

# Education Events

## January 14<sup>th</sup> , 9:30 am – 2:30 pm

J.W. and Reola Stark Arts & Inspiration Program  
for persons with early memory loss

Kansas Food Bank, 1919 E Douglas Ave, Wichita

## January 21<sup>st</sup> , 11:30 am – 1:00 pm

Living a Brain Healthy Lifestyle

Temple Immanuel, 7011 E. Central, Wichita

## January 30<sup>th</sup> , 10:00 am – 3:00 pm

Here's to Your Health (Health and Wellness Fair)

Envision, Intrust Community Services Hall, 610 N. Main, Wichita

## Upcoming Events:

## February 11<sup>th</sup> , 9:30 am – 2:30 pm

J.W. and Reola Stark Arts & Inspiration Program  
for persons with early memory loss

Kansas Food Bank, 1919 E Douglas Ave, Wichita

## February 17<sup>th</sup> , 11:30 am – 1:00 pm

*Check Out Our New Education Series!*

### **Caregiver Essentials Step 1: Safety First!**

When caring for the person with dementia, having a safe and supportive home is an important concern. Since the disease is progressive, the abilities of the person will change. You as the caregiver can learn to adapt the home to support these changes with some creativity, flexibility, and problem solving. Participants will learn of community resources to help.

## February 27<sup>th</sup> , 2:30 pm – 4:30 pm

Health Fair

Fairways of August, El Dorado