

# Alzheimer's Academy Presents:

## Winter & Spring 2012 Course Catalogue

Henry Ford Health System's **Taylor Campus**  
24555 Haig Road  
Taylor, MI 48180

All classes will be held from 6:00 – 8:00 PM in the Basement Conference Room.

### **Tuesday, January 17, 2012**

#### **The Basics: Memory Loss, Dementia, and Alzheimer's disease**

Presented by: Karen Sarmir, LLMSW

Learn about the differences between memory loss, dementia, and Alzheimer's disease, along with information on detection, causes and risk factors, stages of the disease, and treatment.

### **Tuesday, February 21, 2012**

#### **Communication and Behaviors**

Presented by: Dr. Wendy Lemere, DNP, GNP-BC

Learn about common behavior changes in people who have dementia and how to best respond with various communication techniques.

### **Tuesday, March 20, 2012**

#### **Combating Caregiver Stress**

Presented by: Lisa Gardner

Caring for another person is hard work. Come learn how to take care of YOU and why self-care is vital to caring for others.

### **Tuesday, April 17, 2012**

#### **Meaningful Activities**

Presented by: Tina Berry, LLMSW, ACC

Gain a practical approach to providing activities for the person with dementia in the home. Learn how to plan activities that give more purpose and meaning to their life.

### **Tuesday, May 15, 2012**

#### **Family Dynamics**

Presented by: Roxanne Chang, JD, MS, LLP

Gain a better understanding of the impact of dementia on the family. Learn how to build better relationships with your family members and use a team approach.

### **Tuesday, June 19, 2012**

#### **The Basics: Memory Loss, Dementia, and Alzheimer's disease**

Presented by: TBD

Learn about the differences between memory loss, dementia, and Alzheimer's disease, along with information on detection, causes and risk factors, stages of the disease, and treatment.

**To reserve your seat, please call:** Alzheimer's Association – Greater MI Chapter's  
Harry L. Nelson Helpline (800) 272-3900



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