



the compassion to care, the leadership to conquer

December 20, 2011

FOR IMMEDIATE RELEASE

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ALZHEIMER'S ASSOCIATION LEGAL AND FINANCIAL PLANNING PROGRAM HELPS PEOPLE LIVING WITH ALZHEIMER'S DISEASE

Program to be held January 19 in Iowa City

(Iowa City, IA) – The diagnosis of Alzheimer's disease makes planning for the future more important than ever. Concerns about care provision and programs that can help offset costs mean that families need accurate information about legal and financial planning specific to the disease. The Alzheimer's Association East Central Iowa Chapter is conducting "Legal and Financial Planning for Alzheimer's Disease" on Thursday, January 19 at the Iowa City Senior Center located at 28 South Linn St. The program will take place from 5-7:30 p.m.

"Legal and Financial Planning for Alzheimer's Disease" is an interactive program where you will have a chance to learn about important legal and financial issues to consider, how to put plans in place, and how to access legal and financial resources near you. This program will cover information for families and individuals dealing with Alzheimer's disease or a related dementia.

Topics covered will include:

- Making legal plans that fit your needs.
- Legal documents you'll need and what they mean for all of you.
- How to find legal and financial assistance.
- Practical strategies for making a long-term plan of care.
- Tax deductions and credits.

- Government programs that can help pay for care.

“One of the most important tools a caregiver can arm herself with is a well laid legal and financial plan,” said Amanda Miller, Education and Outreach Manager for the Alzheimer’s Association.

“Caregivers who identify monetary strengths or limitations and put into place legal documents to protect themselves and their loved ones early in the Alzheimer’s journey are in the position to reduce stress levels later in the disease, when special attention needs to be placed on being available to love and care for a person with Alzheimer’s.”

There is no cost to attend this workshop and a free dinner will be served. Registration is required. For more information or to register for the evening, contact the Alzheimer’s Association at 800.272.3900 or visit www.alz.org/eci.

About the Alzheimer's Association:

The Alzheimer’s Association is the world’s leading voluntary health organization in Alzheimer’s research, care and support. Our mission is to eliminate Alzheimer’s disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

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