuck, CT 06770	2nd Wednesday, 1:00 p.m. - 2:00 p.m.	Karen Lineweber 203-729-9622 klineweber@naugatuckymca.org	
New Britain	Arbor Rose at Jerome Home	975 Corbin Avenue New Britain, CT 06052	3rd Tuesday 6:30 to 7:30 p.m.	Kate Rabinoff, MSW, LCSW 860-229-3707 KRabinoff@jeromehome.org	No August Meeting
New Canaan	Waveny Care Center	3 Farm Road New Canaan , CT 06840	2nd and 4th Tuesday, 1:45-2:45 p.m.	Kate Bacon, MSW (203) 594-5470 kbacon@waveny.org	
New Haven	The Chapel at Mary Wade	118 Clinton Avenue New Haven, CT 06511	2nd Wednesday, 10:00-11:30 a.m.	Gail Donahue (Saturday-Sunday) 203-562-7222	
New Haven	Yale University Yale Alzheimer's Disease Research Unit	1 Church Street, 8th Floor New Haven, CT 06510	1st Tuesday 1:15 p.m. - 2:15 p.m.	Susan Possidente Good, APRN (203) 764-8100 susan.good@yale.edu	
New Milford	Candlewood Valley Health & Rehabilitation	30 Park Lane East New Milford, CT 06776	1st Wednesday, 12:00 noon	Cindy LaCour, Kathy Maher 860-355-0971	Caregiver Support Group
Norwalk	Elderhouse	7 Lewis Street Norwalk, CT 06851	2nd Monday, 12:00 noon - 1:00 p.m.	Sally Harding (203) 847-1998 sally@elderhouse.org	
Norwalk	First Congregational Church of Norwalk on the Green	Park & Lewis Street (Library) Norwalk, CT 06851	Every Tuesday, 11:00 a.m. - 12:00 p.m.	Doris McKee (203) 847-9539	Caregiver Support Group
Norwalk	Norwalk Senior Center	11 Allen Road Norwalk, CT 06851	2nd and 4th Thursday, 10:30 a.m. - 11:30 a.m.	Lynn Westfield 203-847-3115 ext. 108; mow@norwalksc.org	2nd Thursday meeting provides activities for person with dementia; please call ahead.
Orange	Maplewood at Orange	245 Indian River Road Orange, CT 06477	3rd Thursday, 6:15 p.m. - 7:15 p.m.	Jordan Clauson 203-795-3117	
Plainville	Plainville Senior Center	200 East Street Plainville, CT 06062	3rd Tuesday 10:00 a.m.	Bette Smith 860-747-5728	
Putnam	St. Mary's Parish Center	15 Marshall Street Putnam, CT 06260	2nd Thursday, 1:30-2:30 pm.	Kathy Demers 860-377-6416	
Ridgefield	St. Stephen's Episcopal Church; South Hall	351 Main Street Ridgefield, CT 06877	2nd Thursday, 6:30 p.m.	Maria Victor-Smith Please call Bob Johnston 203-313-4395	
Rocky Hill	Brookdale	60 Cold Spring Road Rocky Hill, CT 06067	2nd Wednesday,	Debbie Nakamura-Cantele 860-257-3820 Debbie.Nakamura-Cantele@brookdale.com	
Shelton	Gardner Heights	172 Rocky Rest Road Shelton , CT 06484	2nd Wednesday, 7:00 p.m.	Mike Hetsko (203) 924-6252 Mh@hetsko.com	Caregiver Support Group; please call ahead

Shelton	Split Rock	708 A Bridgeport Avenue Shelton , CT 06484	1st Thursday, 3:30 to 5:00 p.m.	Lidia Ayala 203-929-1111 layala@benchmarkquality.com	
Simsbury	McLean Village	100 Sarah Lane Simsbury , CT 06070	First Monday, 1:30 p.m.	Megan Gill 860-658-3728 megan.gill@mcleancare.org	
Somers	Somers Senior Center	19 Battle Street Somers, CT 06071	1st Monday, 1:15 - 2:15 p.m.	Kathleen Mack 860-810-6123 enfieldcoordinator@homehelpershomecare.com	
South Windsor	Our Savior Lutheran Church	239 Graham Road South Windsor, CT 06074	3rd Tuesday 6:00 p.m.	Christine Dileone 860-655-7069 cdileone@cox.net	
Southbury	Jewish Federation of Western CT	444 Main Street North Southbury, CT 06488	2nd Thursday, 10:30 a.m.	Patricia Gibbs 203-948-2290	
Southbury	Watermark at East Hill	611 East Hill Road Southbury, CT 06488	Last Wednesday monthly, 6:00 p.m. - 7:30 p.m.	Denise Julian 203-262-6868 ext. 125 djulian@watermarkcommunities.com	
Southington	Southington Care Center Anna Fanelli Room	45 Meriden Avenue Southington, CT 06489	2nd Wednesday, 6:30 - 7:30 p.m.	Patty O'Brian (860) 276-5399 ext. 4403	
Stafford Springs	JMMC, CMEC Building	201 Chestnut Hill Road Stafford Springs, CT 06076	4th Thursday, 4:00 p.m.	Audra Lauf (860) 763-7622 or 860-990-0081 audra.lauf@jmmc.com	
Stamford	Tully Health Center (a branch of Stamford Hospital) Conf. Room C	32 Strawberry Hill Court Stamford, CT 06902	3rd Wednesday, 12:00-1:30 p.m.	Angel Dazzo 203-667-0034	
Stratford	Sunset Shores Adult Day Center	720 Barnum Ave. Cutoff Stratford, CT 06614	2nd Monday 5:00 - 6:00 p.m.	Sue Secondi (203) 380-1228 Ssecondi@ctelderare.com	
Suffield	Emergency Aid Association	450 South Street Suffield, CT 06078	3rd Thursday, 1:30 - 2:30 p.m.	Kathleen Mack 860-810-6123 enfieldcoordinator@homehelpershomecare.com	
Torrington	Charlotte Hungerford Hospital	540 Litchfield Street Torrington, CT 06790	3rd Wednesday, 7:00 p.m.	Karen Cornell (860) 585-3269	

Torrington	Valerie Manor	1360 Torrington St. Torrington, CT 06790	1st Thursday, 6:00-7:00 p.m.	Karen Braley 860-489-1008	
Vernon	Visiting Nurse & Health Services of Connecticut, Inc.	8 Keynote Drive Vernon, CT 06066	3rd Wednesday 9:30-11:30 a.m.	Karla Vince 860-872-9163 kvince@vnpsc.org	
Wallingford	Masonicare Pond Ridge	7200 Pond Ridge Wallingford, CT 06492	Contact Facilitator for meeting dates 10:00 - 11:00 a.m.	Audrey Grove 203-679-6907	GENERAL CAREGIVER SUPPORT GROUP
Wallingford	Ashlar Village Private Dining Room	74 Cheshire Road Wallingford, CT 06492	1st Wednesday Monthly, 6:00-7:30 p.m.	Audrey Grove 203-679-6907	**GROUP IS FOR FAMILY MEMBERS OF INDIVIDUAL RESIDING IN ASSISTED LIVING AND MEMORY CARE**
Wallingford	Masonicare Health Center	22 Masonic Ave Wallingford, CT 06492	2nd Tuesday Monthly, 6:00-7:30 p.m.	Audrey Grove 203-679-6907	**GROUP IS FOR FAMILIES OF INDIVIDUALS RESIDING IN LONG TERM CARE**
Waterbury	Village at East Farms	180 Scott Road Waterbury, CT 06705	1st Wednesday, 10:00 a.m. and 6:00 p.m.	Darly Andre 203-756-2969	Respite care available for person with dementia while caregiver attends support group. Call for more information.
Waterford	Bayview Health Care Center	301 Rope Ferry Road Waterford, CT 6385	Quarterly Meetings on Tuesdays at 5:30 p.m.: August 8, 2017, November 14, 2017, February 13, 2018 May 8, 2018 August 14, 2018	Deb Sousa 860-389-7422	
Waterford	Waterford Senior Services	24 Rope Ferry Road Waterford, 06385	2nd Thursday, 10:00 a.m.	Donna Hunter 860-443-8650 jhuntbass@sbcglobal.net	
West Hartford	West Hartford Senior Center Bishops Corner	15 Starkel Road West Hartford, CT 06117	3rd Tuesday Monthly, 11:00 a.m. - 12:00 p.m. *Group Begins November 2016*	Elaine Reid 860-712-4614	**Enrichment program available for person living with dementia. Pre-screen required**
Windsor	Kimberly Hall North	One Emerson Drive, North Building Windsor, CT 06095	2nd Thursday, 6:00-7:00 p.m.	Kate Bartelmo (860) 688-6443 kate.bartelmo@genesishcc.com	