

### SUPPORT GROUPS

Support groups provide a forum for individuals, family members and caregivers dealing with Alzheimer's disease to share feelings, concerns and information, and to support each other in coping with the effects of the disease or related disorder. Groups may vary in size, frequency or meeting and time of day they meet. Some support groups are specialized to meet differing needs. Specialized groups include: People with Early Stage and their Caregivers, Young Onset, Ladies Breakfast Groups and Men's Support Groups.

**For more information regarding Support Group Meetings,  
contact the Alzheimer's Association Great Plains Chapter at 402.420.2540**

## WYOMING

### Cheyenne

Please call Peg Bratton for dates and times  
Aspen Wind Assisted Living  
4010 N. College Drive  
[pegbratton@aol.com](mailto:pegbratton@aol.com)  
307.634.7425

2<sup>nd</sup> Monday and 3<sup>rd</sup> Monday at  
6:00 – 7:00 PM  
Wyoming Senior Citizens -  
Companion Center  
413 West 18th Street  
Contact: Lou Lopez  
[llnewday999@yahoo.com](mailto:llnewday999@yahoo.com)  
307.778.8434

### Cody

Contact: Camy Allen  
[camyallen@yahoo.com](mailto:camyallen@yahoo.com) –  
307.527.7080

### Douglas

Please call Bernie Davis for dates and times:  
Douglas Senior Center  
340 1<sup>st</sup> Street West  
[bernied@questoffice.net](mailto:bernied@questoffice.net)  
307.358.4348

### Gillette

3<sup>rd</sup> Wednesday at 1:30 PM  
Campbell County Senior Center  
701 Stocktrail Avenue  
Contact: Peggy Krizan  
[pkrizan@gilletteseniors.org](mailto:pkrizan@gilletteseniors.org)  
307.686.0804

### Laramie

2<sup>nd</sup> Wednesday – 1:30 PM  
Eppson Center for Seniors  
1560 N. 3<sup>rd</sup> Street  
Contact: Patty Butler  
307.742.3728

### Rock Springs

3<sup>rd</sup> Wednesday 6:00-8:00 PM  
Deer Trail Assisted Living  
2360 Reagan Avenue  
Nancy Bigley  
[dnbrocks@qwestoffice.net](mailto:dnbrocks@qwestoffice.net)  
307.362.8843

### Sheridan

Every Monday:  
10:00 AM and 5:30 PM in the  
Conference Room  
Sheridan Senior Center  
211 Smith Street  
Contact: Stella Montano  
[ssccfam@fiberpipe.net](mailto:ssccfam@fiberpipe.net)  
307.672.2240

### Torrington

2<sup>nd</sup> Wednesday – 1:00 PM  
Torrington Community Hospital  
2000 Campbell Drive  
Contact: Michele Ogburn  
[michele.ogburn@bannerhealth.com](mailto:michele.ogburn@bannerhealth.com)  
307.534.7039

## **24/7 HELPLINE - Call Toll Free - 800.272.3900**

Great Plains Chapter Administrative Office  
1500 South 70<sup>th</sup> St., Ste. 201, Lincoln, NE 68506  
Ph.: 402.420.2540 (Lincoln) or call 308.440.7773 (Kearney)

**PLEASE NOTE:  
ALL INFORMATION ON THIS LIST IS SUBJECT  
TO CHANGE WITHOUT NOTICE**