

foundations of dementia care

The Alzheimer's Association Foundations of Quality Dementia Care training sessions will give professional care providers the specified knowledge and skills required to provide consistent, quality care to persons with dementia. The East Central Iowa Chapter rotates 3 different in-person classroom style course offerings to help facilities and day programs meet Iowa's dementia training requirements. The Chapter also offers an on-line training which is available on demand 24/7 called The CARES Approach.

2012 Foundations of Dementia Care Training Schedule

Date	City	Topics
January 3	Cedar Rapids	About Dementia & Making Connections & Understanding Wandering
April 3	Cedar Falls	About Dementia & Making Connections & Understanding Wandering
July 3	Cedar Rapids	Recognizing Pain & Enhancing Mealtimes & Reducing Risk of Falls
October 2	Cedar Falls	Recognizing Pain & Enhancing Mealtimes & Reducing Risk of Falls

2012 Foundations of Dementia Care Course Topics

About Dementia: provides participants with a definition of dementia and its impact on a person's ability to function. Includes Dementia Basics, Improving Communication, and Understanding Behavior.

Making Connections: describes the social needs of residents and provides tools and techniques for ways to have meaningful interactions with residents.

Understanding Wandering: teaches staff to identify why wandering occurs, to identify situations that may lead to wandering, and to apply strategies that promote safe wandering while preventing unsafe wandering.

Recognizing Pain: discusses the different types and causes of pain and teaches staff approaches for reducing pain.

Enhancing Mealtimes: teaches staff the importance of proper nutrition and approaches for challenging mealtime situations.

Reducing Risk of Falls: Describes ways to reduce and prevent injurious falls by promoting mobility, identifying and removing fall hazards and monitoring fall risk factors on an ongoing basis.

Details

- The cost of each 6-hour session is **\$35 per person**. Facilities or organizations sending 10 or more people will received a discounted registration fee of **\$15 per person**.
- Each session includes a certificate of attendance upon completion and take home materials for ongoing support
- Bring your own lunch or plan to run to a near-by store for a short lunch break.
- All sessions run from 9:30am - 4:00pm
- **PRE-REGISTRATION IS REQUIRED.** —Register at 800.272.3900 or by email at amanda.miller@alz.org
- A minimum of 10 registered participants is required for a scheduled program to occur.