

Desert Southwest Chapter

Southern Arizona Region Programs are intended for family caregivers and professional caregivers and are held at our office at 3003 S. Country Club Road, Suite 209 Tucson, Arizona 85713 unless otherwise indicated.

Support Group locations and contact info are listed below.
Please call to confirm and R.S.V.P. at 322-6601 or 1-800-272-3900

Support Groups

Central Tucson

Encore Senior Village
2675 N. Wyatt Drive
3rd Wednesday, 4:00 - 5:00 pm
Contact John Lawson 520-320-7505
Free respite care provided for your loved one

South Tucson

The Alzheimer's Association
3003 S. Country Club Road, Suite 209
1st & 4th Thursday, 3:00 – 4:00 pm
Contact Ana Miranda 520-322-6601

Veteran's Hospital Bldg 60 Rm C-108
3601 S 6th Ave. 2nd Friday, 3:00 – 4:00 pm
Contact Susan Schoepach, 520-219-9578
Free respite care provided for your loved one

East Tucson

Pima Council on Aging
8467 E. Broadway Blvd.
2nd & 4th Wednesday, 2:30 - 4:00 pm
Contact Kelly Dodds 520-240-0822

Emeritus at Catalina Foothills
3701 N. Swan Rd
2nd Tuesday, 5:00 - 6:00 pm
Contact Dennis Scalpone at 520-299-7755

Rincon Congregational United Church of Christ
122 N. Craycroft Road
2nd and 4th Tuesday Evenings, 7:00 – 8:00 pm
Contact Rita Henry 520-751-1649

Grace Health & Healing Clinic
Early-Stage Alzheimer's Group
7340 E. Speedway Blvd, Ste. 101,
1st & 3rd Saturdays, 9:00 - 10:30 am Contact
Alexandra Soares-Loomis 520-207-6779
Continental breakfast provided

Northwest Tucson/Oro Valley

Clare Bridge of Oro Valley
10175 N. Oracle Road
2nd Tuesday, 10:00 - 11:00 am
Contact Karen Ring 520-289-6701
or Carol Helming 520-297-1453

Rancho Vistoso – Sun City
Desert Oasis Building 14650 N. Sun City
Blvd. (call for directions)
Last Tuesday of month, 4:00 - 5:00 pm
Arlene Schneider at 520-825-5741 or
Don Dittman 520-544-6109

Santa Catalina Villas/La Rosa Health Care
7500 N. Calle Sin Envidia, 3rd floor 2nd
Monday, 4:00 - 5:00 pm (call for
directions) Contact Cindy O'Connell 520-
730-3132.

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Support & Education Programs Continued

Northwest Tucson/Oro Valley

Oro Valley Public Library
1305 W. Naranja Blvd.
1st & 3rd Tuesdays 1:30 – 3:30 pm
Contact Tari Muir at 575-5549 or
Kay Stevens at 520-991-7154

Northwest Oro Valley Hospital
1551 E. Tangerine Road
1st & 3rd Tuesdays, 3:00 – 4:30 pm
Contact Don Dittman at 520-544-6109 or
Susan Schoepach 520-219-9578

Benson

New! beginning January 2012

Quiburi Mission
850 S Highway 80, Conf. Rm
2nd Thursdays 1:00 – 2:00 pm
4th Thursdays 6:00 – 7:00 pm
Contact Shelly Lee (520) 586-2372

Green Valley

Friends In Deed,
301 W. Camino Casa Verde
2nd & 4th Wednesdays 10:00 – 11:30 am
Contact Deb McCarty, 520-393-0822 or

Valley Presbyterian Church
2800 S Camino Del Sol
1st & 3rd Thursdays 2:00 – 3:30 pm
Contact Melody Webster, 520-631-5969

Green Valley Community Church
300 W. Esperanza Blvd
1st Mondays 2:00 – 3:30 pm
Contact Deb McCarty, 520-393-0822 or
Melody Webster, 520-631-5969

Safford

Mt. Graham Regional Medical Center
1600 S. 20th Ave. Safford, AZ
4th Thursdays, 1:30 – 2:30 pm
Contact Mary Hartung, Frank Granberg,
928-428-1040

Oracle

St. Helen's Church
66 Maplewood Street, Oracle, AZ
1st & 3rd Wednesday 10:00 – 11:30 am
Contact Kaye Ham, 520-385-2835 or Karen
Lombardi, 1-800-293-9393

Sierra Vista

Sierra Vista Public Library
2600 E. Tacoma, Sierra Vista, AZ
4th Thursdays 10:30 am – 12 Noon
Contact Tami Kremer 410-322-4676 or
Gloria Noble 520-312-4334

Yuma

Spanish Speaking Group
Yuma Nursing Center 1850 West 25th Street
2nd Thursdays, 1:00 -2:00 pm
Contact Ariana Silva, 928-247-2062 or
Marissela Feliciano 928-9191728

Copper Hills House 12234 N. Frontage Road
1st & 3rd Fridays, 10:30 am to Noon
Contact Margrette Sparks at 928-342-0425

Emerald Springs 1475 S. 46th Avenue,
3rd Saturday, 10:00 - 11:30 am
Contact Margrette Sparks at 928-342-0425

New Group!

Yuma Community Food Bank
2404 E 24th St, 1st Thursdays 2:00 - 3:00 pm
Contact Mary Miranda 928-221-1323

“CarePRO Workshops: developing the coping skills needed to care for someone with memory loss” Caregivers learn about dementia, coping skills, how to communicate & how to take care of yourself. (Call for info: 520-322-6601) Pre- registration required, In-Home Respite Care provided for loved one.