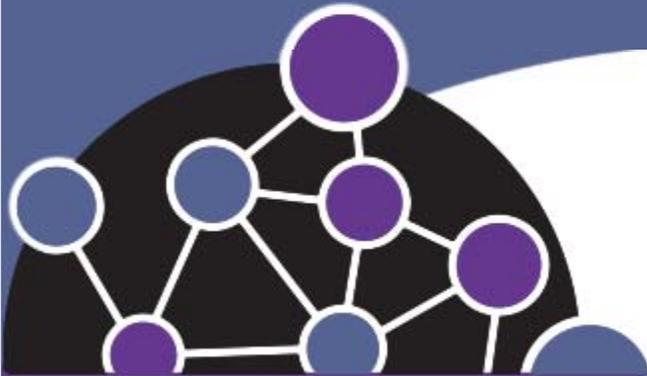


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Monthly E-news Update | March 2014



National Active and Retired Federal Employees Association

According to Alzheimer's Association *2014 Alzheimer's Disease Facts and Figures*, someone in America develops Alzheimer's disease every 67 seconds, and by mid-century that number will soar to every 33 seconds. In this month's email, learn more about this report and other Alzheimer's news and resources.

Alzheimer's Association 2014 Alzheimer's Disease Facts and Figures now available

The Alzheimer's Association *2014 Alzheimer's Disease Facts and Figures* report reveals new statistics pertaining to the burden Alzheimer's and dementia places on individuals, caregivers, government and our nation's health care system. The report includes data on the impact of Alzheimer's in every state and confirms that it is the most expensive disease in the nation, costing the United States \$214 billion a year. Nearly one in every five dollars spent by Medicare is on someone with Alzheimer's or another dementia.



Additionally, *2014 Alzheimer's Disease Facts and Figures* features a special report on the disproportionate burden of Alzheimer's disease on women. The study finds that women are 2.5 times more likely than men to provide intensive "on-duty" care 24 hours a day for a person living with Alzheimer's. Visit alz.org/facts to view and download the report for free.

DDT exposure may be linked to Alzheimer's

A new study suggests that the insecticide DDT may be linked with Alzheimer's disease. Researchers found evidence of DDT exposure in 80 percent of study participants with Alzheimer's, as well as 70 percent of those without it. It's important to note that these results do not



indicate that exposure to DDT, which was banned in the United States in 1972 but is still used in other countries, causes Alzheimer's. [Learn more.](#)



I Have Alzheimer's Disease

The Alzheimer's Association recently launched *I Have Alzheimer's Disease*, a new 23-page section of alz.org offering information and tools to help those living in the early stage of Alzheimer's or other dementia live their best life for as long as possible. *I Have Alzheimer's Disease* features personal insights from people with Alzheimer's and offers resources to help plan and prepare and receive support. [Learn more.](#)



Online Tools

[Alzheimer's Navigator](#)
[Caregiver Stress Check](#)
[ALZConnected](#)

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NARFE Contributions to Advance Alzheimer's Research



Your donation goes directly to support research through the NARFE Alzheimer's Fund.
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24/7 Helpline: 1-800-272-3900

The [Alzheimer's Association](#) is the world's leading voluntary health organization in Alzheimer's care, support and research. Our mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health. Our vision is a world without Alzheimer's disease®.

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