

living with Alzheimer's:
the middle stage
for care partners of those
with dementia

LOCATION:
NORTHERN NECK FAMILY YMCA
39 WILLIAM B. GRAHAM COURT
KILMARNOCK, VA 22482

What You Need to Know: Wednesday, October 10, 2012

What You Need to Do: Wednesday, October 17, 2012

What You Need to Plan: Wednesday, October 24, 2012

Time: 9:30 a.m.—11:30 a.m.

To register call 804-695-9382 or e-mail ellie.galloway@alz.org

This program is designed to provide caregivers with the knowledge, tools and strategies needed to cope with a diagnosis of Alzheimer's disease or related dementia. The knowledge gained throughout this series will help you provide optimal care during the middle stage of the disease enhancing the quality of life for the person with dementia and their caregiver.

An Alzheimer's Association
education program in partnership with the
Northern Neck Family YMCA

