

Alzheimer's Academy Presents:

Winter & Spring 2012 Course Catalogue

Henry Ford Health System's **One Ford Place**
1 Ford Place
Detroit, MI 48202

All classes will be held from **6:00 – 8:00 PM** in the 1B Community Conference Room.
Please note this is **NOT** in the main hospital.

Wednesday, January 18, 2012

The Basics: Memory Loss, Dementia, and Alzheimer's disease

Presented by: Ethel Szabo, RN, CS, MSN

Learn about the differences between memory loss, dementia, and Alzheimer's disease, along with information on detection, causes and risk factors, stages of the disease, and treatment.

Wednesday, April 18, 2012

Meaningful Activities

Presented by: Debra Mittelbach

Gain a practical approach to providing activities for the person with dementia in the home. Learn how to plan activities that give more purpose and meaning to their life.

Wednesday, February 15, 2012

Communication and Behaviors

Presented by: Debra Mittelbach

Learn about common behavior changes in people who have dementia and how to best respond with various communication techniques.

Wednesday, May 16, 2012

Family Dynamics

Presented by: Debra Mittelbach

Gain a better understanding of the impact of dementia on the family. Learn how to build better relationships with your family members and use a team approach.

Wednesday, March 21, 2012

Combating Caregiver Stress

Presented by: Barbara Roden

Caring for another person is hard work. Come learn how to take care of YOU and why self-care is vital to caring for others.

Wednesday, June 20, 2012

The Basics: Memory Loss, Dementia, and Alzheimer's disease

Presented by: Debra Mittelbach

Learn about the differences between memory loss, dementia, and Alzheimer's disease, along with information on detection, causes and risk factors, stages of the disease, and treatment.

To reserve your seat, please call: Alzheimer's Association – Greater MI Chapter's
Harry L. Nelson Helpline (800) 272-3900



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